

Anomalous thermal relaxation in a colloidal system



Anomalous thermal relaxation in a colloidal system



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Outline

- I. Anomalous thermal relaxation and the Mpemba effect
- II. Feedback traps & virtual potentials
- III. Mpemba effect: Can a **hot** system cool faster than a **warm** one?
- IV. Inverse Mpemba: Can a **cold** system heat faster?
- V. Current project: Finite-rate quenches

Exponential relaxation at long times

Thermal relaxation of an extended body

$$\partial_t T = \kappa \nabla^2 T$$

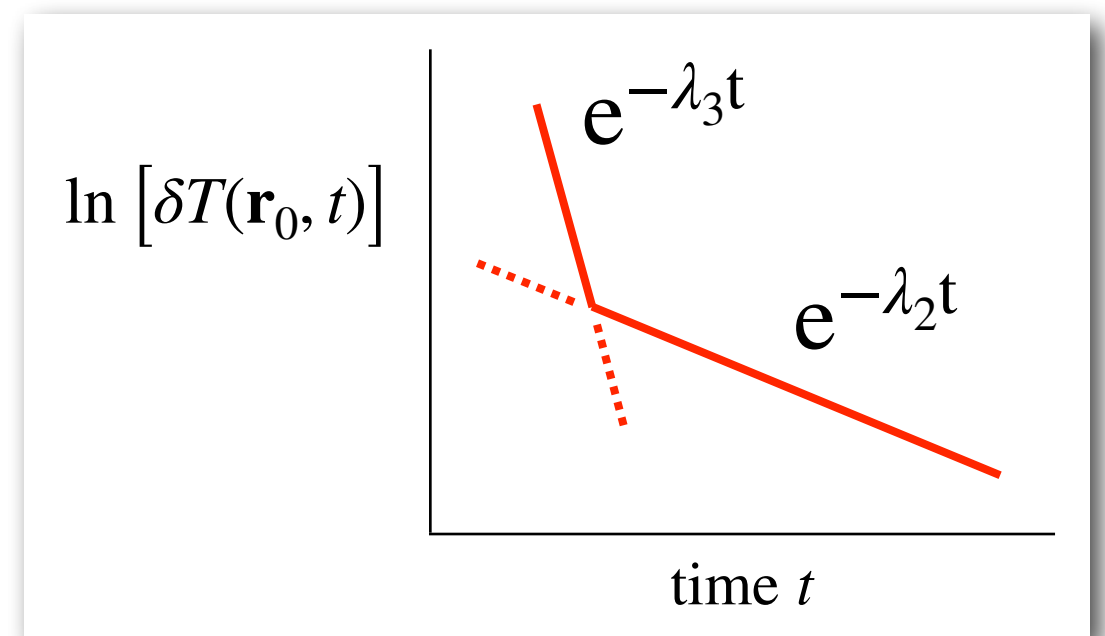
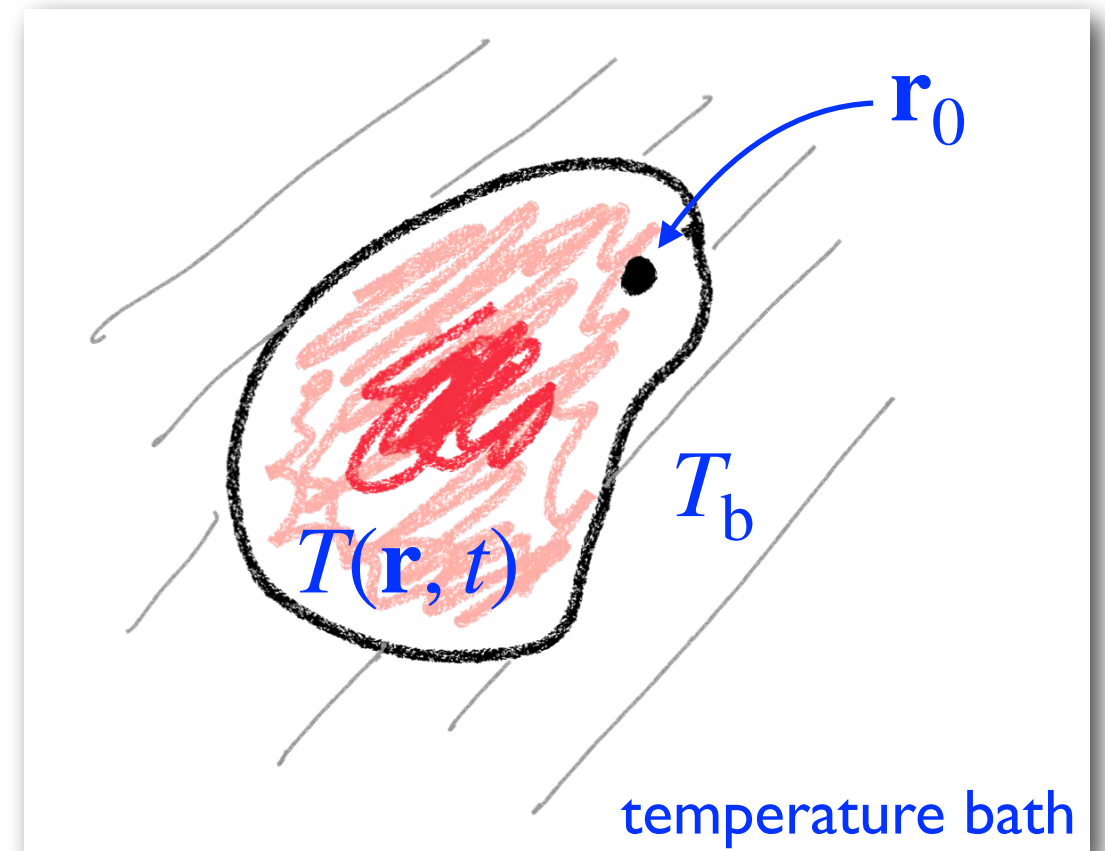
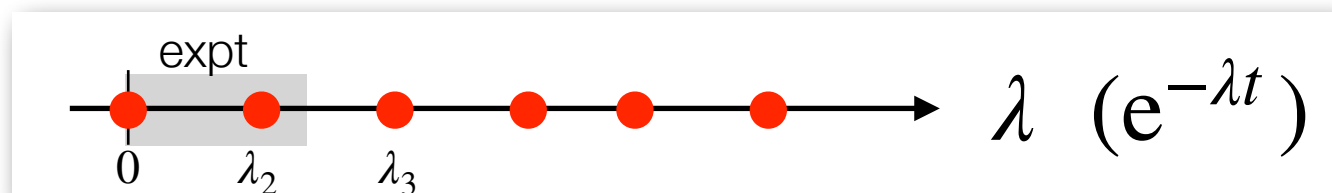
$$T(\mathbf{r}, t) = T_b + \sum_{m=2}^{\infty} a_m v_m(\mathbf{r}) e^{-\lambda_m t}$$

At long times $t \gg \lambda_3^{-1}$

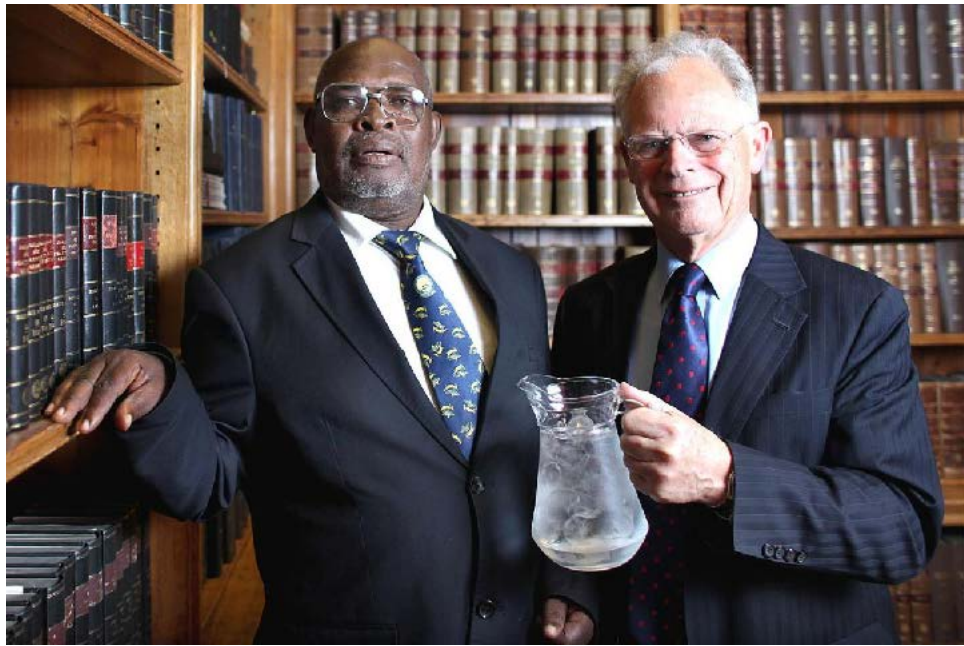
temperature at one point relaxes exponentially

$$T(\mathbf{r}, t) \approx T_b + a_2 v_2(\mathbf{r}) e^{-\lambda_2 t}$$

$$\delta T(\mathbf{r}_0, t) \sim e^{-\lambda_2 t} \sim \text{“Newton’s law of cooling”}$$



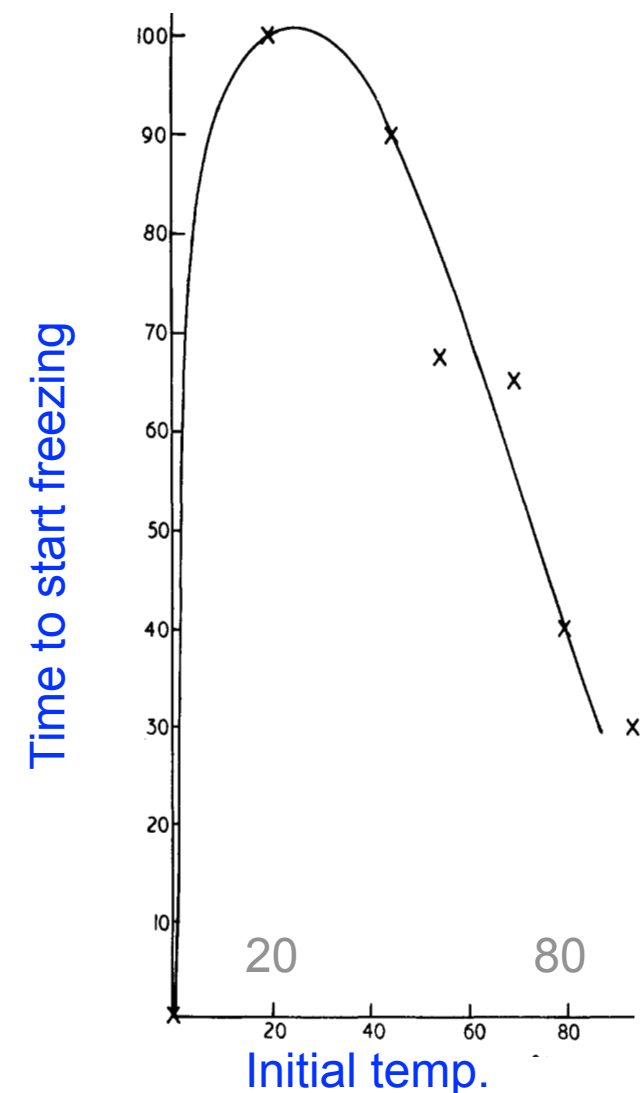
Mpemba effect



‘If you take two similar containers with equal volumes of water, one at 35°C and the other at 100°C, and put them into a refrigerator, the one that started at 100°C freezes first. Why?’

Erasto Mpemba & Denis Osborne 2013 (*Phys. Educ.* 1969)

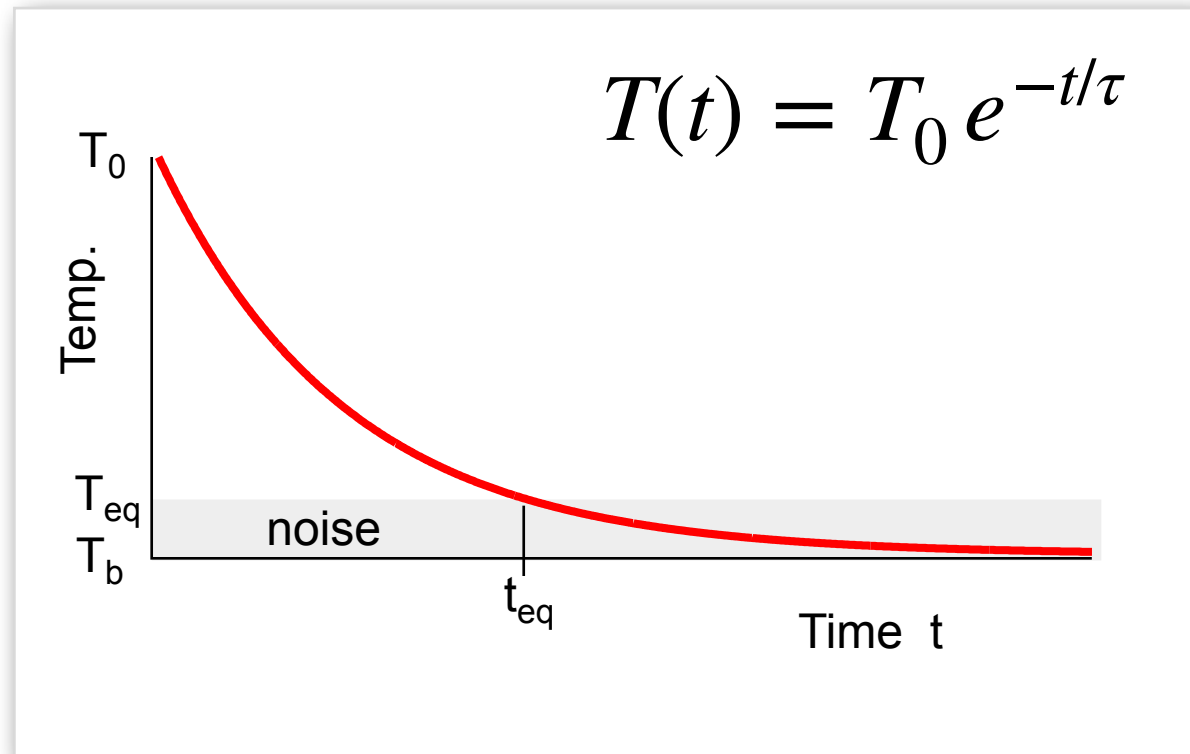
Hot water can freeze faster than **warm** water. when quenched in the same (supercooled) bath.



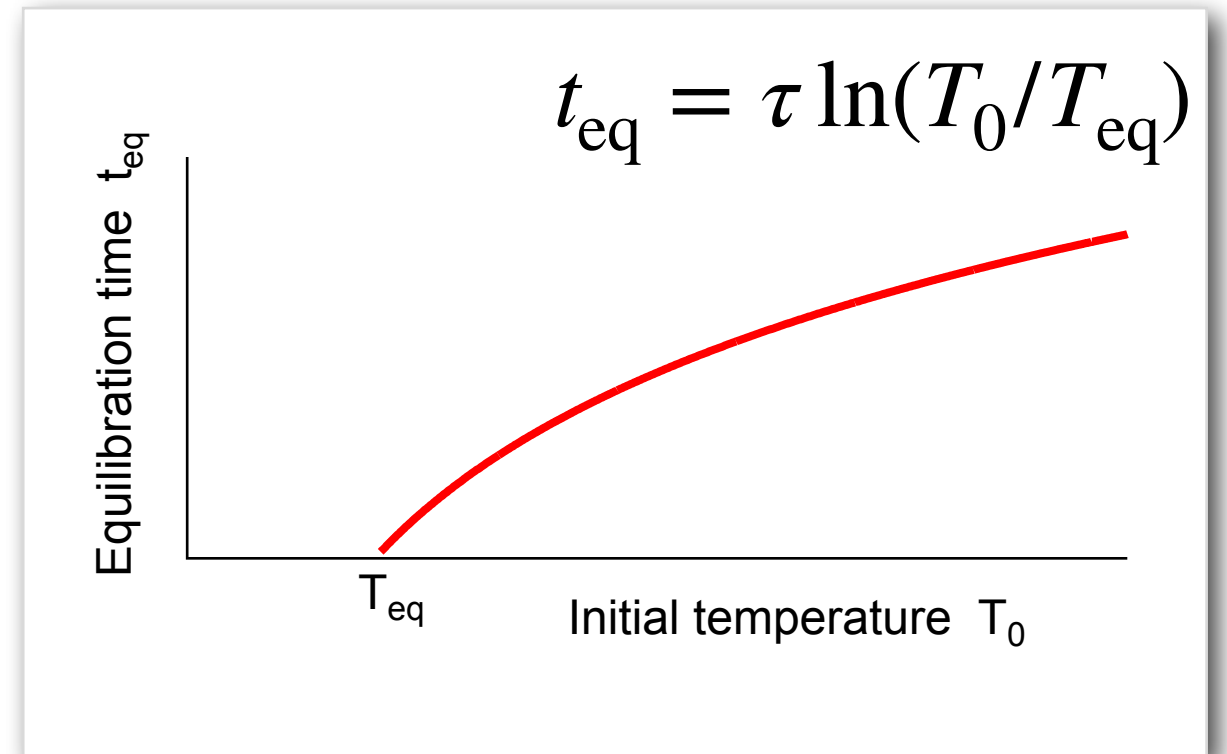
Mpemba effect

Why a paradox?

For slow cooling, temperature decreases through all intermediate values.



Exponential relaxation



Equilibration time
increases monotonically

Mpemba effect

Explanations?

(Too Many) Explanations for Water → Ice

- Evaporation
- Supercooling
- Dissolved gasses
- Convection
- Heat exchange with environment
- frost on bottom

Is there a universal / general / illuminating explanation?

