Investigating ultra-high-density equations of state through gravitational waves from binary neutron stars mergers

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@ Compact Stars in the QCD phase diagram 2024

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Plan of the talk

- Introduction to binary neutron star mergers
 - Importance of post-merger
 - Numerical relativity
 - Gravitational radiation from the post-merger
- Our EoSs:
 - first-order phase transition
 - quark-hadron crossover
- Results and interpretation
- Summary

Gravitational-wave interferometers







Operational Planned

Gravitational Wave Observatories



KAGRA

Mozumi area

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Feel the Universe in Underground

- Detect Gravitational Waves from 200 Mpc Away -

37km from the Nippon Sea

Ikenoyama Mt.

MASS Kamland

LCGT project

LCGT Image

CLIO

Super Kamiokande

Atotsu

Entranc

1000m Underground

358m Altitude

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Interest in binary neutron-star mergers



Dynamics of BNS



LB and Rezzolla, Reports on Progress of Physics 80, 2017

High-density EoS and BNS observations

Gravitational-wave and electromagnetic observations of BNS mergers can set constraints on the EoS by determining the

- Tidal deformability, from GWs from the (late) inspiral
- Maximum mass of a non-rotating compact star
- Amount of ejecta (kilonovae)
- Post-merger frequencies

Beyond equilibrium stars: BNS mergers

The post-merger phase can be used to probe <u>higher densities</u> and <u>finite</u> <u>temperature</u>.

- It is difficult to measure the maximum mass for a (non-rotating) NS
- Stars in equilibrium are not sensitive to the connection with pQCD
- Theoretical limits on the EOS depend somewhat on the implementation of pQCD constraints
- Studying the post-merger may be the only way to probe the connection to pQCD.

Post-merger phase

Observations of the post-merger phase

- •Good point: Higher energy emission in GWs (in case of not prompt collapse).
- •Bad point: Emitted GW frequencies are higher, thus their <u>signal-to-noise ratio</u> in current and projected detectors is <u>smaller</u> than in the inspiral
 - Only marginally measurable by detectors like Advanced LIGO. Third-generation detectors are needed.
- •Numerical simulations of the post-merger phase
 - Very difficult, because of <u>turbulence</u>, <u>magnetic-fields</u> instabilities, <u>viscosity</u> and other microphysical effects
 - Currently cannot reliably determine the phase of post-merger oscillations, but only the frequencies.

Simulations of binary neutron star mergers: Numerical relativity

Numerical relativity

<u>Numerical relativity</u> is the science of simulating (solving) general-relativistic dynamics on computers.

Problems with a straightforward discretization of the Einstein equations:

- formulation of the equations is not self-evident: e.g. time is not "simply" defined
- physical singularities may be present
- gauges play an important role (e.g., to counteract grid stretching)
- numerical instabilities are present

The minimal set of equations to solve

 $R_{\mu\nu} - \frac{1}{2}g_{\mu\nu}R = 8\pi T_{\mu\nu} \quad \text{(field eqs : } 6 + 6 + 3 + 1) \\ +1 + 3 + 1 \\ \nabla_{\mu}T^{\mu\nu} = 0 , \quad \text{(cons. en./mom. : } 3 + 1)$

 $\nabla_{\mu}(\rho u^{\mu}) = 0$, (cons. of baryon no : 1)

 $p = p(\rho, \epsilon, ...)$. (EoS : 1 + ...)

A minimal set of equations to solve A minimal set of equations to solve

$R_{\mu\nu} - \frac{1}{2}g_{\mu\nu}R = 8\pi T_{\mu\nu}$	(field eqs :	6+6+3+1)
		$+1+3+1^{'}$

 $\nabla_{\mu} T^{\mu\nu} = 0$, (cons. en./mom. : 3+1)

 $\nabla_{\mu}(\rho u^{\mu}) = 0$, (cons. of baryon no : 1)

 $p = p(\rho, \epsilon, \ldots)$. (EoS: 1+...)

 $abla_{\nu}^{*}F^{\mu\nu} = 0, \quad (\text{Maxwell eqs.}: \text{ induction, zero div.})$ $T_{\mu\nu} = T_{\mu\nu}^{\text{fluid}} + T_{\mu\nu}^{\text{em}} + \dots$

+ viscosity, radiation transport,...

The complete set of equations is solved numerically, with high-order finite differencing for the spacetime, and finite volume (high-resolution shock-capturing schemes) for matter or more advanced methods.