Philip Ball, *Physics World*, 2006

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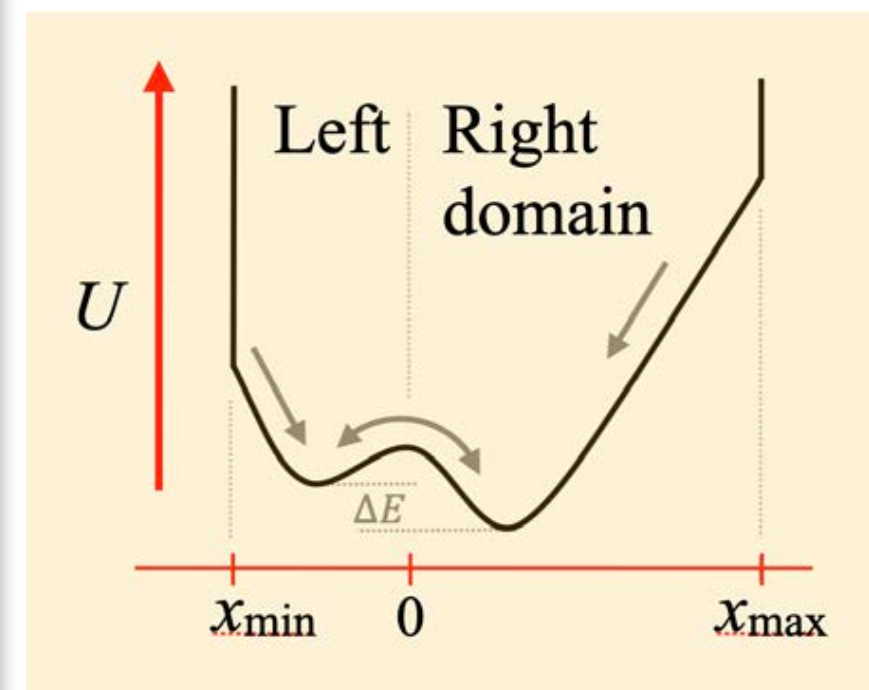
Philip Ball, *Physics World*, 2006

Single colloidal particle in a potential, in water

Stochastic thermodynamics

- Small systems are cleaner settings to explore
- General theory for finite-state systems,
heuristic for continuous-state systems

Zhiyue Lu and Oren Raz, *PNAS* 2017



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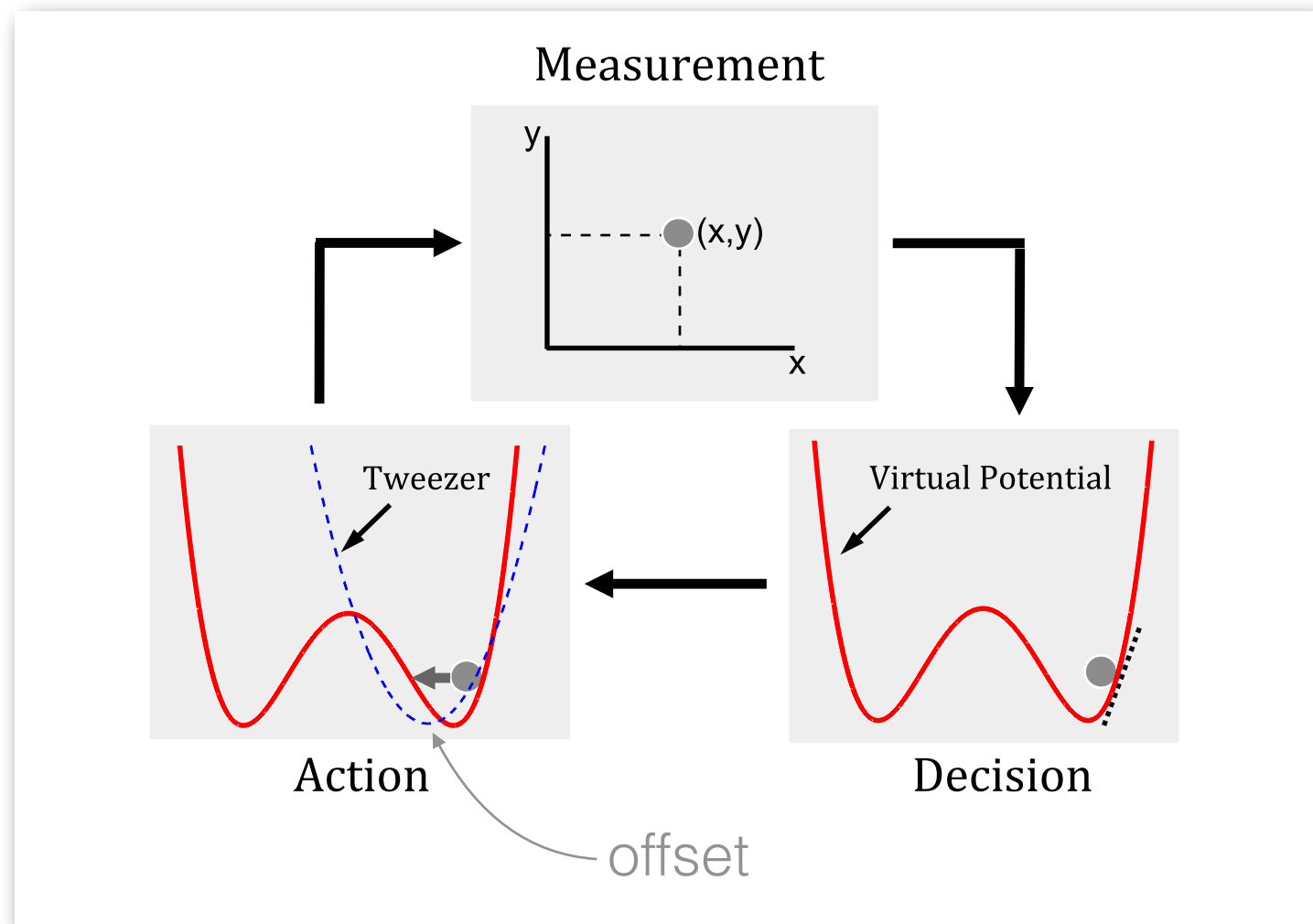
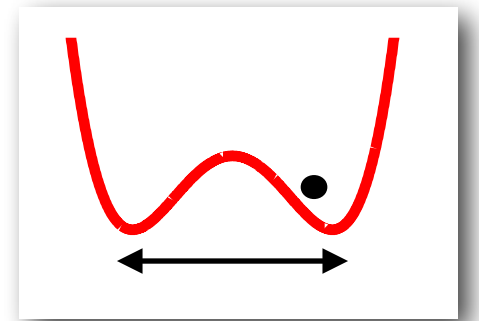
V. Current project: Finite-rate quenches

Feedback trap

ABEL = AntiBrownian Electrokinetic

Put a diffusing particle in a virtual potential

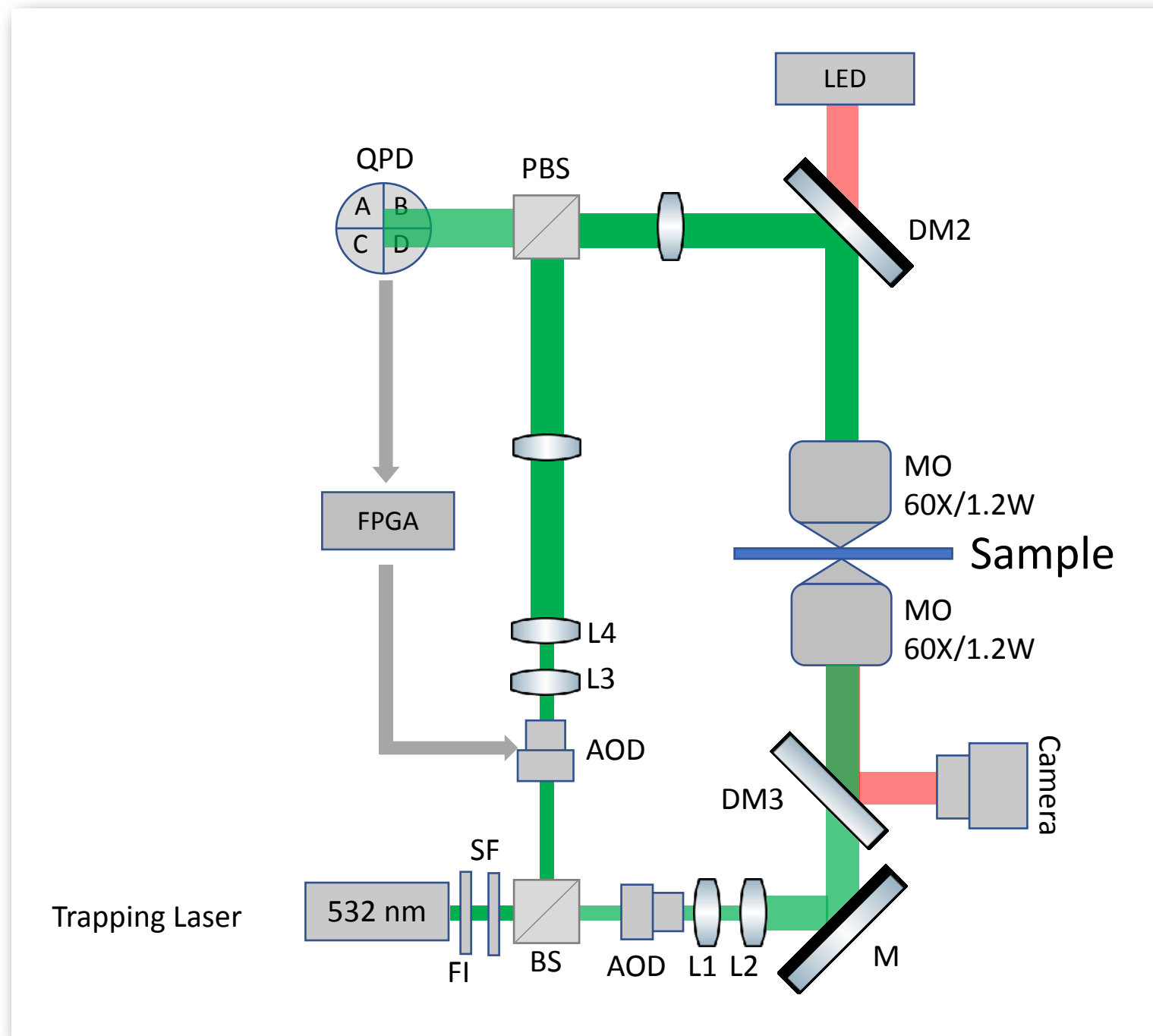
micron-scale silica bead, in water



Here: [offset optical tweezers](#)
“source the force”

Feedback trap

Basic concept



feedback loop
rate: 100 kHz

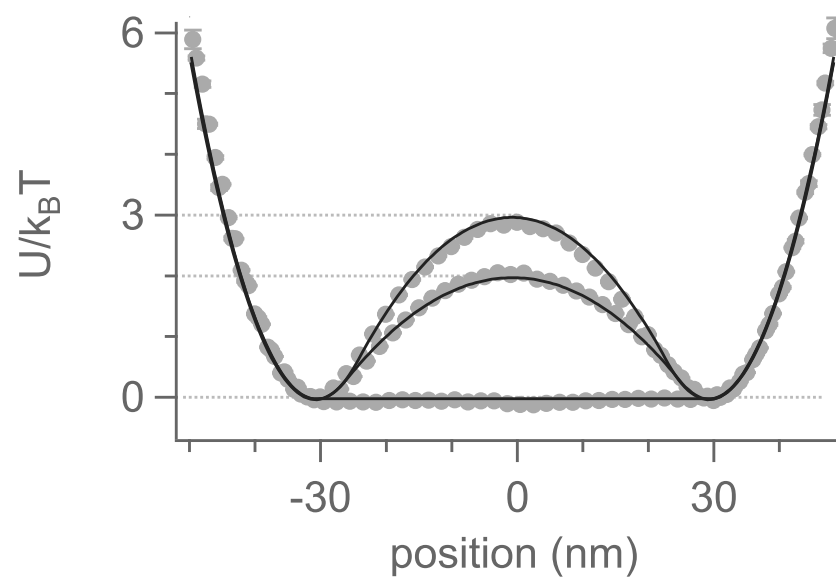


Feedback trap

The right tool for these experiments

- ~ arbitrary potential shapes

Change barrier height
fix well spacing, curvature

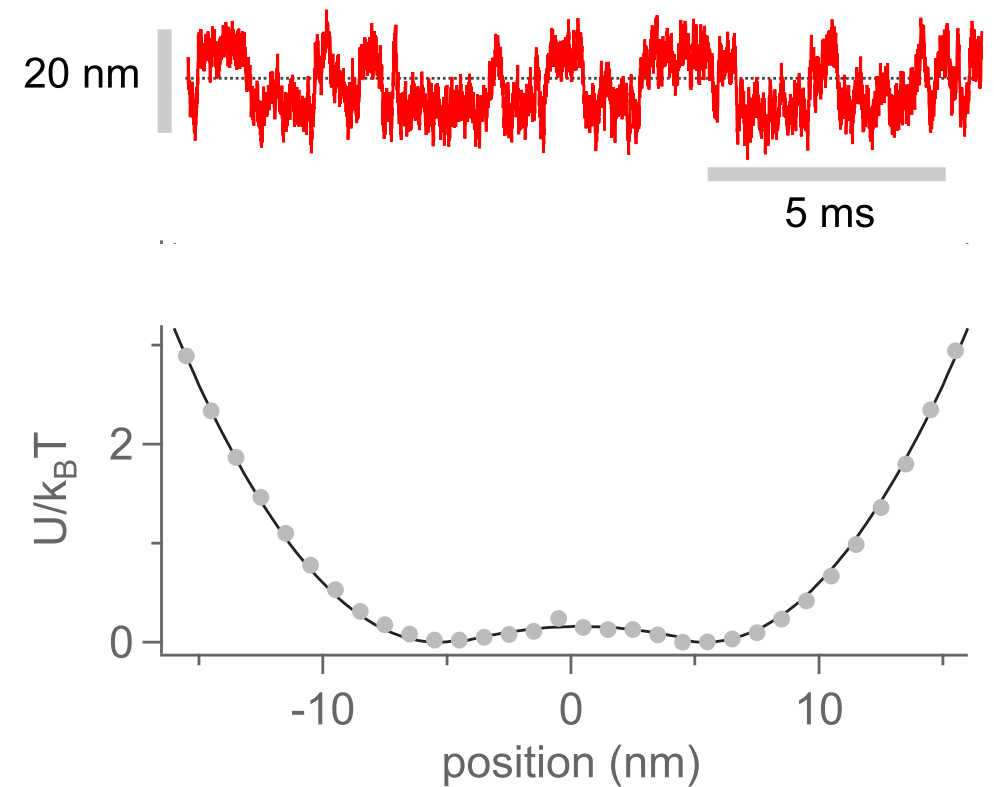
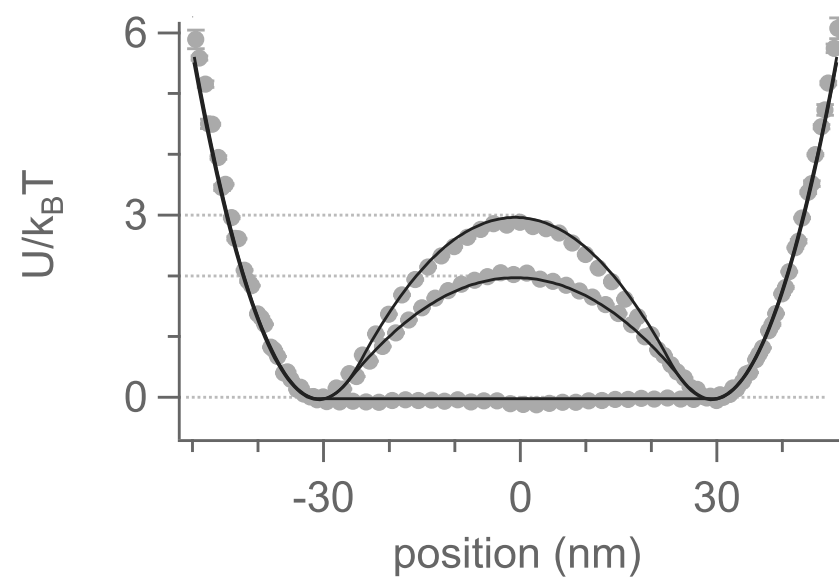


Feedback trap

The right tool for these experiments

- ~ arbitrary potential shapes
- small length scales → fast dynamics

Change barrier height
fix well spacing, curvature



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Mpemba effect

Careful definition

Zhiyue Lu and Oren Raz, *PNAS*, 2017

Traditional definition: initially hotter system cools and freezes more quickly

Ambiguities: nucleation (to initiate freezing) a sensitive stochastic process

Mpemba effect exists if

$$t_h < t_w$$

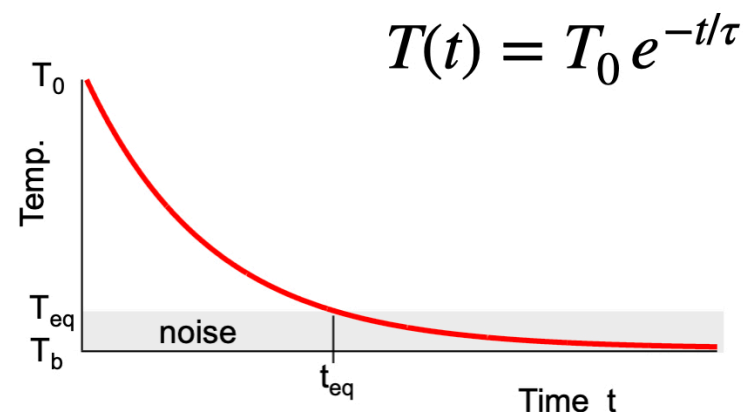
time to cool a hot system

time to cool a warm system

- Initial and final states in thermal equilibrium with a heat bath.
- Cooling time: time elapsed between initial and final equilibrium states.

Equilibrium states are well defined.

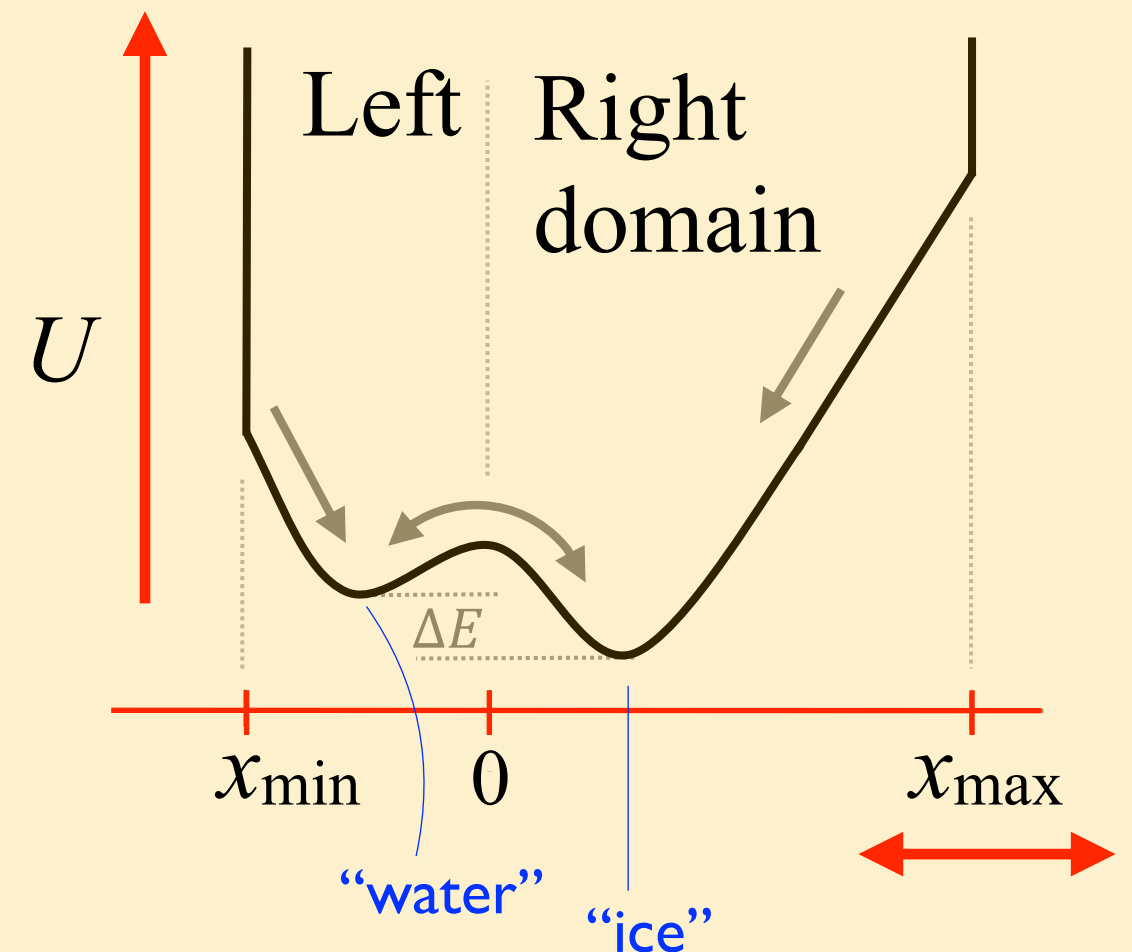
Phase transition not a part of def.



Mpemba effect

Simple systems

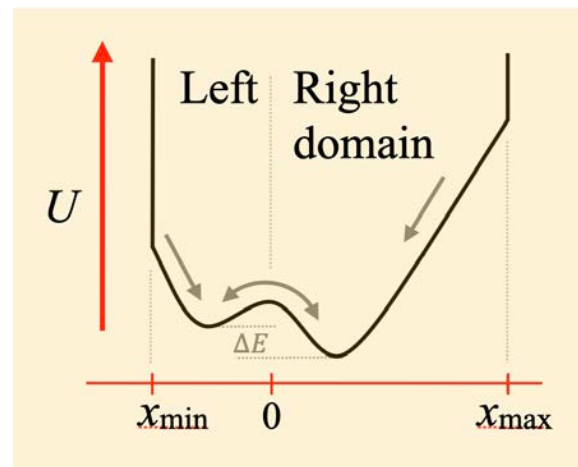
- **Colloidal particle in a potential**
 - in water at bath temperature
- **A tilted double-well potential**
 - **metastable** & **stable** macrostates
“water” “ice”
 - Asymmetric domain
 - Small spatial dimension 200–800 nm
 - Fast equilibration time ≈ 0.1 s
 - 1,000–10,000 trials vs. ~ 10



“inspired by a true story”

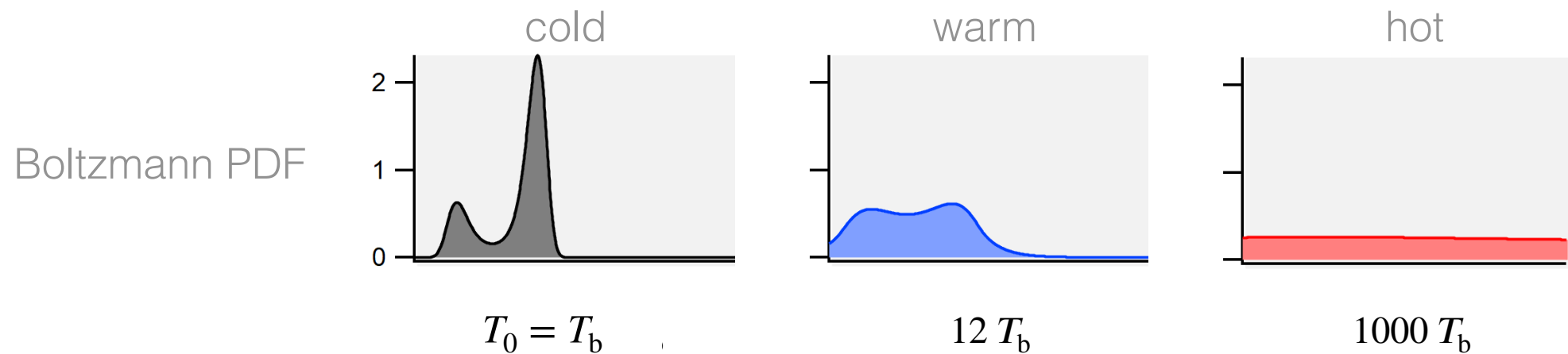
$$\alpha = \frac{|x_{\max}|}{|x_{\min}|} \quad \text{Aspect ratio}$$

Mpemba effect



Quenching protocol

- Prepare systems at different initial temperatures: $T_b < T_0 < 1000 T_b$

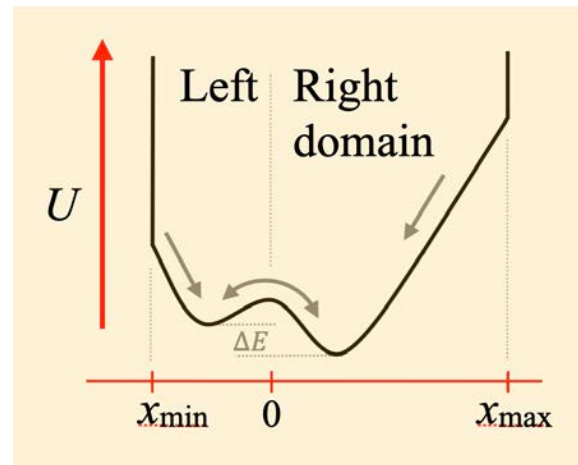


- Instantaneous quench in bath

Release particle at position x_0 sampled from equilibrium at T_0

- Let cool from $T_0 \rightarrow T_b$
- Repeat process many times to get ensemble estimate of $p(x, t)$

Mpemba effect



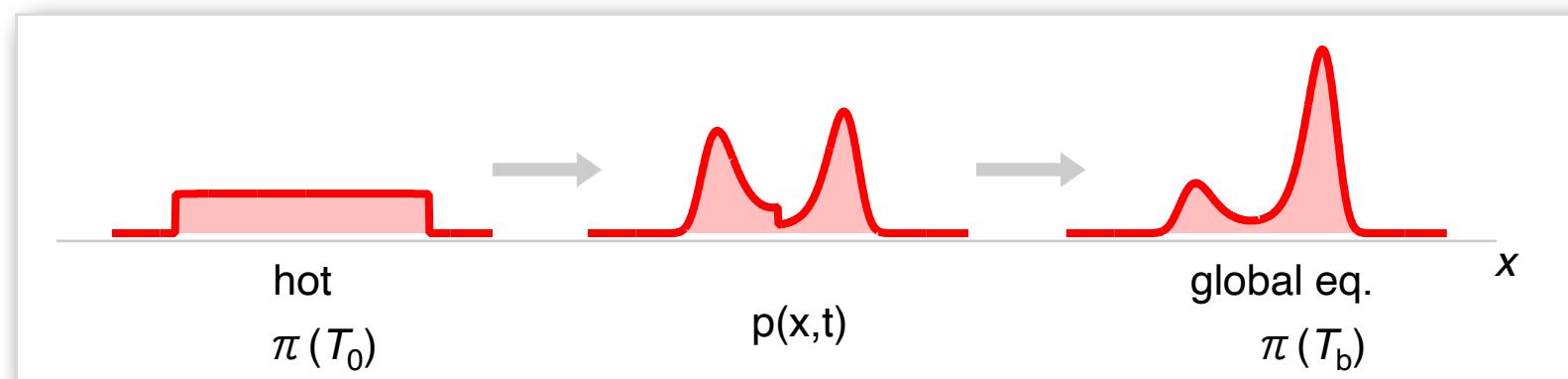
Measurement process

- System temperature well defined at beginning (T_0) and end (T_b)
- At intermediate times, $p(x,t)$ is not a Boltzmann dist. for any effective temperature
- Use metric / divergence between pdf's $L_1, L_2, \text{Kullback-Leibler}, \dots$
- see Mpemba in one, see in all*

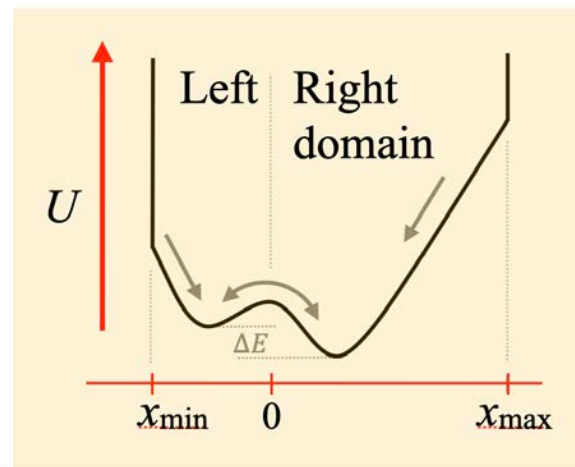
$$\mathcal{D} \approx \sum_{i=1}^{N_b} |p_i - \pi_i|$$

$p(x, t)$ Boltzmann, T_b

L_1 distance

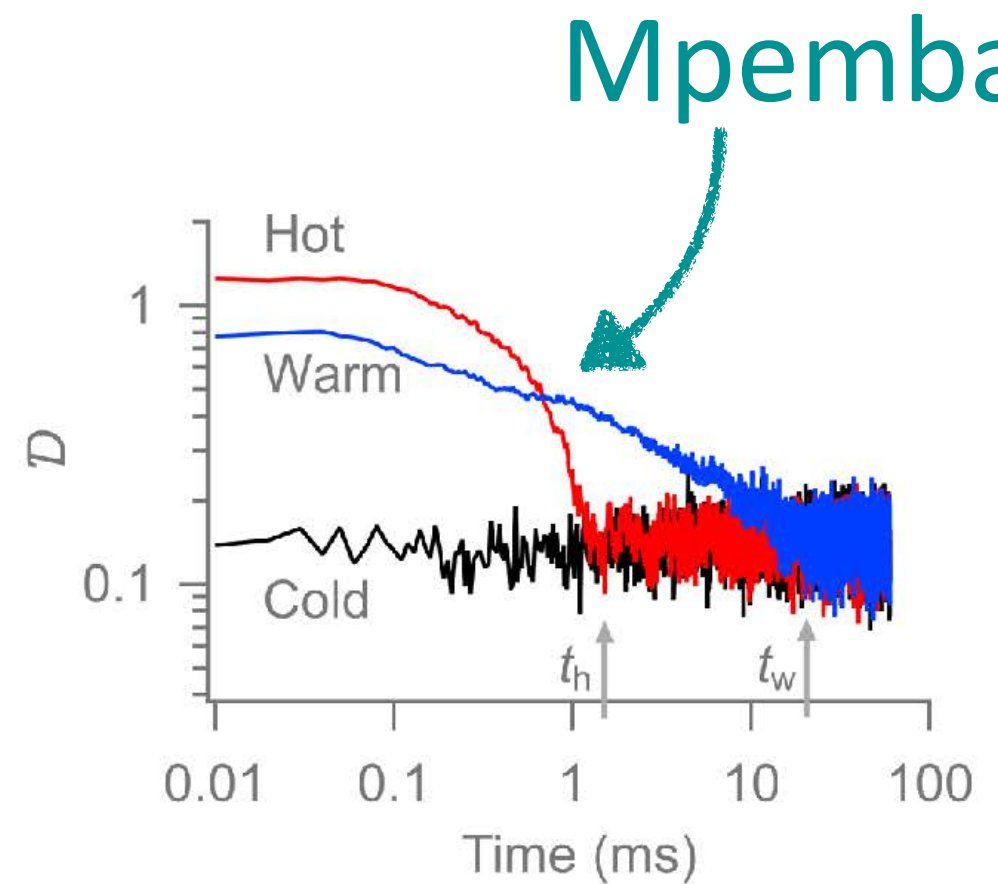
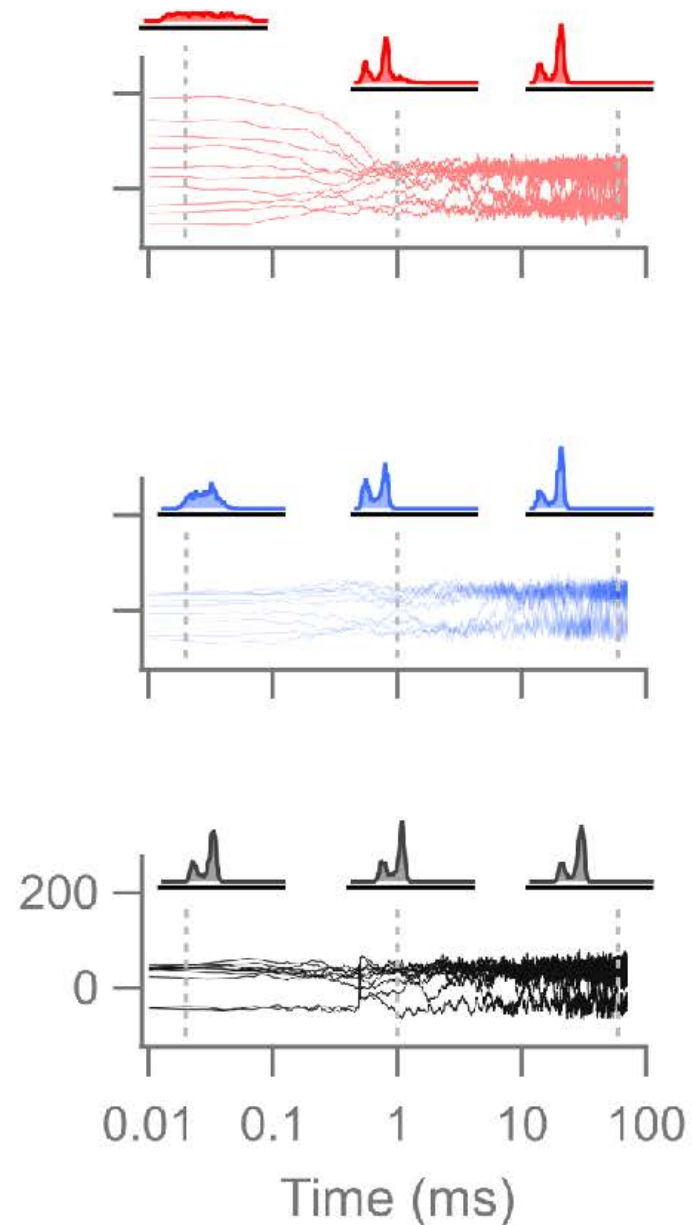


Mpemba effect



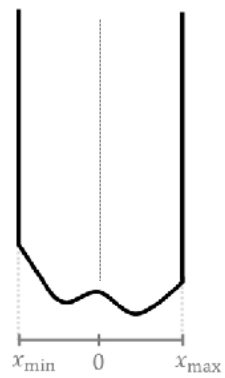
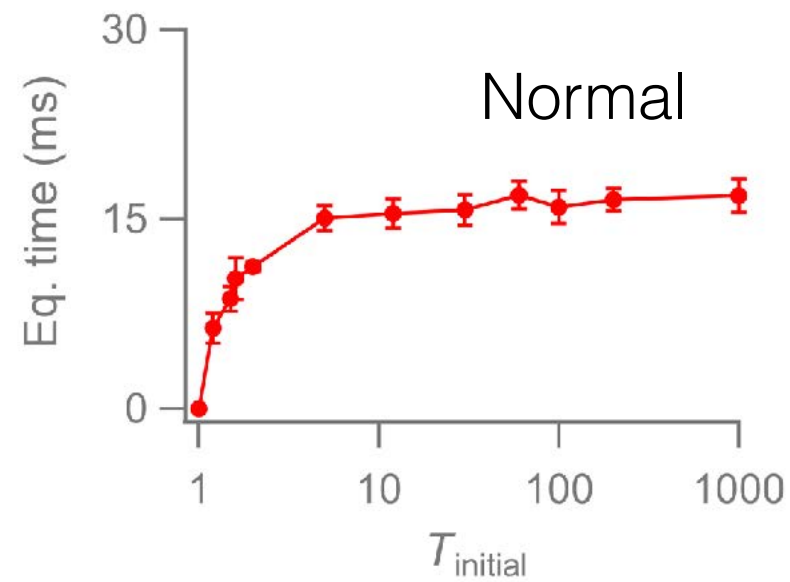
Measurement process

Position (nm)



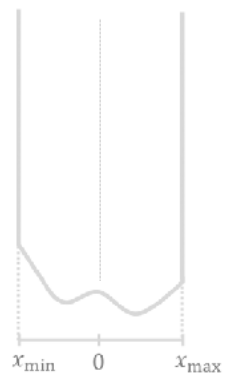
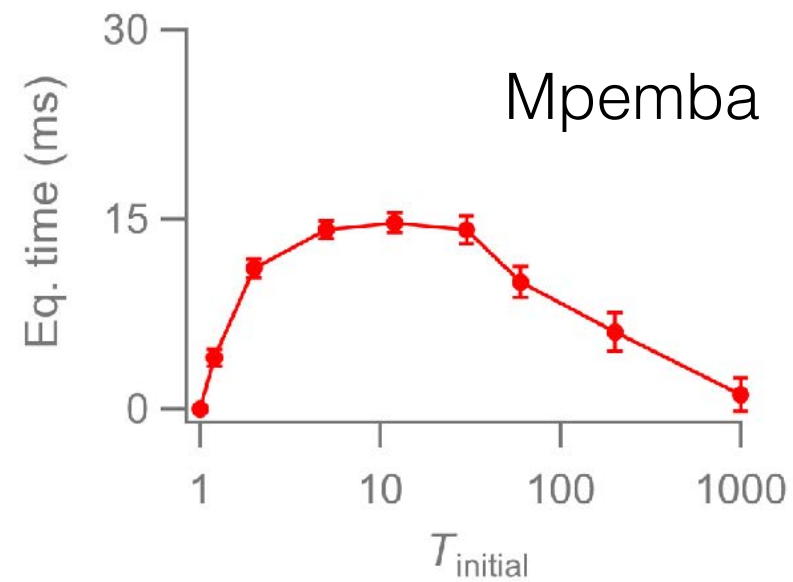
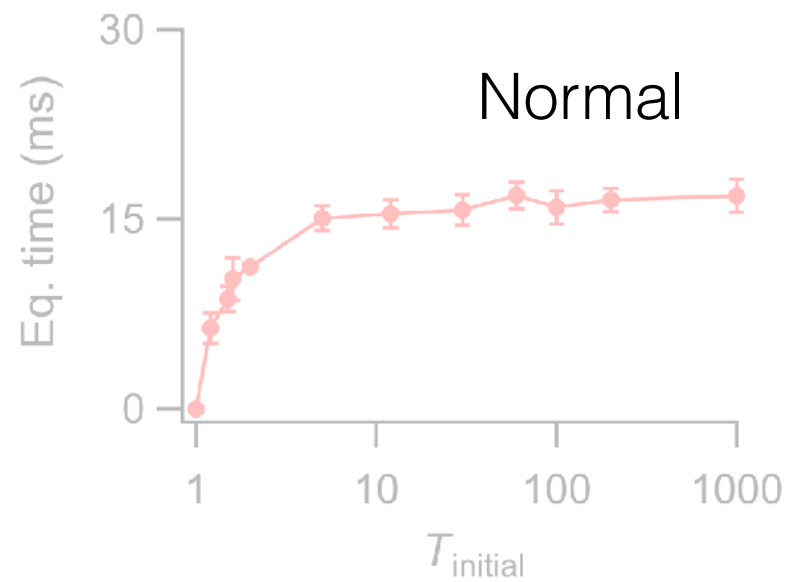
noise: 1000-trial ensemble
→ finite equilibration time