Carpet: a mesh-refinement driver

Schnetter et al. CQG 21, 1465 (2004); www.carpetcode.org



Carpet follows a (simplified) Berger-Oliger [J. Comput. Phys. 53, 484 (1984)] approach to mesh refinement, that is:

- refined subdomains consist of a set of cuboid (= rectangular parallelepiped) grids
- refined subdomains have boundaries aligned with the grid lines
- the refinement ratio between refinement levels is constant

No automatic move/creation of refined meshes, but they can be activated and deactivated during the evolution, obtaining moving-grid mesh refinement and progressive refinement.

WhiskyTHC: hydrodynamics code

Radice et al. MNRAS 437 <u>http://personal.psu.edu/dur566/whiskythc.html</u>

High-order flux-vector—splitting finite-differencing techniques (Radice Rezzolla A&A 547)

MP5 scheme (Suresh Huynh, Journal of Computational Physics 136) for reconstruction

"Templated" refers to C++ *template metaprogramming*, in which part of the code is generated at compile time.

The post-merger phase of binary neutron star mergers

Dynamics of BNS





Gravitational waves from binary neutron stars inspiral contribution from the inspiral merged object (HMNS) 1.0<mark>1e-21</mark> 0.5 $h_+(t)$ \mathcal{M} 0.0 -0.51000 aLIGO 1500 Frequency [Hz] 2000 2500

3000 $-0.002 \ 0.000 \ 0.002 \ 0.004 \ 0.006 \ 0.008 \ 0.010 \ 0.012 \ 0.014 \ 10^{-23} \ 10^{-22}$ Time [s] $2|H_+(f)|\sqrt{f} \& \sqrt{S(f)}$

> contribution from the merged object (HMNS)

Peaks in the merger and post-merger spectra

- f₁ is related to the merger
- f₂ is related to the rotation and oscillations of the merged star
- f₃ has not been well interpreted yet



Phase transitions / crossover and gravitational waves

No phase transitions / crossovers → strong correlation between

<u>main peak frequencies</u> of the post-merger spectrum

<u>properties</u> of a zerotemperature spherical equilibrium <u>neutron star</u>

See, e.g., Bauswein Janka, PRL 108, 2012; Bauswein et al. PRD 86, 2012; Takami et al. PRL 113, 2013; Bauswein et al. PRL 11, 2013; Bauswein et al. PRD 90, 2014; Takami et al. PRD 91, 2015; Rezzolla, K. Takami, PRD 93, 2016; Foucart et al. PRD 93, 2016; Lehner et al. CQG 33, 2016; De Pietri et al. PRD 93, 2016; Maione et al. PRD 96, 2017; Kiuchi et al. PRD 101, 2020; our review RPP 80, 2017

and

• If phase transitions affect GW emission → no correlation

See, e.g., Bauswein et al. PRL122, 2019; Most et al. PRL 122, 2019; Weih et al. PRL 124, 2020; Blacker et al. PRD102, 2020; Liebling et al. CQG 38, 2021.



Simulations of binary neutron star mergers with a quark-hadron crossover or first-order phase transition in the equation of state

Huang et al. PRL 129, 2022; Hensh et al. arXiv:2407.09446

QHCI9

- In our previous work (Huang et al. PRL 129, 2022), we used QHC19 EoSs (Baym et al. ApJ 885, 2019):
 - at low-end densities: the nucleonic-matter <u>Togashi EoS</u> (Togashi et al. Nuclear Physics A 961, 2017),
 - at high-end densities: the strongly interacting quark-matter EoS of the Nambu–JonaLasinio model (Nambu Jona-Lasinio Phys. Rev. 122, 1961),
 - and a thermodynamically consistent interpolation of pressure between the two regimes



Properties of QHC19

Peak in the speed of sound

Mass-radius relation



Thermal part of the equation of state

• QHC19 is a cold EoS (zero temperature)

• Mimic thermal effects by adding to the pressure given by the cold EoS a component calculated by assuming an ideal-gas behaviour with a constant ideal-gas index Γ_{th} .

Codes for numerical simulations and initial configurations

- Fully general-relativistic hydrodynamics simulations (numerical relativity)
- WhiskyTHC code, Einstein Toolkit framework
- Adaptive-mesh refinement (Carpet code), with seven mesh-refinement levels
- Equal mass models
- Models with gravitational masses of each NS at infinite separation $M/M_{\odot} = 1.250, 1.300, 1.350, 1.375.$

(Names of models: M1.25, M1.30, M1.35, M1.375, respectively)

- Quasiequilibrium irrotational BNSs at a separation of 45 km
 - Last 5~7 orbits (depending on the model)

Gravitational waveforms and spectrograms

- No differences before the merger
- After the merger, QHC produces notable effects



Gravitational waveforms and spectra



Current observations:

- there is a very rapid growth of pressure with density in the range $\sim 2-4 n_0$
- substantial softening of matter (as per a strong first-order phase transition) between 2–3 n_0 and 4–5 n_0 is disfavored



Han, **Huang**, Tang, Fan, Science Bulletin 68, 2023

The red regions with different transparencies are credible intervals of the χ EFT truncation errors.