Equilibration time vs. initial temperature

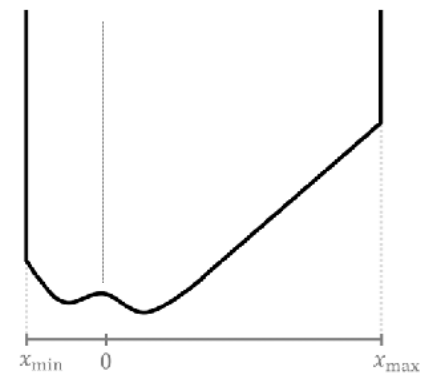


$$\alpha = 1$$

Equilibration time vs. initial temperature

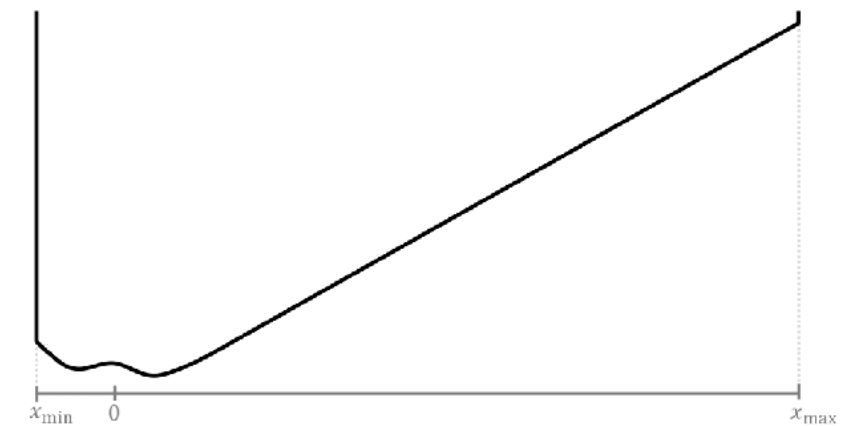
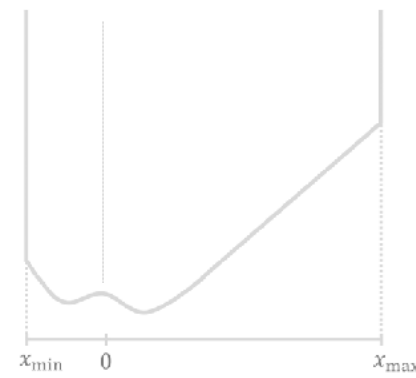
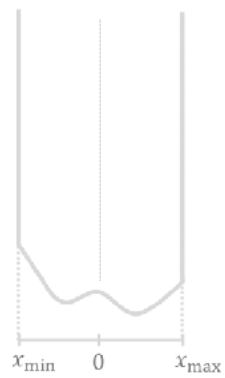
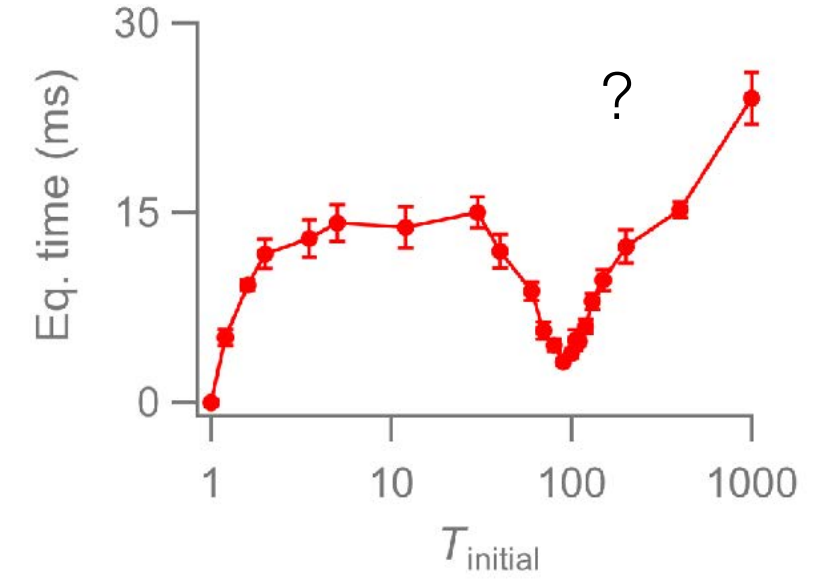
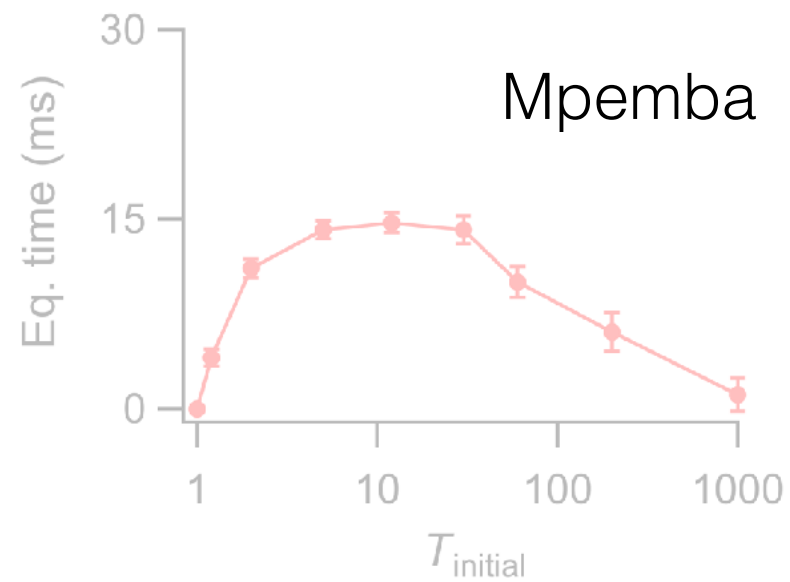
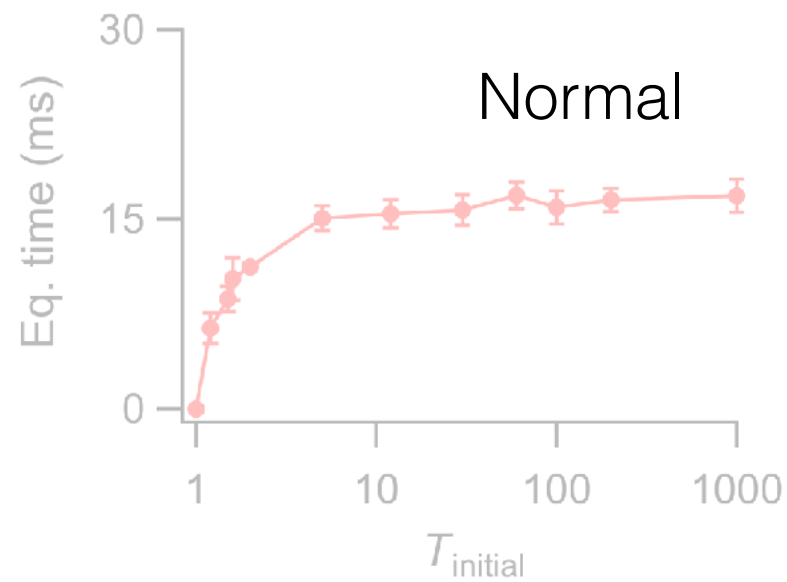


$$\alpha = 1$$

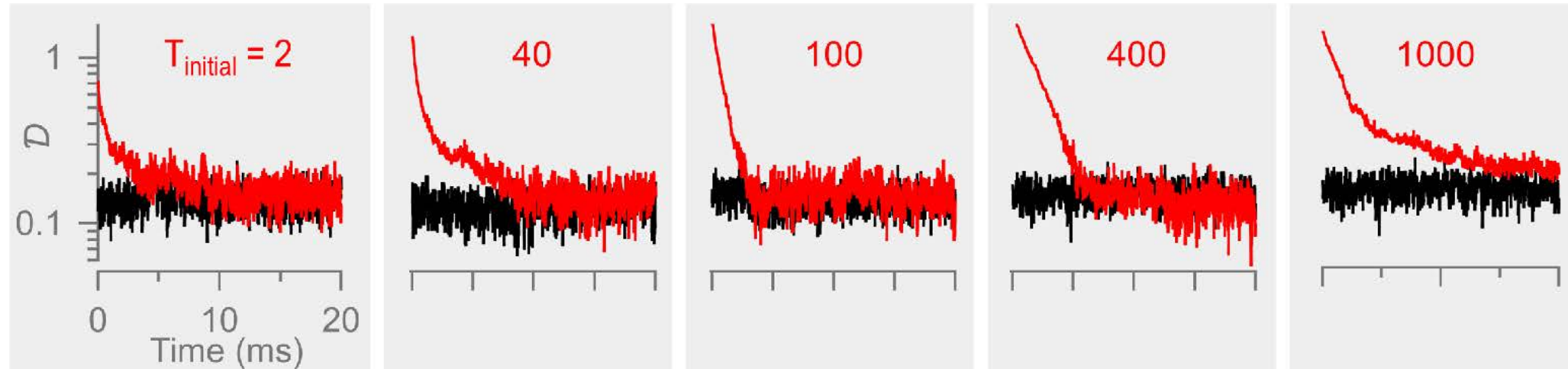


$$\alpha = 3$$

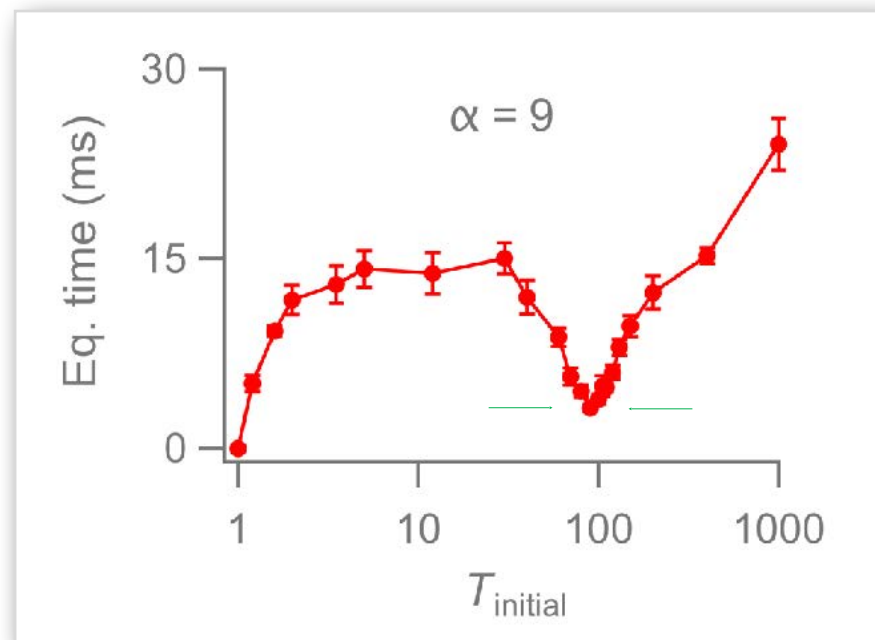
Equilibration time vs. initial temperature



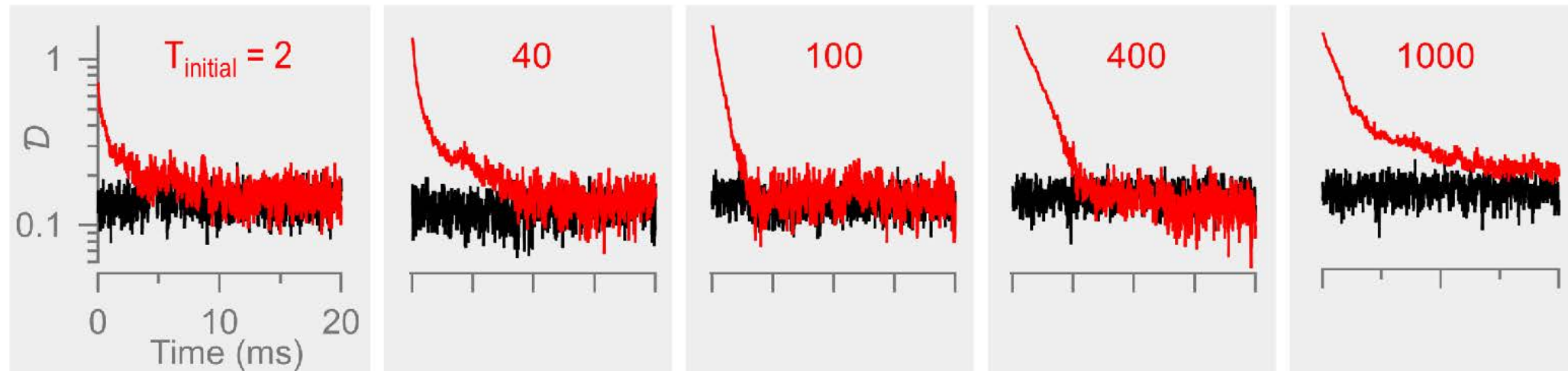
Equilibration time vs. initial temperature



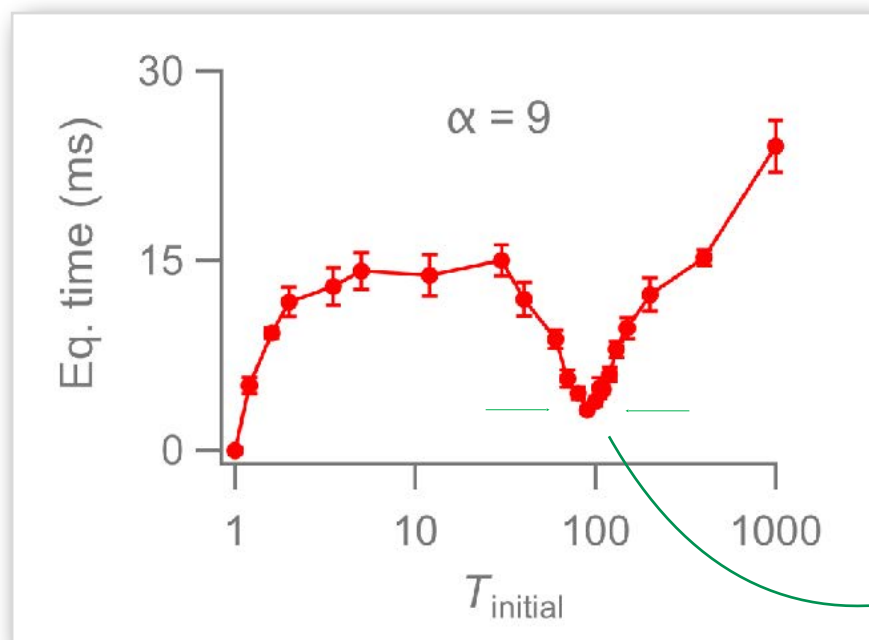
1000 trials



Equilibration time vs. initial temperature

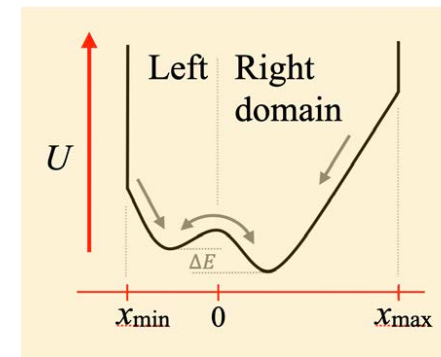


1000 trials

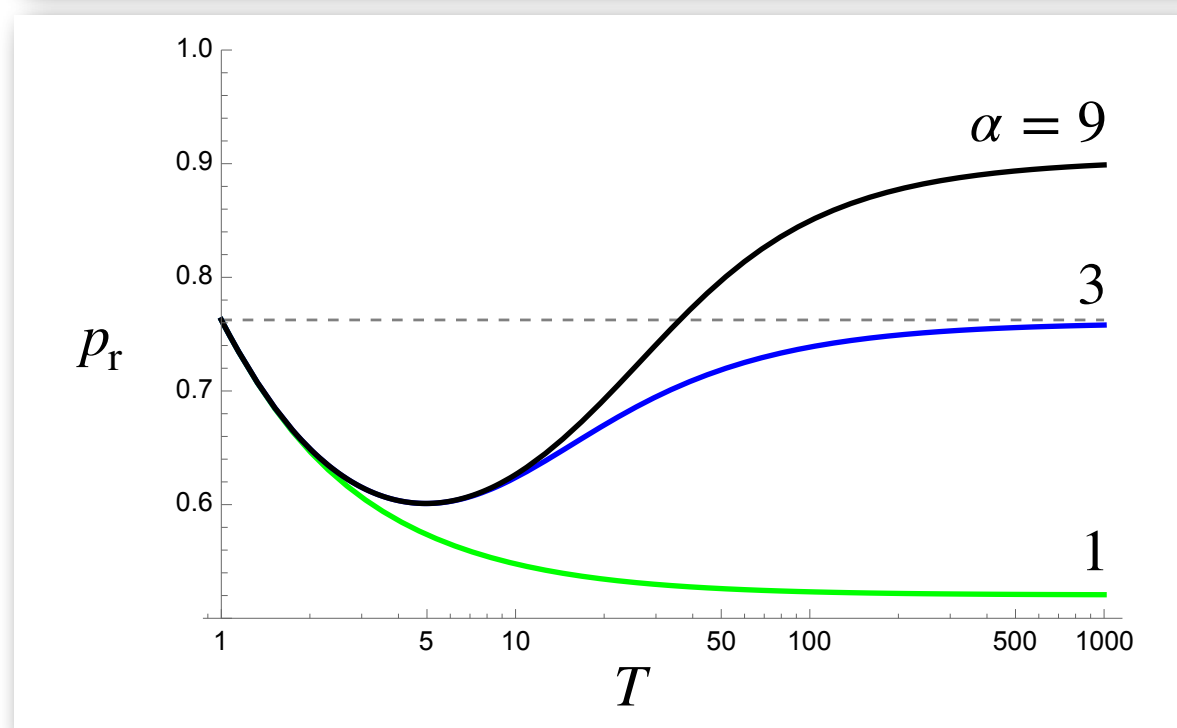
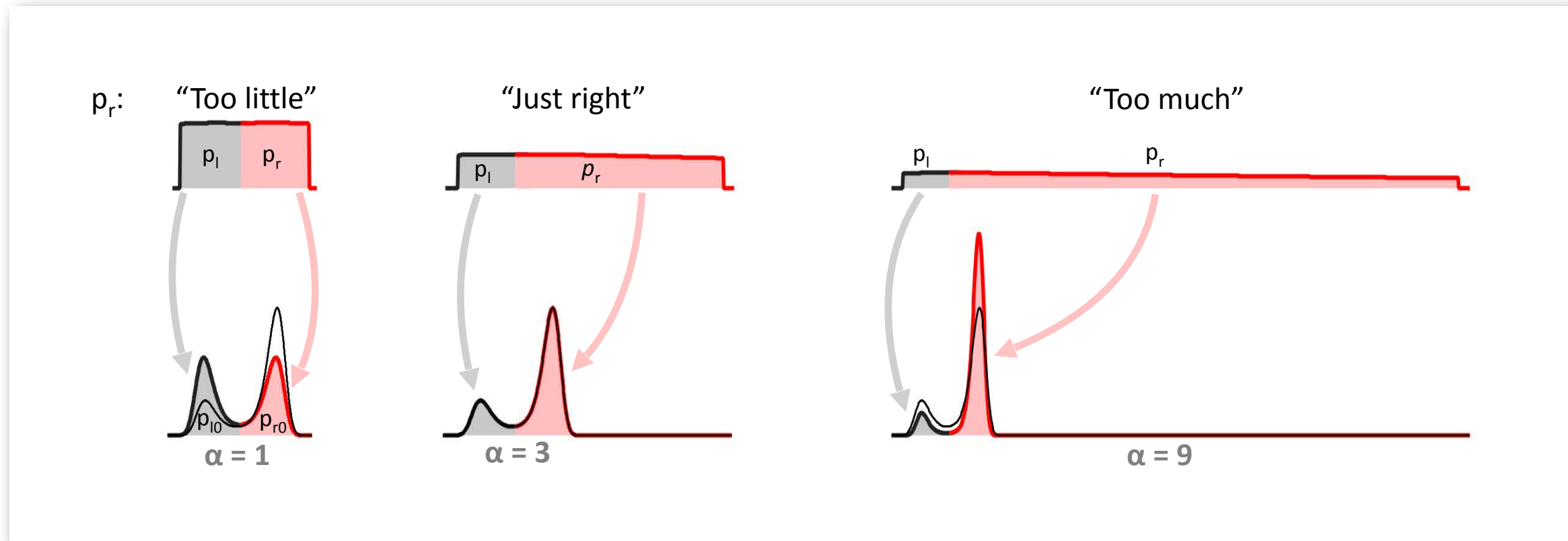


Exponentially
Faster cooling !

Mpemba explanation



1. Intuitive

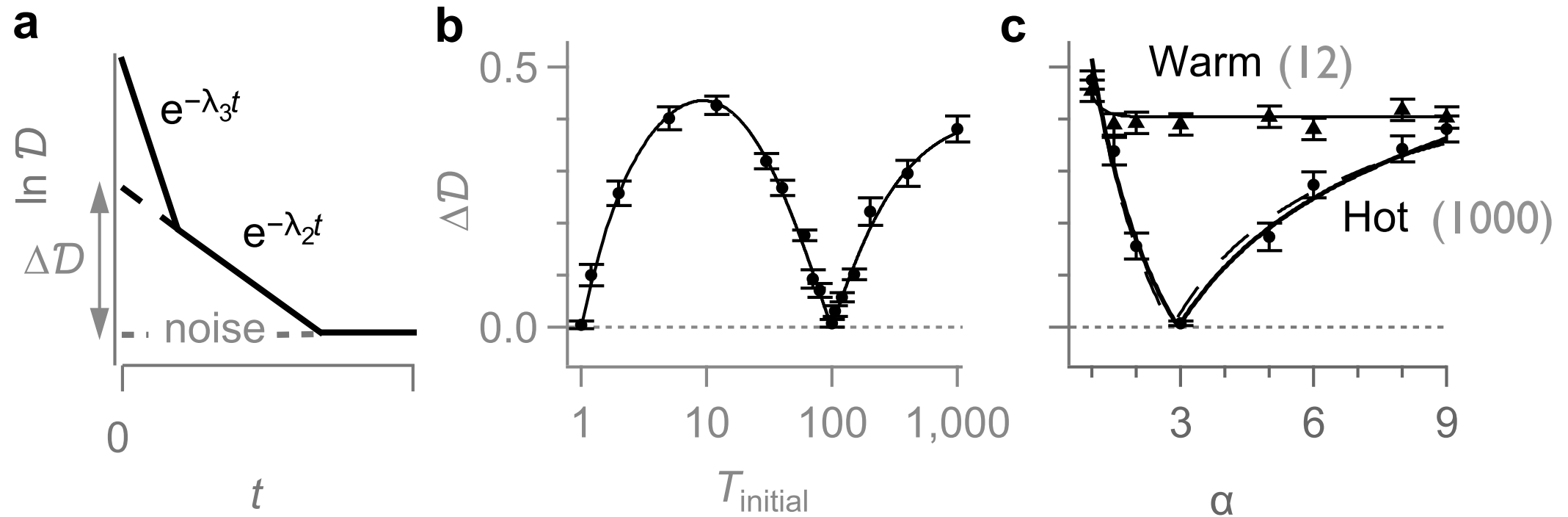


argument can be made rigorous
 and generalized to higher order in $\tau_{\text{MFP}} / \lambda_2^{-1}$

— Walker & Vucelja, arXiv 2212.07496

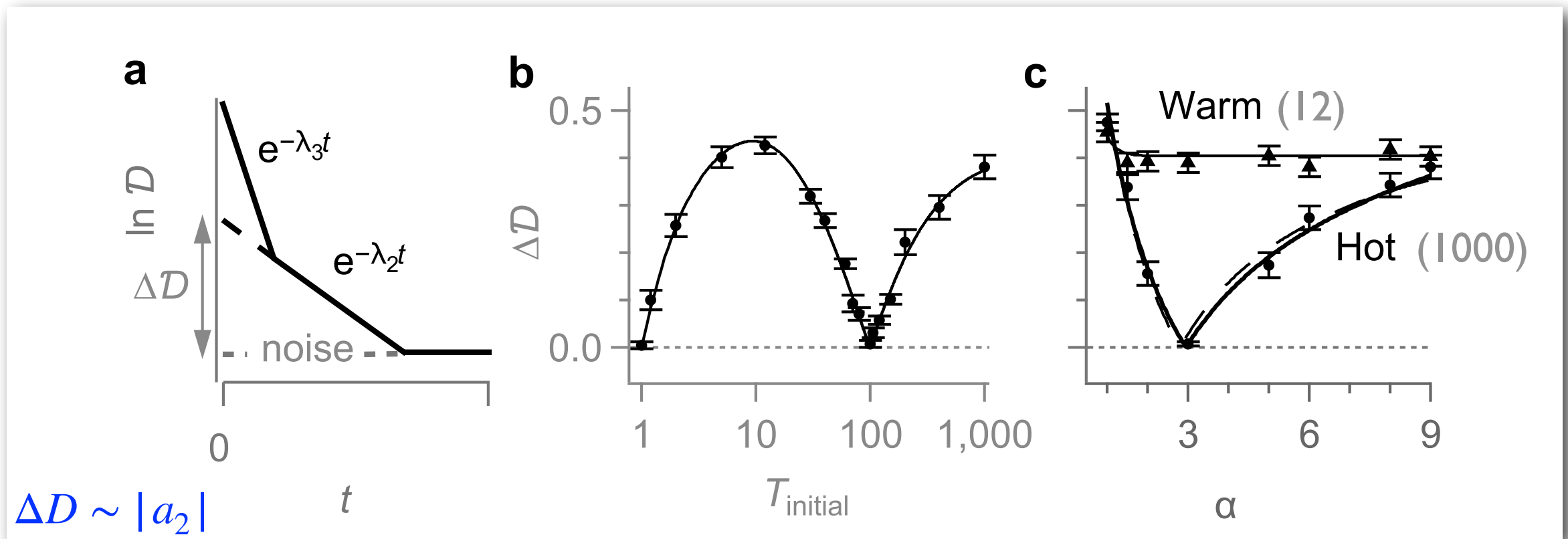
Mpemba explanation

2. Mathematical



Mpemba explanation

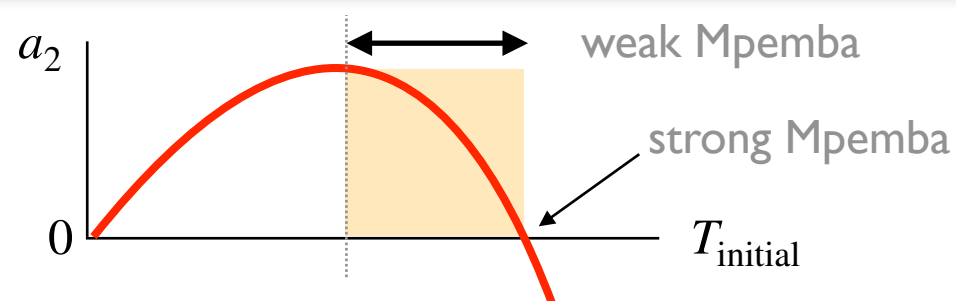
2. Mathematical



Fokker-Planck \Rightarrow

$$p(x, t) = \pi(x; T_b) + \sum_{m=2}^{\infty} a_m(\alpha, T_0) e^{-\lambda_m t} v_m(x; \alpha, T_b)$$

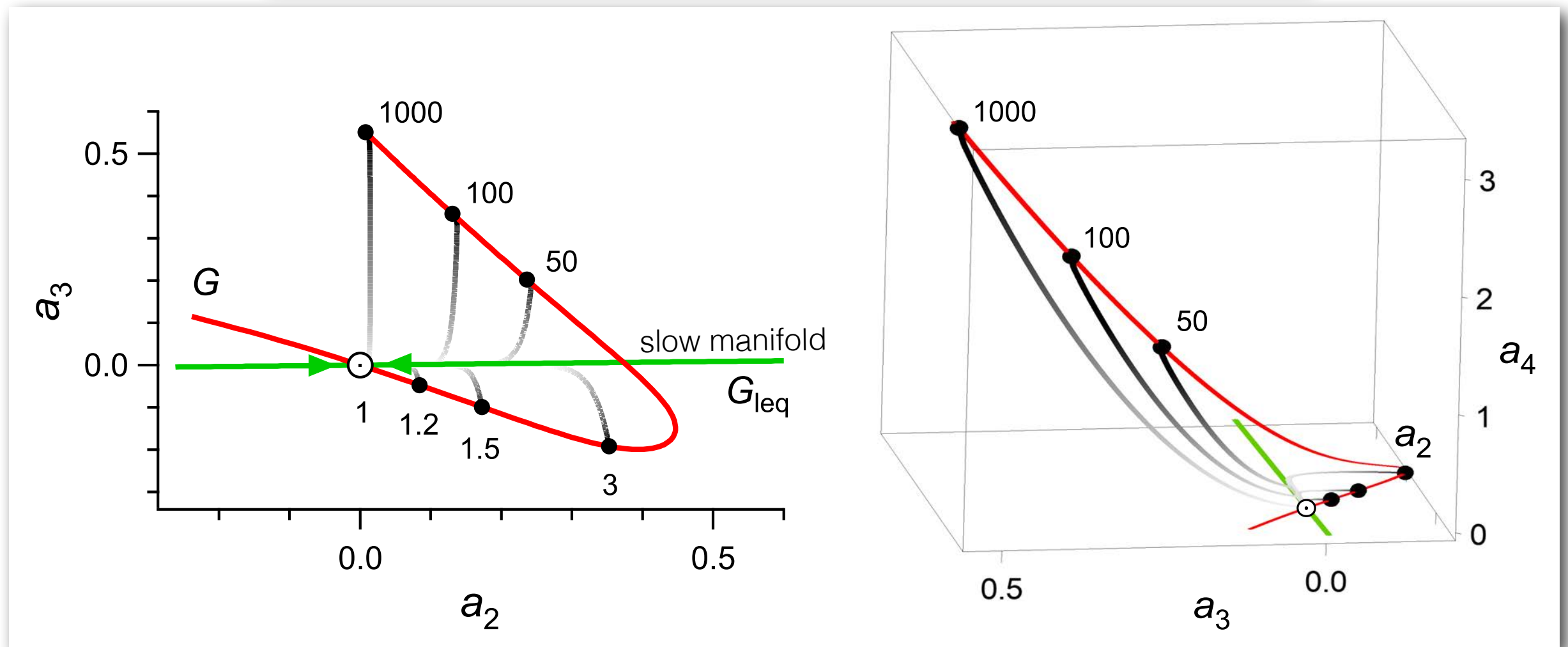
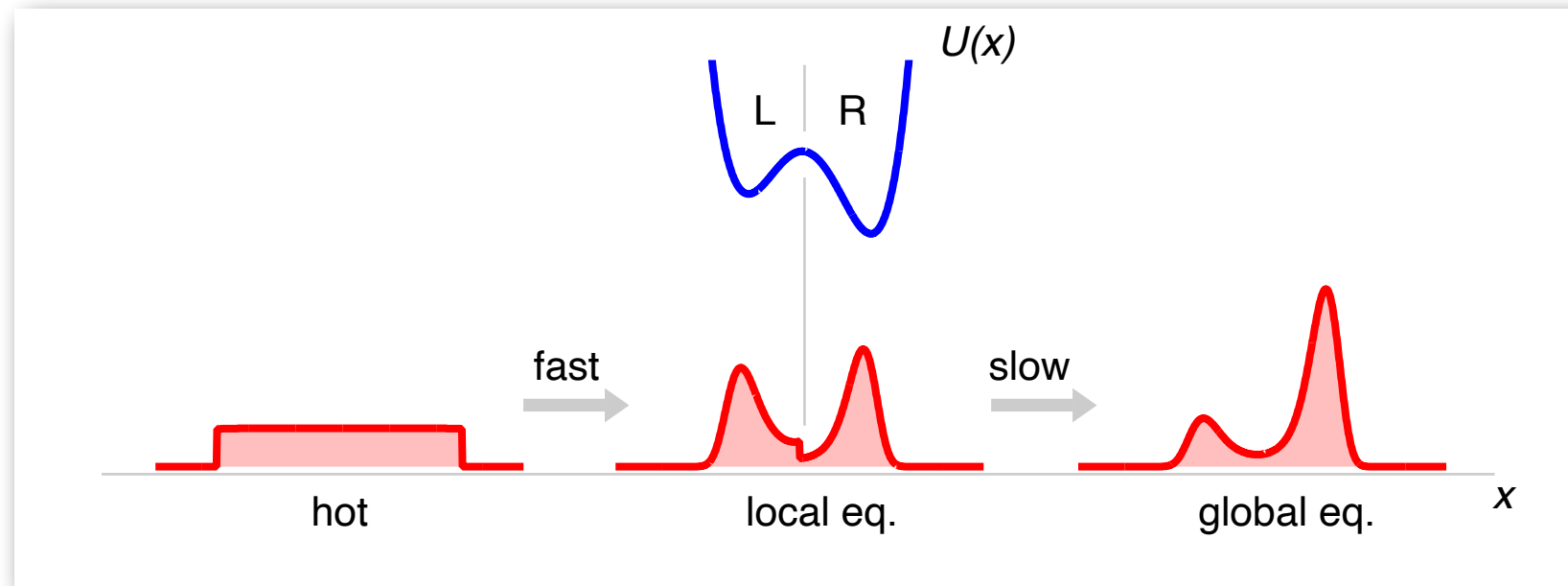
$$\approx \pi(x; T_b) + a_2(\alpha, T_0) e^{-\lambda_2 t} v_2(x; \alpha, T_b)$$



Z. Lu and O. Raz, *PNAS* 2017
 Klich et al., *PRX* 2019

Mpemba explanation

3. Geometrical

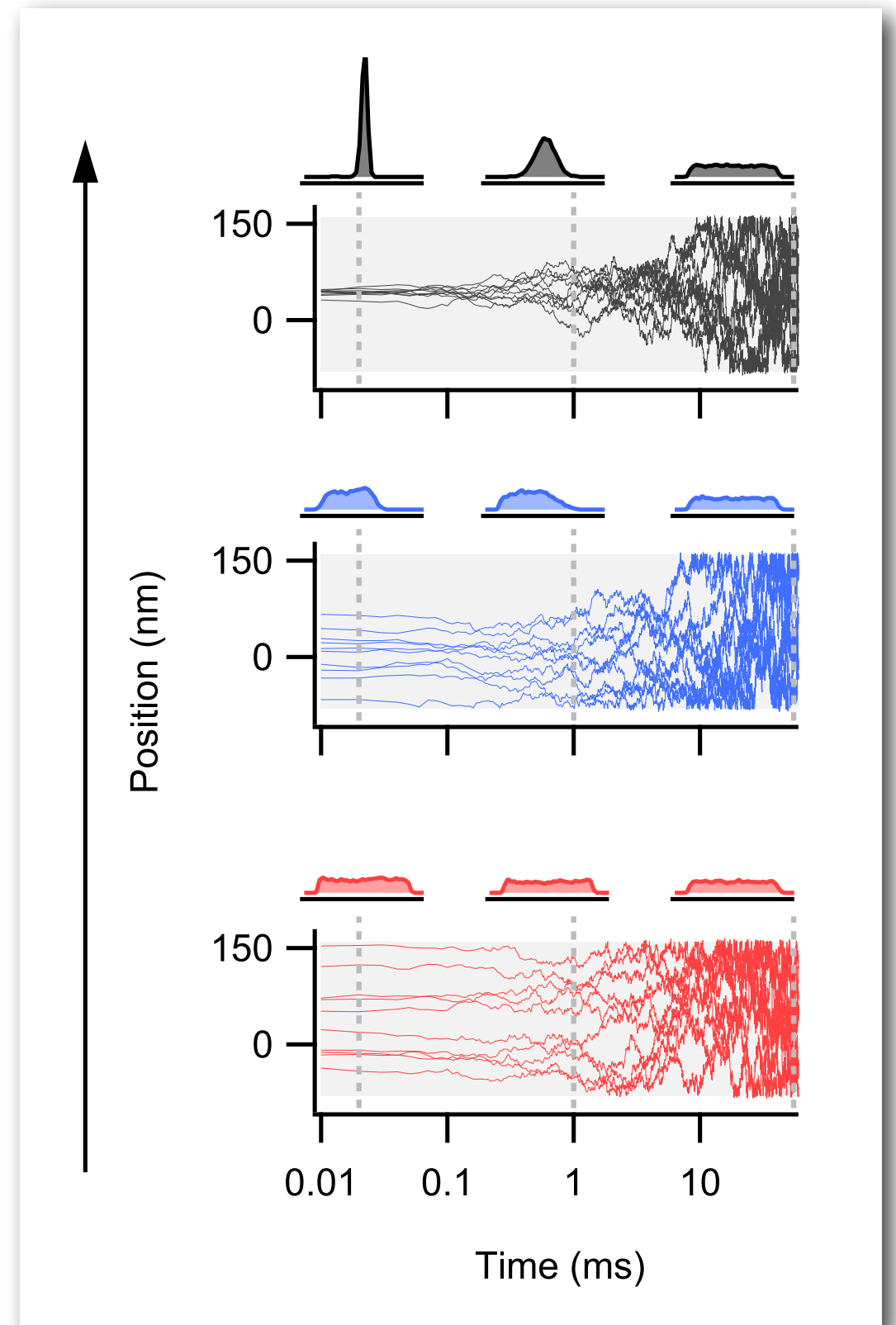
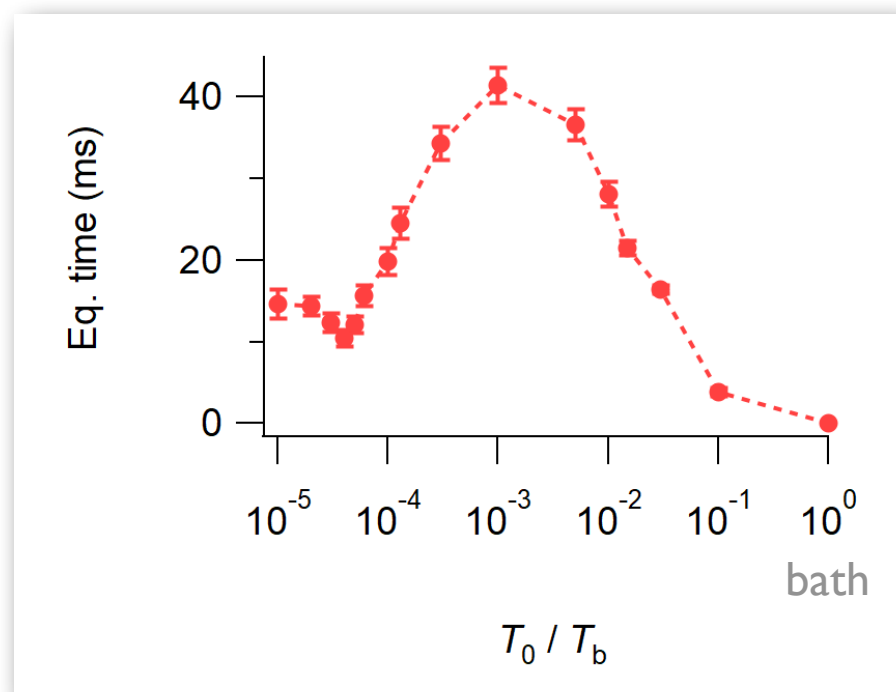
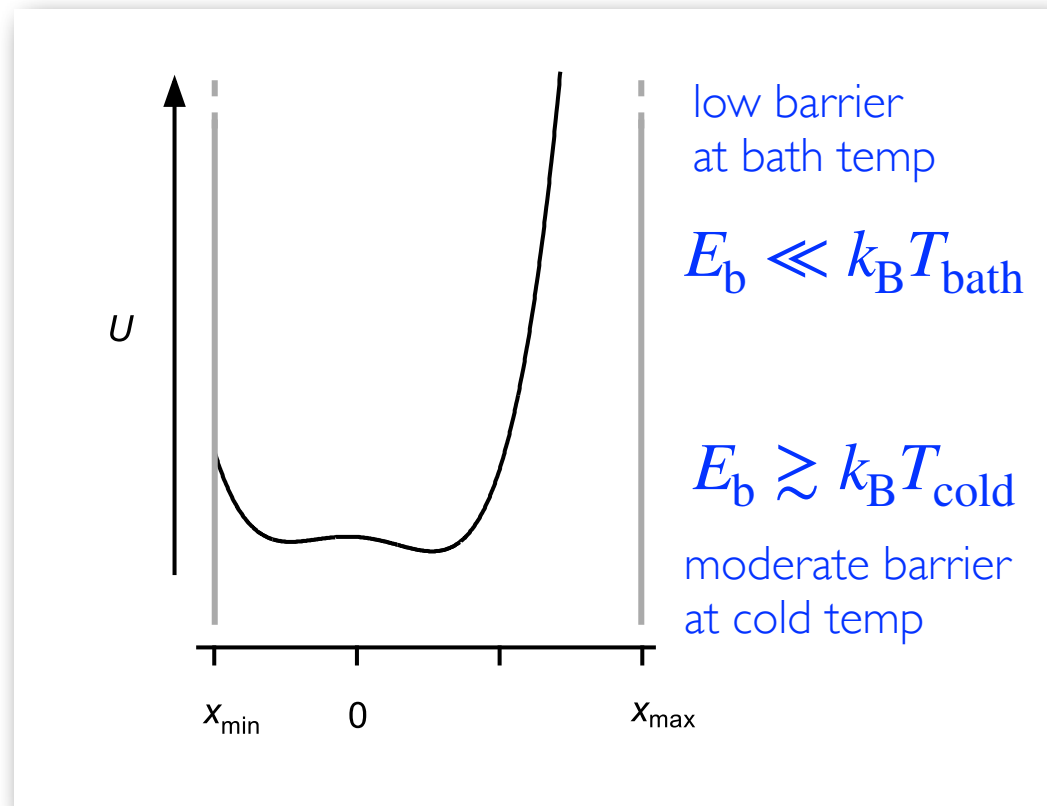