A new QHC EOS: QHC21 (Kojo et al., ApJ 943, 2022)

- Lower end (below ~1.5 n₀): two versions, covering the uncertainty range of microscopic nuclear calculations at lower densities.
 - Version 1: <u>Chiral effective field theory</u> (χEFT) EOS (Lonardoni et al. PRR 2, 2020; Drischler et al. Ann.Rev.Nucl.Part.Phys 71; PRC 103, 2021)
 - Version 2: <u>Togashi</u> EOS (Togashi et al. Nuclear Physics A 961, 2017)
- <u>Upper end</u> (from 3.5 n₀):
 - the Nambu–JonaLasinio (NJL) model (Nambu Jona-Lasinio Phys. Rev. 122, 1961)
- Transition region in between:
 - a smooth and highly constrained interpolation:
 - matching with the nuclear and quark matter EOSs at the boundaries of the crossover region (pressure and first and second derivatives of pressure with respect to the baryon chemical potential)
 - causality
 - thermodynamical stability

Our EoS with a phase transitions

Phase transitions seem disfavored by current observations, analyses, and statistical studies (see, *e.g.*, Han et al. Science Bulletin 68, 2023; Brandes et al. PRD108, 2023; Christian et al. PRD109, 2024).

Still viable are:

- phase transitions occurring at higher density
- phase transitions occurring at lower density



Only very massive NSs would contain quark matter (these would undergo prompt collapse in a binary merger).

Quark matter is present in most neutron stars, even before the merger.

Our choice of EOS with first-order phase transition

- $\chi EFT EOS$ up to $1.8n_0$
- The first-order phase transition starts at $\approx 1.8n_0$ and ends at $\approx 2.75n_0$.
- Constant-sound-speed parametrization: $(c_s)^2 = 2/3$ in the quark-matter part
- Note that the NSs already contain quark matter before the merger
- Since it is challenging to produce initial data that contain discontinuities, we smoothed out discontinuities in $(c_s)^2$
- To avoid any thermodynamic inconsistency, such smoothing was done at the level of $P(\mu_B)$
- Mimic thermal effects by adding an ideal-gas component to the pressure



Mass-radius relations



Open circles represent the theoretical NSs whose central density is $2n_0$. Time evolution of the maximum of the restmass density (number density)



Equal mass models with gravitational masses of each NS at infinite separation $M/M_{\odot} = 1.250, 1.375,$ $1.430 \sim 1.480.$



2D rest-mass density snapshots: QHC EOSs



Start of crossover

End of crossover

approximately 2.4 ms after the merger

2D rest-mass density snapshots: QHC EOSs



approximately 2.4 ms after the merger

2D rest-mass density snapshots: 1PT EQS



Gravitational wave spectra: Fitting of the gravitational-wave spectra to find f₂

- Markov Chain Monte Carlo fitting method based on Bayesian inference (*emcee* code)
- We fit the f₁ peak with a Gaussian model and the f₂ peak with a model that considers skewness:



Post-merger GW frequency f2 vs. binary mass: baseline EoSs and EoSs with quarks.



Relations between f₂, compactness, tidal deformability



QHC EOSs stand out



1PT-NQS EOS stands out

A measured Λ that corresponds to a radius (measured, *e.g.*, by NICER) larger than that expected from the Λ -compactness hadronic relation would be in support of the 1PT-NQS scenario.

Conclusions

- Fully general-relativistic simulations of BNS mergers with an EoS based on <u>quark-hadron crossover</u> (QHC) and with quark matter in inspiralling NSs (1PT-NQS)
- A QHC EoS, with a pronounced peak in sound speed, leaves a <u>measurable</u> signature in the post-merger main frequency f₂.
- In our 1PT-NQS simulations, we do not see a detectable signature in the Λ -f₂ relation, because quark matter is already in the inspiralling stars.
- However the 1PT-NQS EoS stands out from the Λ M/R relation.
- This is likely the only type of 1PT EoS that may produce a post-merger signal.
- The results of this work will become relevant to observations when <u>gravitational waves in the kHz band</u> are surveyed with higher sensitivity by upgraded and third-generation observatories (Einstein Telescope, Cosmic Explorer, NEMO)