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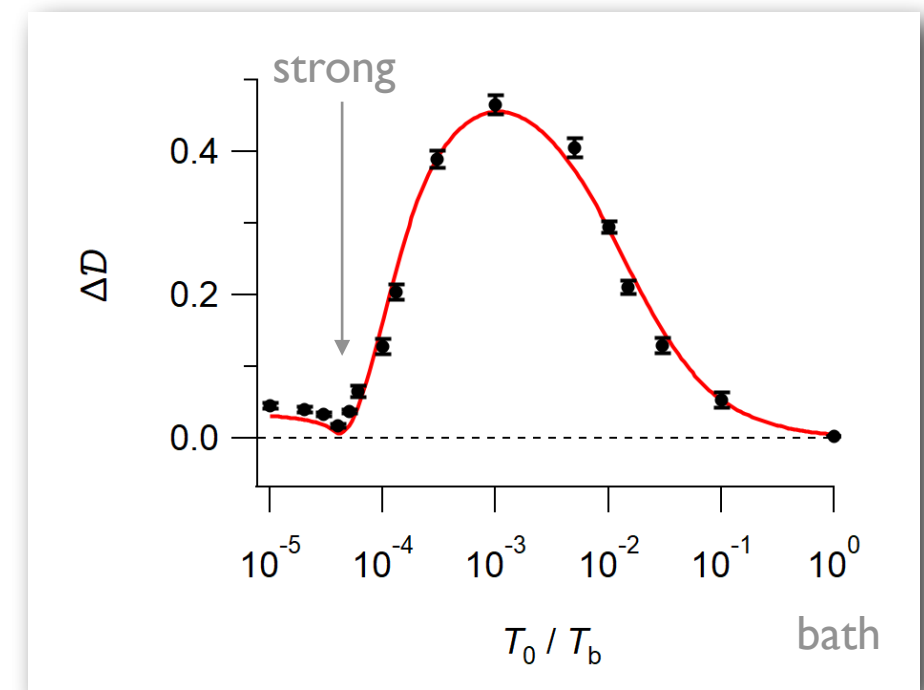
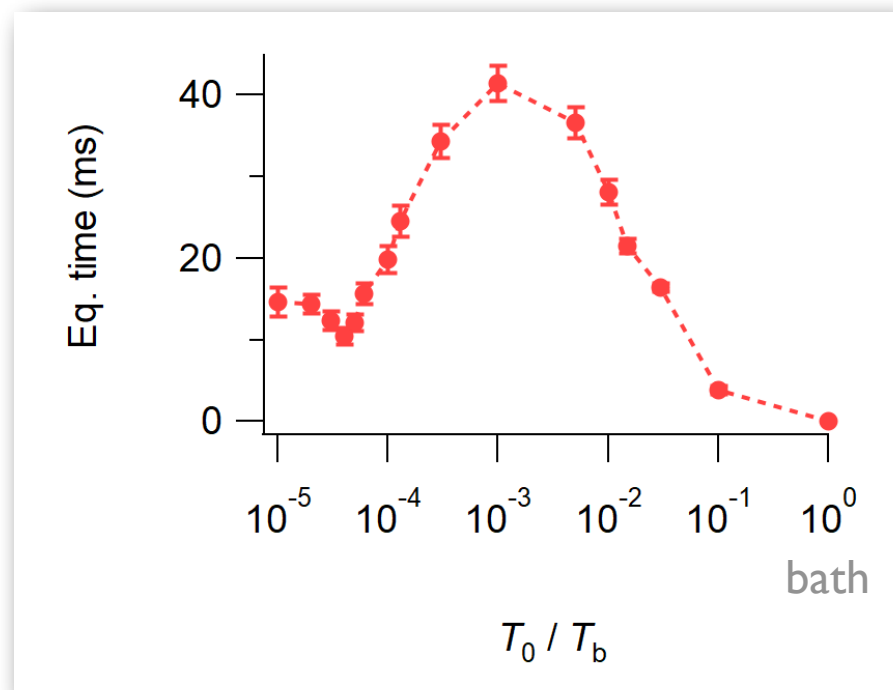
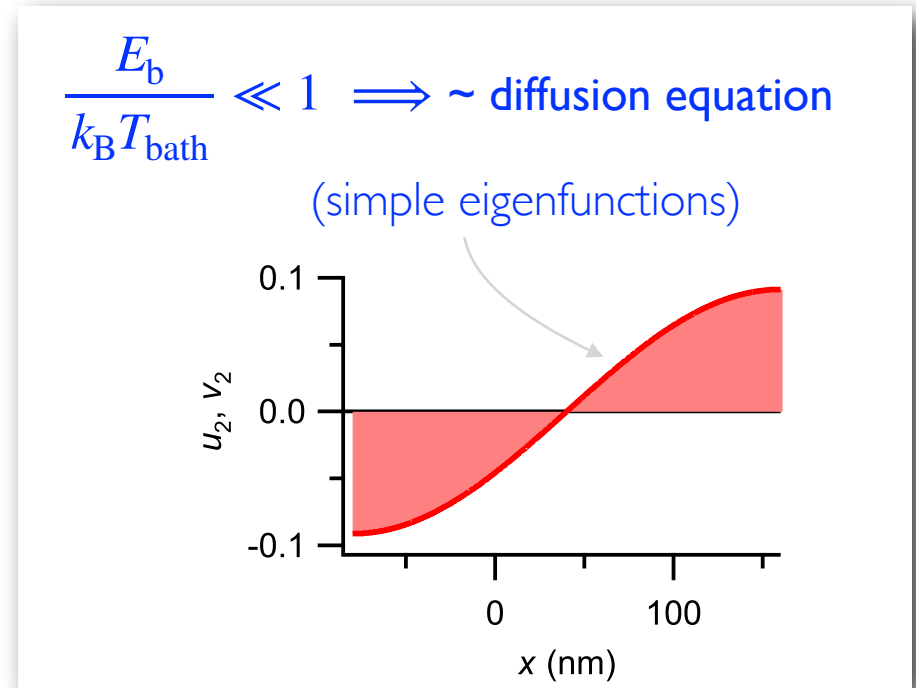
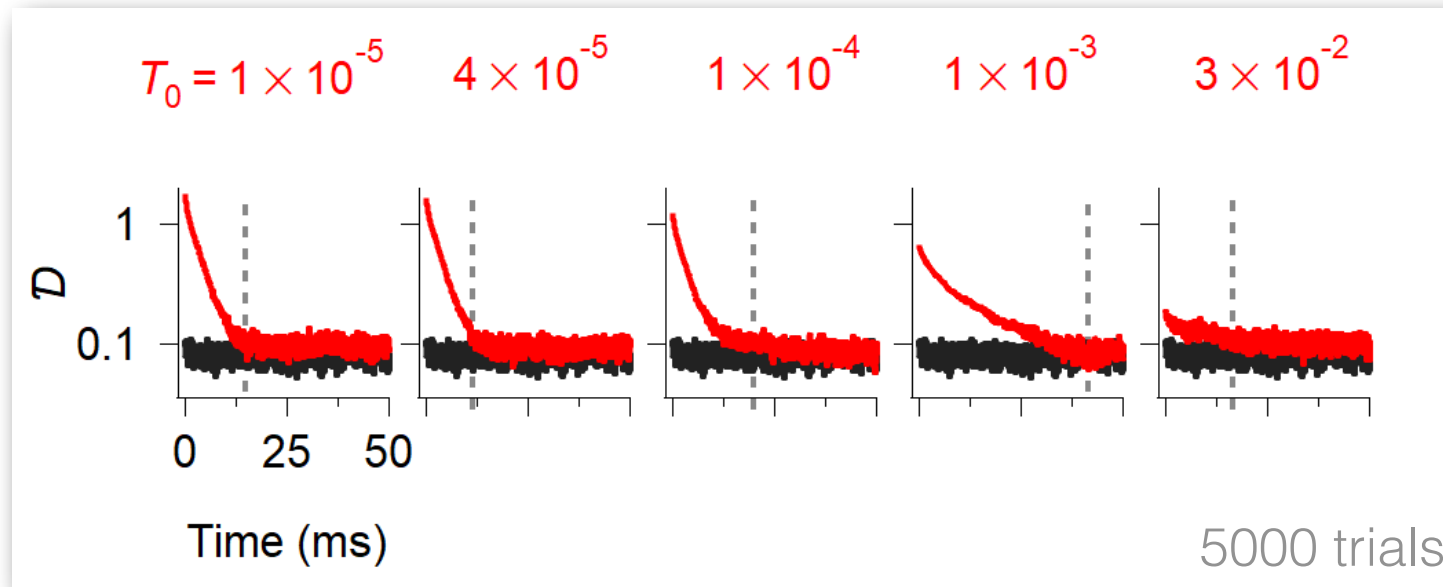
Inverse Mpemba effect

First observation in any system!



Inverse Mpemba effect

First observation in any system!

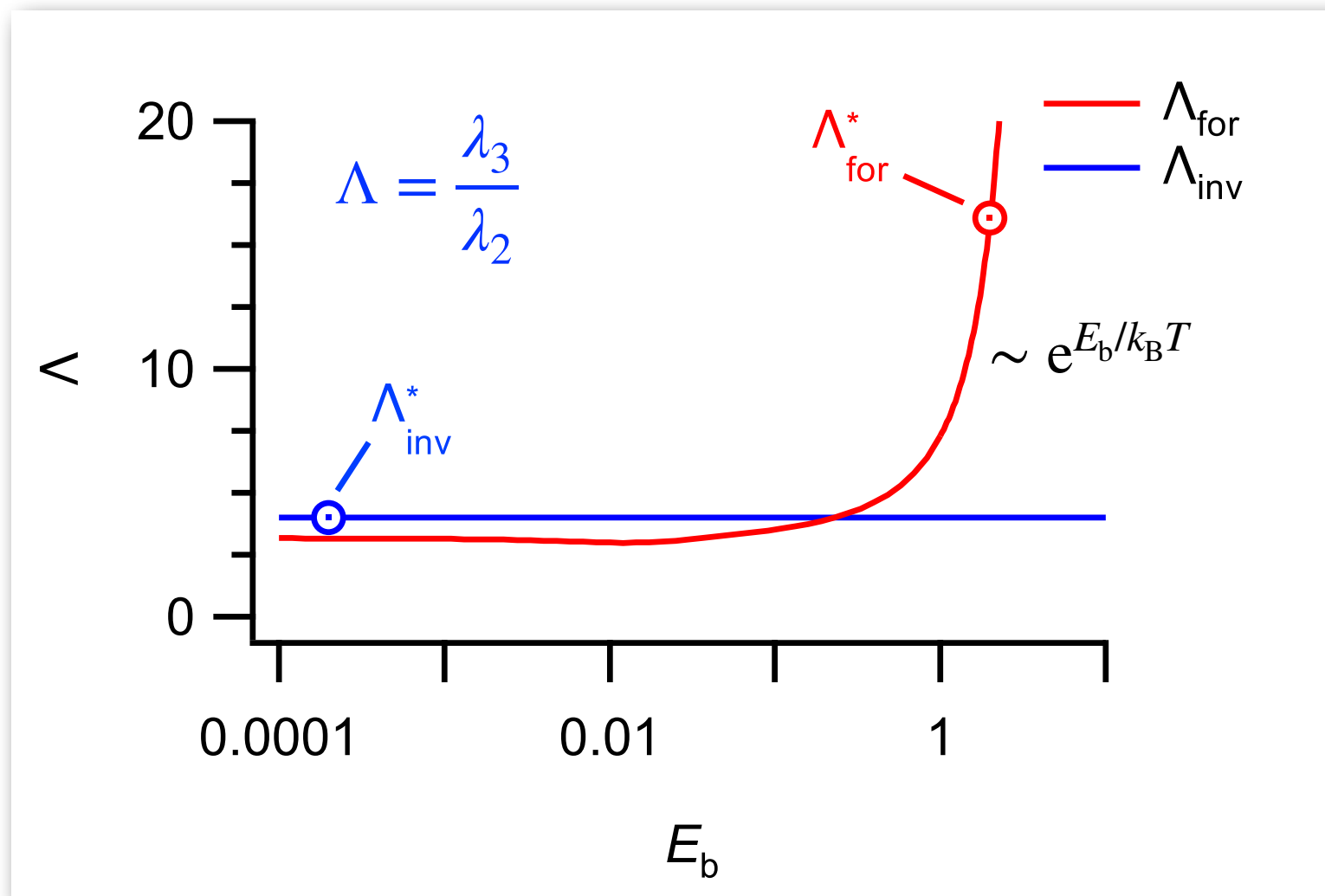


Inverse Mpemba effect

First observation in any system!

Forward Mpemba is easier to observe

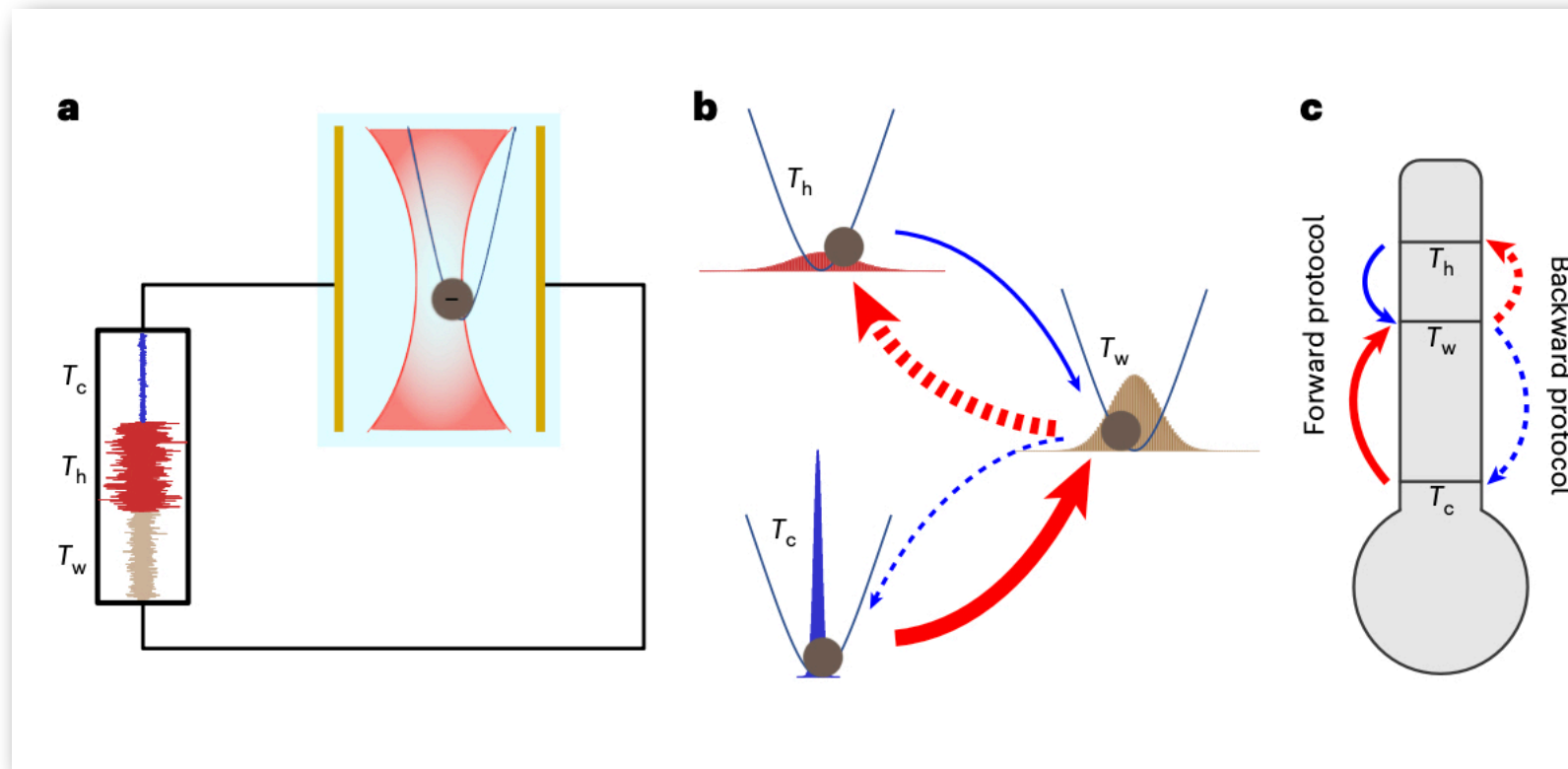
barriers \rightarrow bigger spectral gap



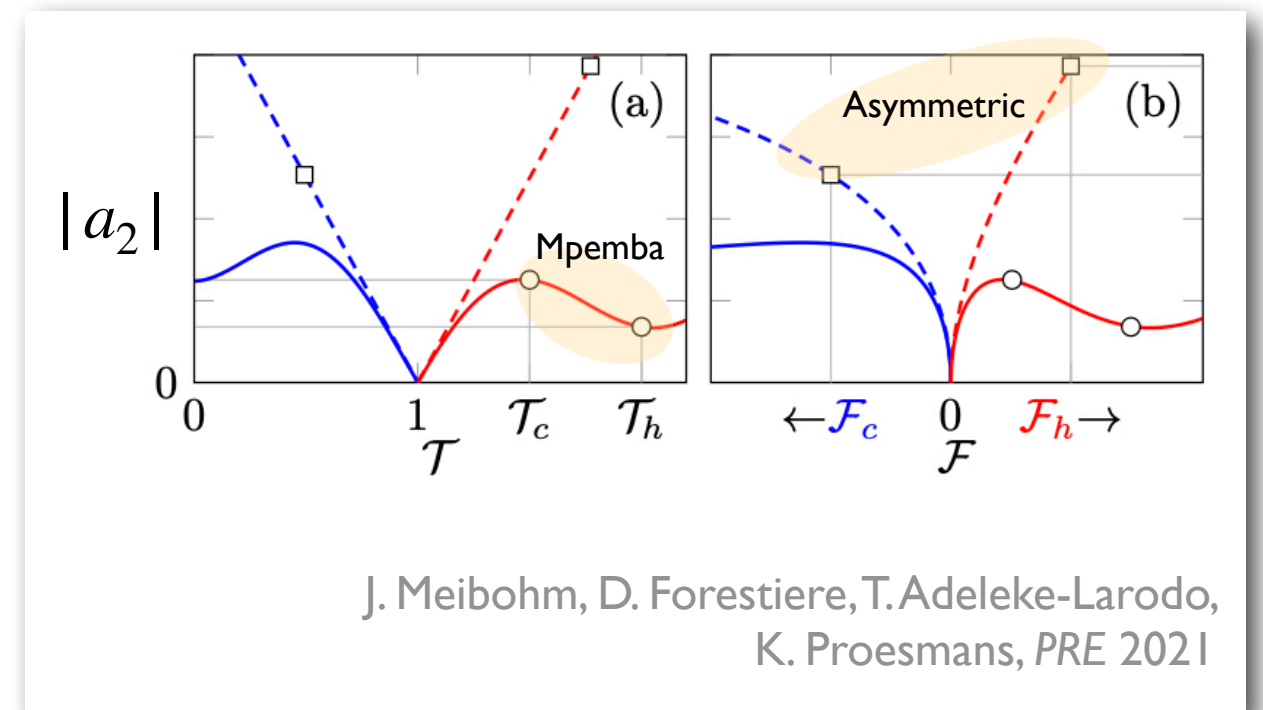
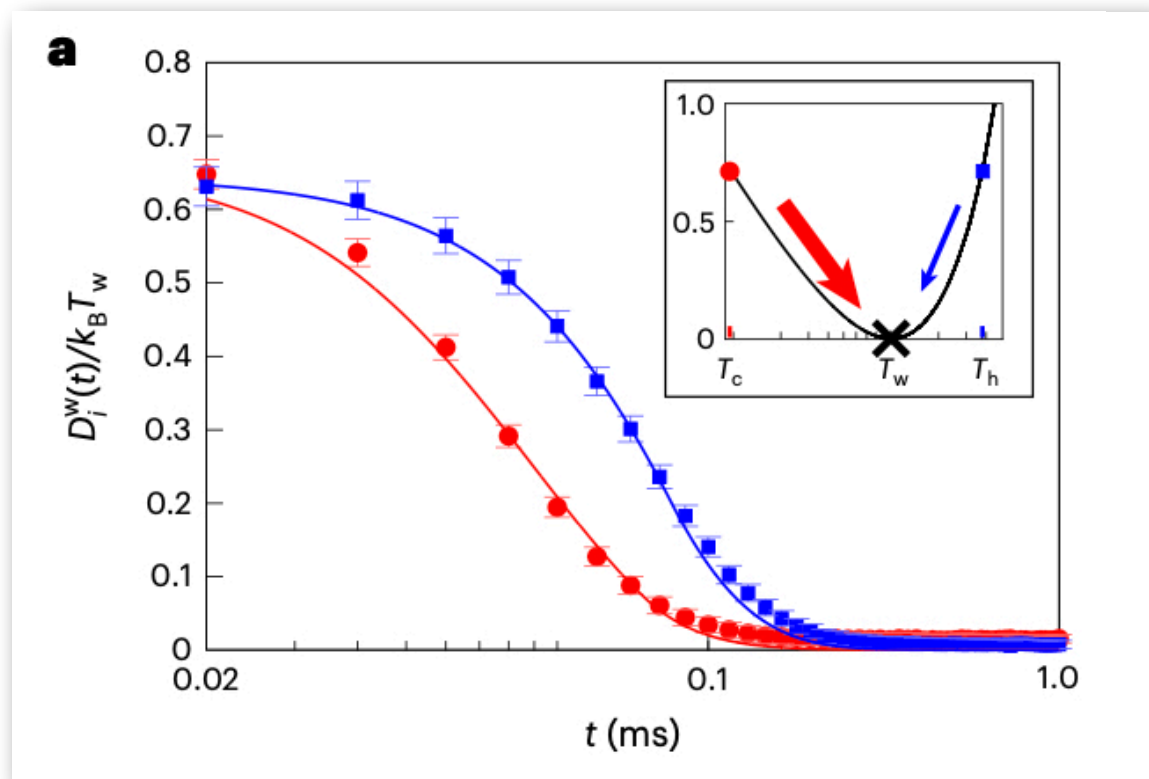
Forward: 1000 trials
“driven by energy”

Reverse: 5000 trials
“driven by entropy”

Contrast with Asymmetric Heat / Cool



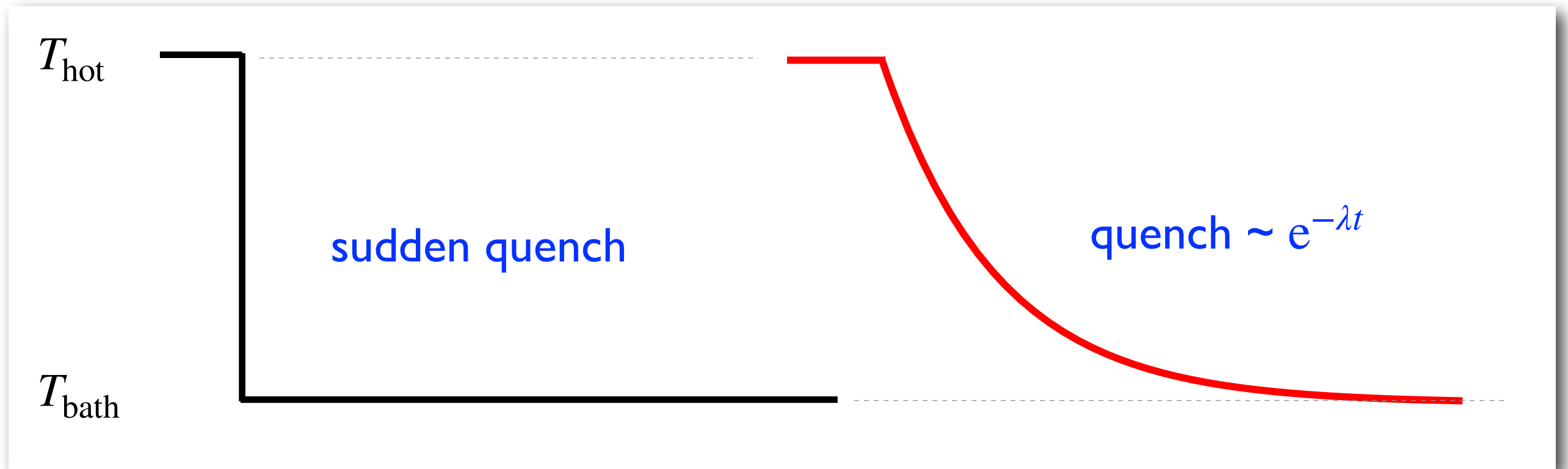
For “equidistant” quenches
(in noneq. free energy)
heating is faster than cooling
(for \sim harmonic potentials)



J. Meibohm, D. Forestiere, T. Adeleke-Larodo,
K. Proesmans, *PRE* 2021

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can find Mpemba effect

no Mpemba for quasistatic

$$(\lambda \ll \lambda_2)$$

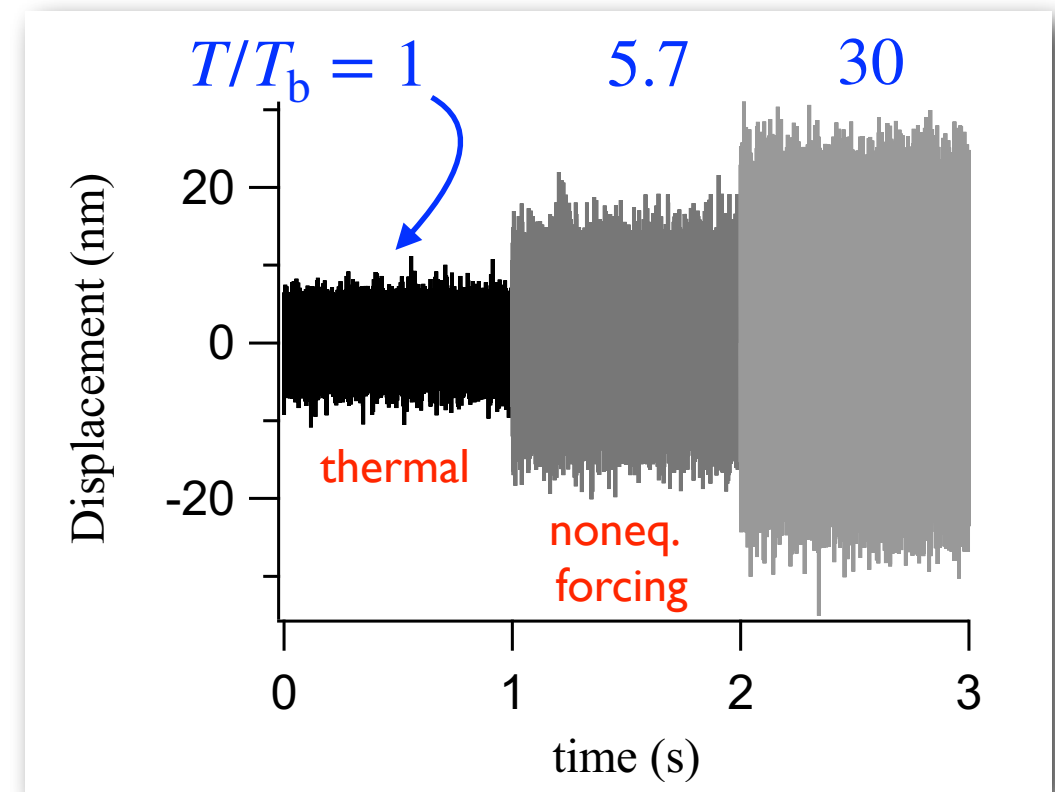
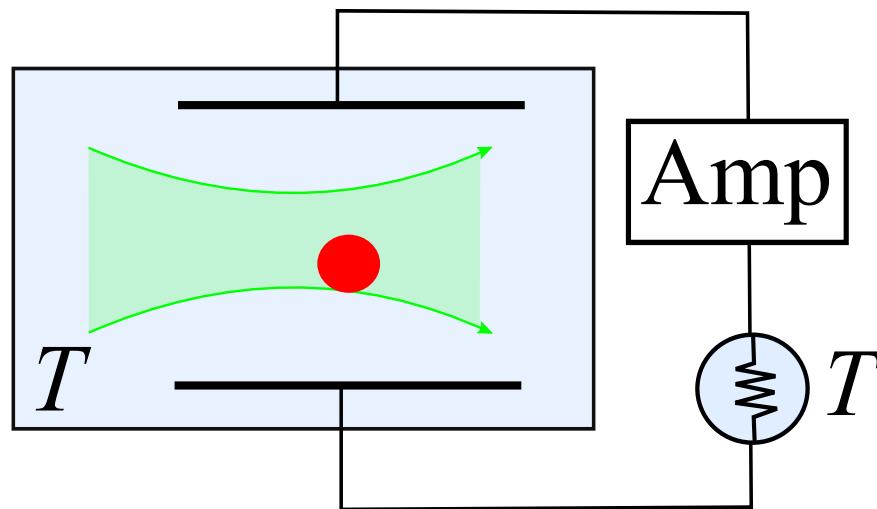
critical value of λ for the transition?

$$\lambda^* \approx \lambda_3?$$

Finite-rate quenches

How to make?

harmonic
potential

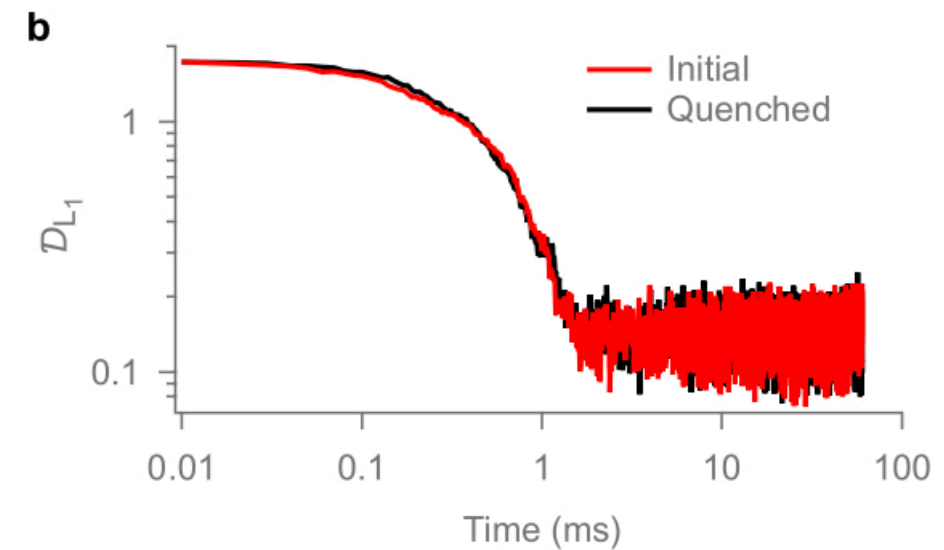
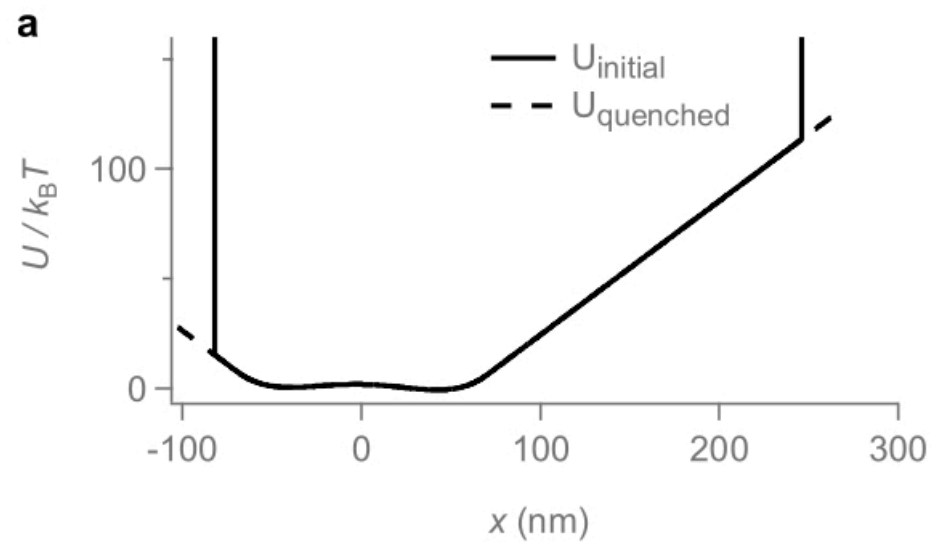


- add fluctuating electrical forces
- applied noise white, up to bandwidth \gg trap cutoff frequency
- adjust gain \rightarrow time-dependent protocols $T(t)$
- easier alternative: add forces by shaking laser beam (lower T_{eff})

- I. Martinez, E. Roldan, JMR Parrondo, DM Petrov, *PRE* 2013
- T Saha, J Ehrich, M Gavrilov, S Still, DA Sivak, JB, *PRL* 2023
- M Ibanez, C Dieball, A Lasanta, A Godec, RM Rica, *Nat. Phys.* 2024

Finite-rate quenches

Just one problem...



Extended Data Fig. 5 | Finite maximum slope of the potential does not affect particle dynamics substantially. **a**, The energy landscape for the Mpemba effect. Solid line depicts the initial energy landscape with infinite potential walls at the domain boundaries. The equilibrium distribution of the

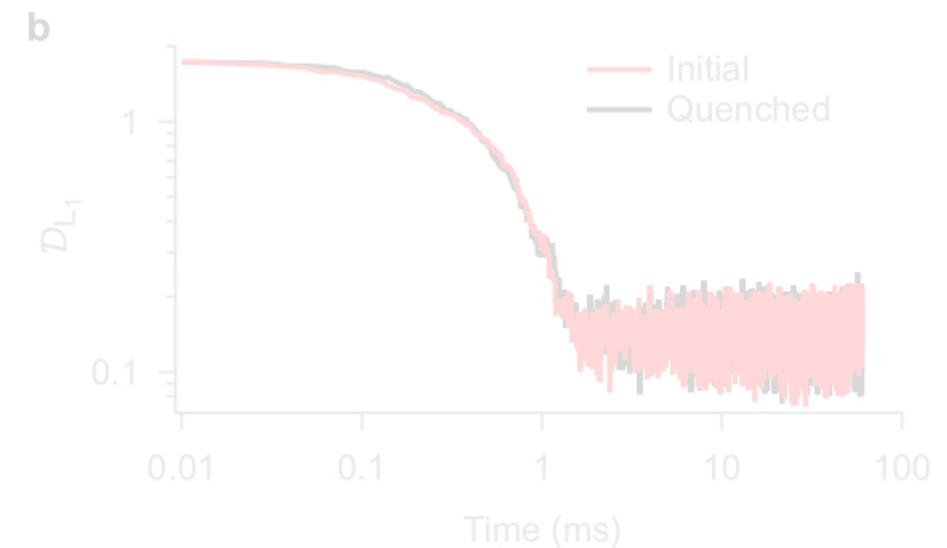
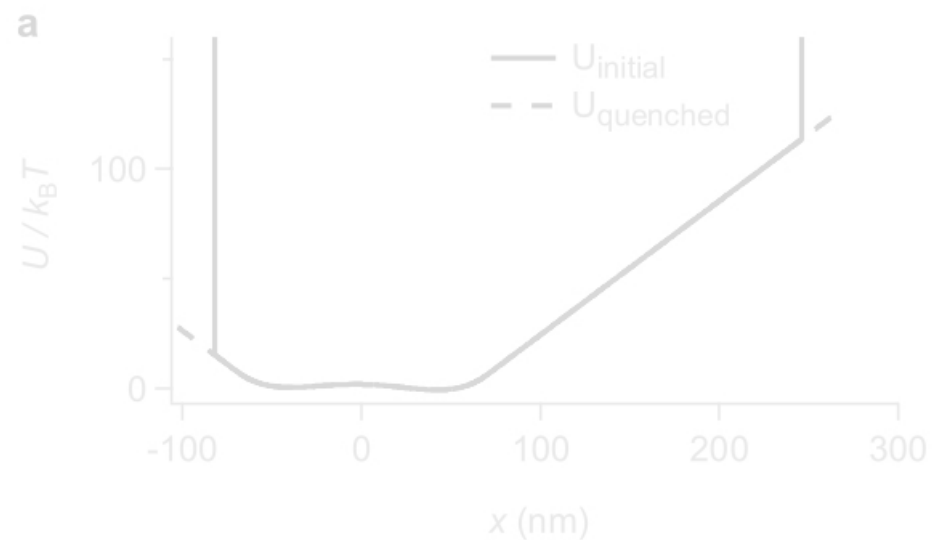
particle is calculated based on this potential (U_{initial}). Dashed line shows the potential (U_{quenched}) in which the particle is quenched. **b**, Langevin simulations of the Mpemba effect using both potentials show no notable differences between the two cases.

A. Kumar and JB, *Nature* 2020

towards the back of the supplementary material....

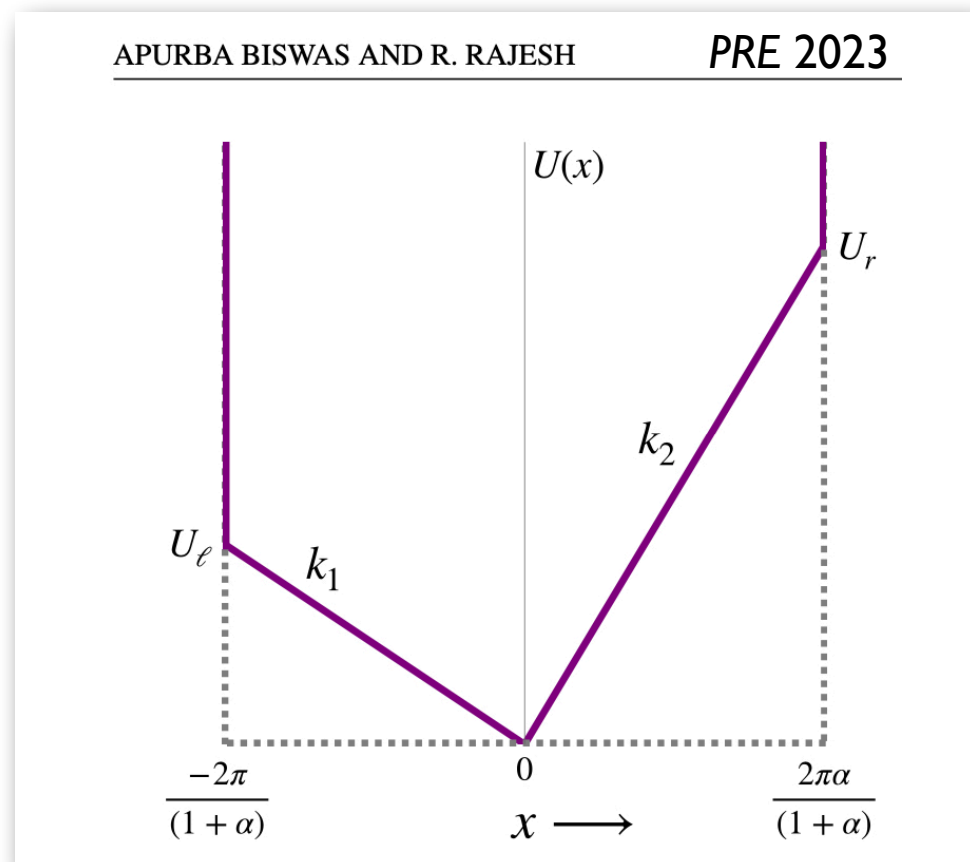
Finite-rate quenches

Just one problem...



Extended Data Fig. 5 | Finite maximum slope of the potential does not affect particle dynamics substantially. **a**, The energy landscape for the Mpemba effect. Solid line depicts the initial energy landscape with infinite potential walls at the domain boundaries. The equilibrium distribution of the

particle is calculated based on this potential (U_{initial}). Dashed line shows the potential (U_{quenched}) in which the particle is quenched. **b**, Langevin simulations of the Mpemba effect using both potentials show no notable differences between the two cases.

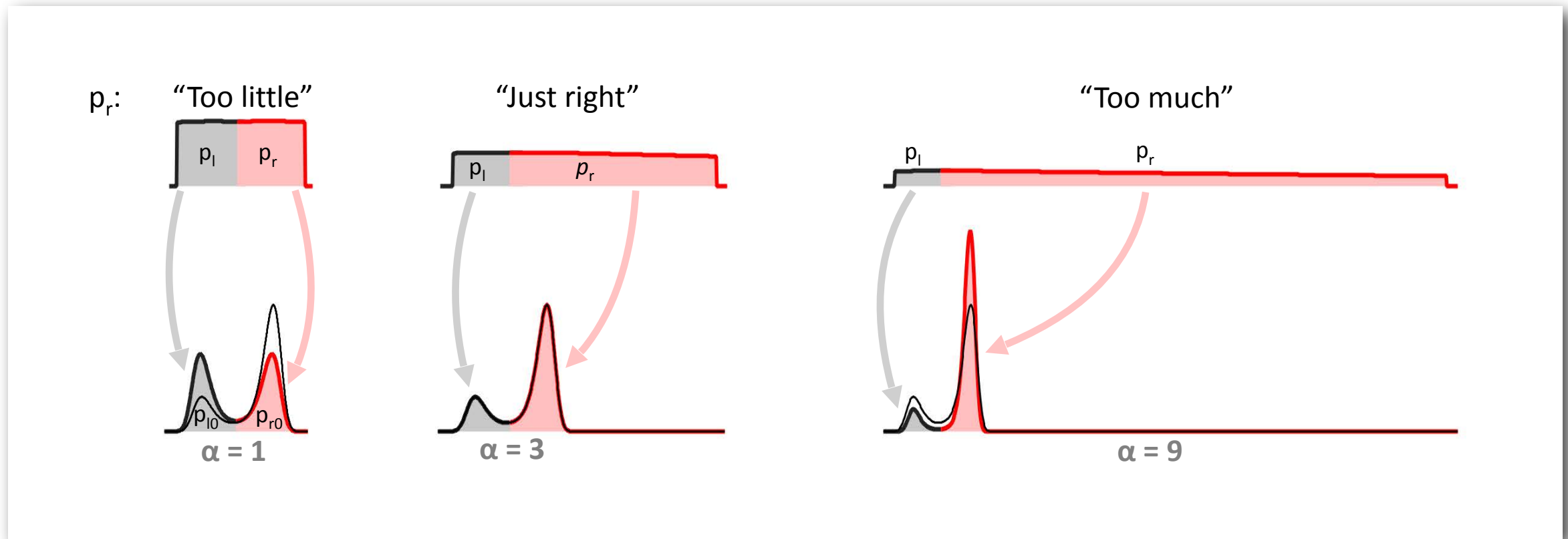


not just us — a lot of studies use
(and need) the infinite potential “box”

- convenient to keep domain small (and fixed) at high temp.
- plays an underappreciated role in Mpemba mechanism

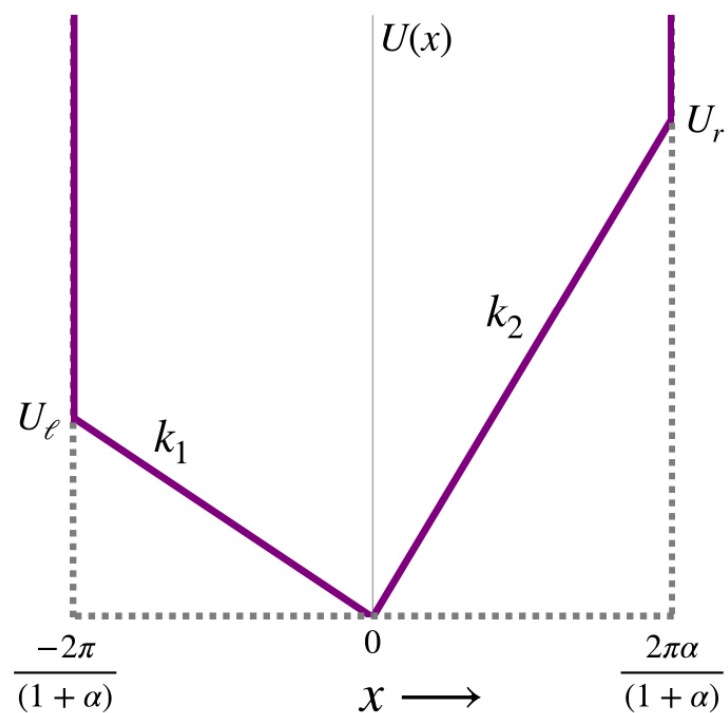
Finite-rate quenches

Just one problem...



APURBA BISWAS AND R. RAJESH

PRE 2023



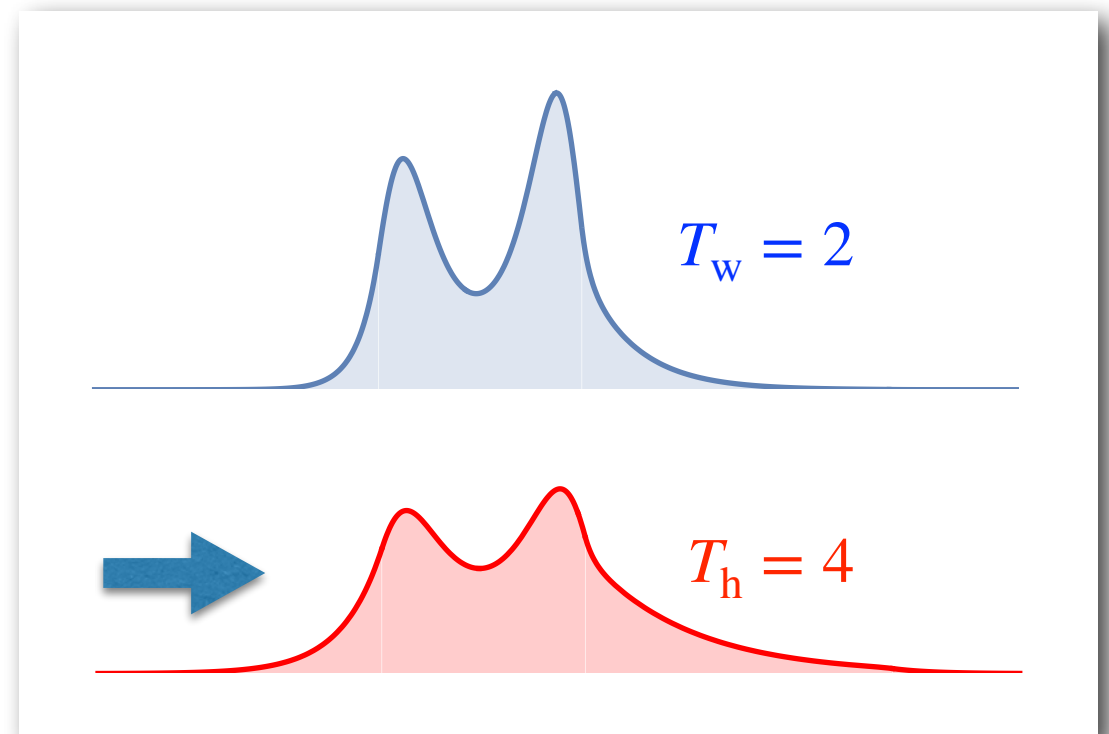
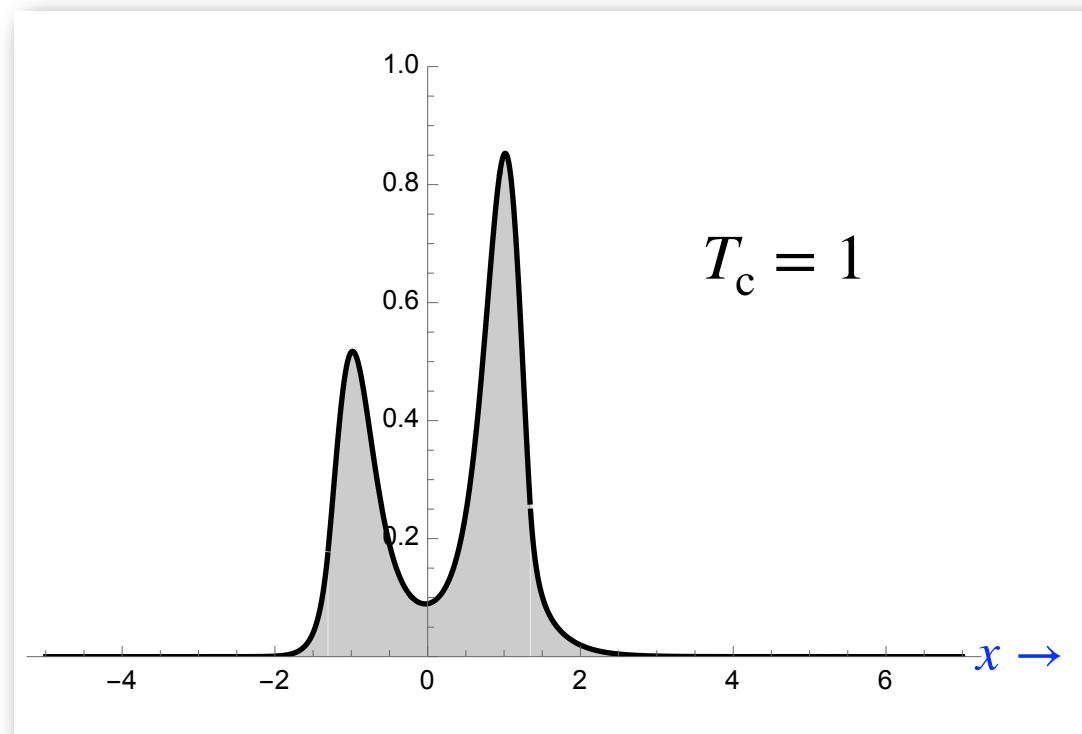
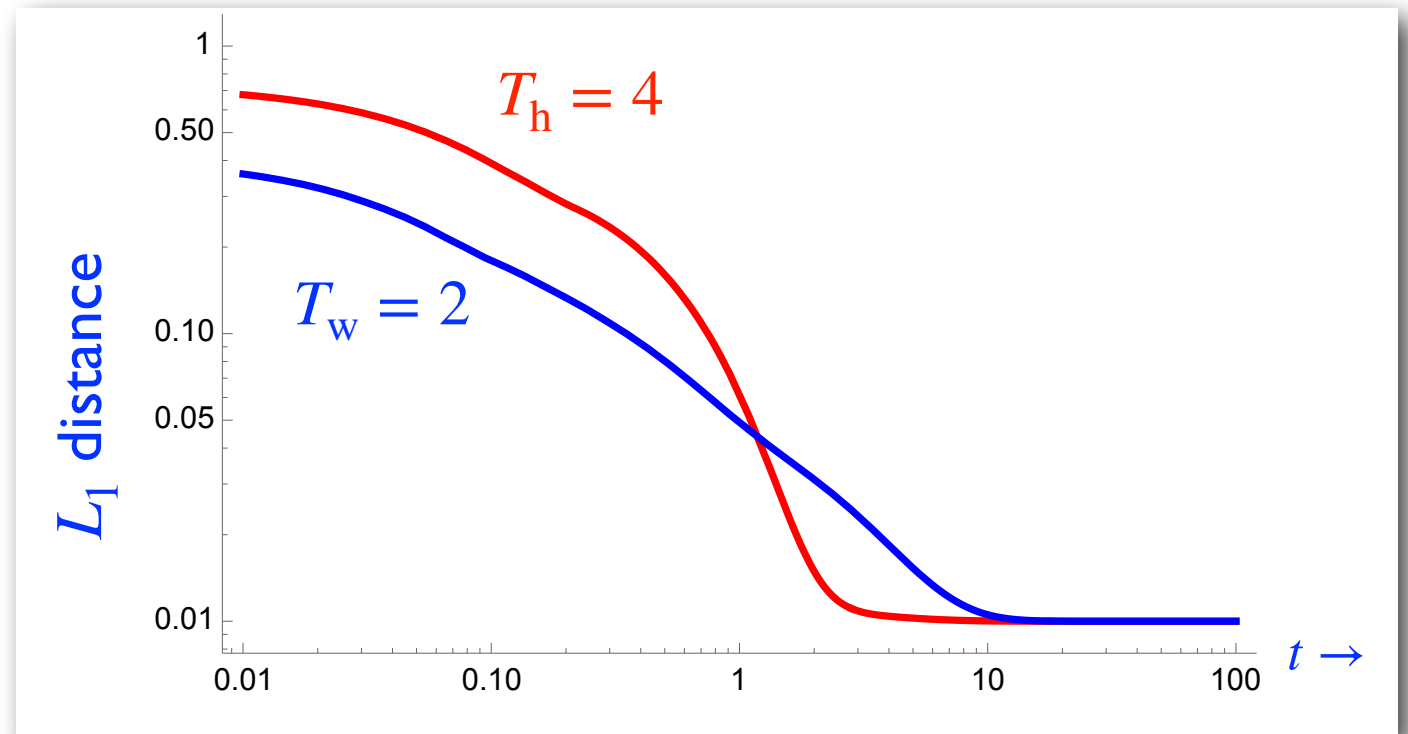
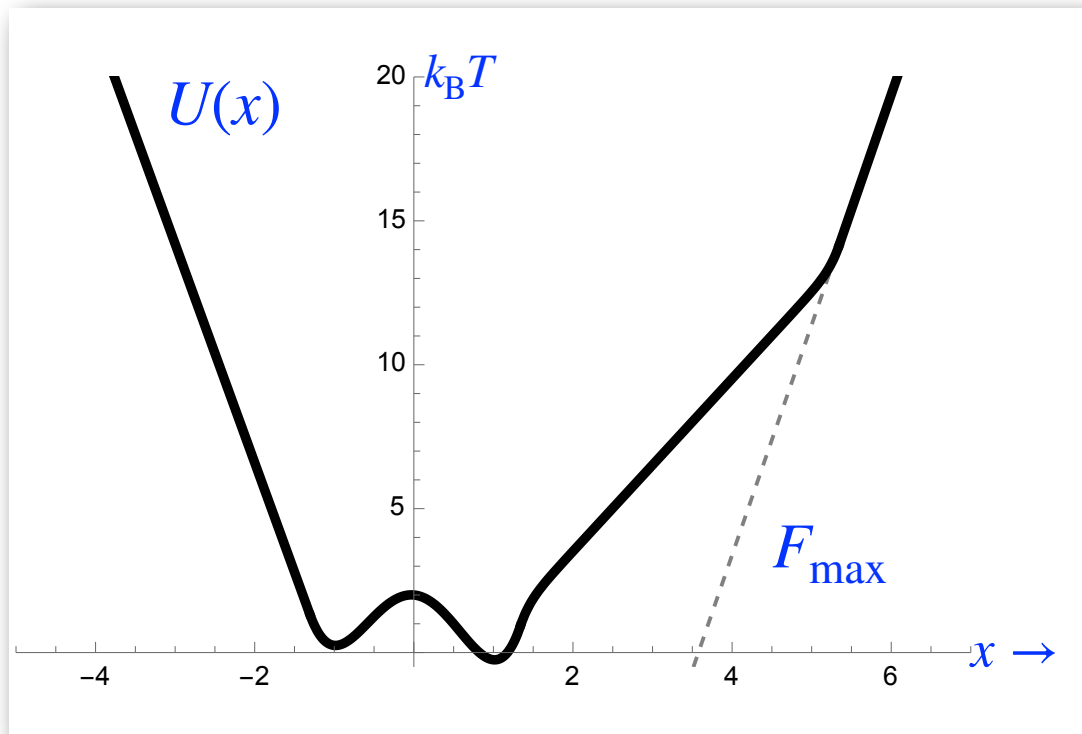
not just us — a lot of studies use (and need) the infinite potential “box”

- convenient to keep domain small (and fixed) at high temp.
- plays an underappreciated role in Mpemba mechanism
 → enforces $p_r(T_h) = p_r(T_b)$

Finite-rate quenches

Just one problem...

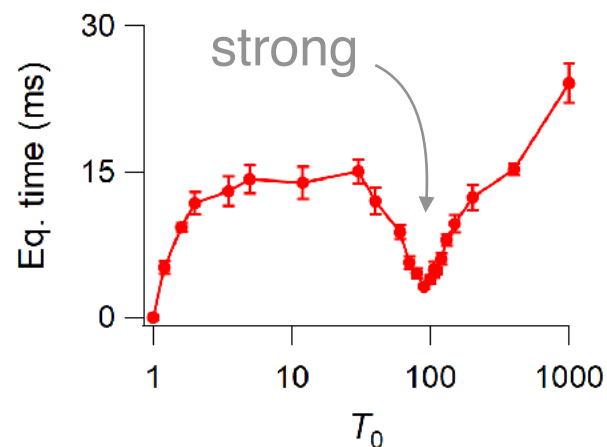
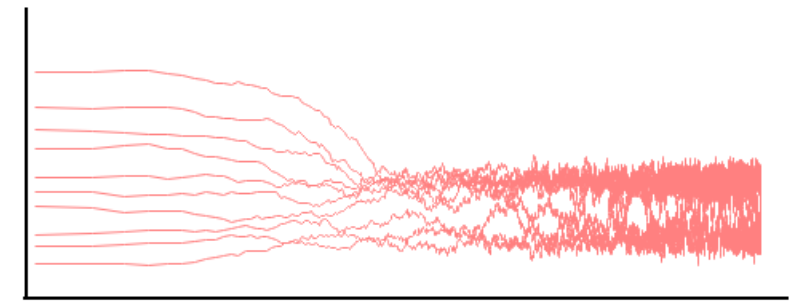
Can we find a potential showing Mpemba effect without a box?



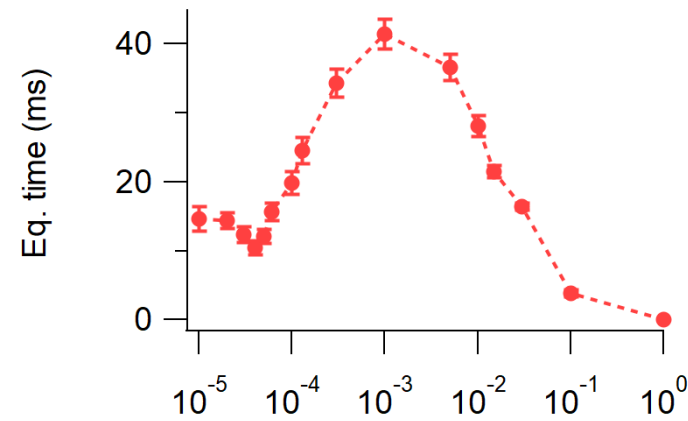
Yes, but it was hard, and we still need to find parameters that can be realized experimentally.

Summary

- **Mpemba:** prototype of anomalous relaxation effects for strong quenches
- **Quenching:** a strongly nonequilibrium process
- **Regular / Inverse Mpemba:** cooling / heating

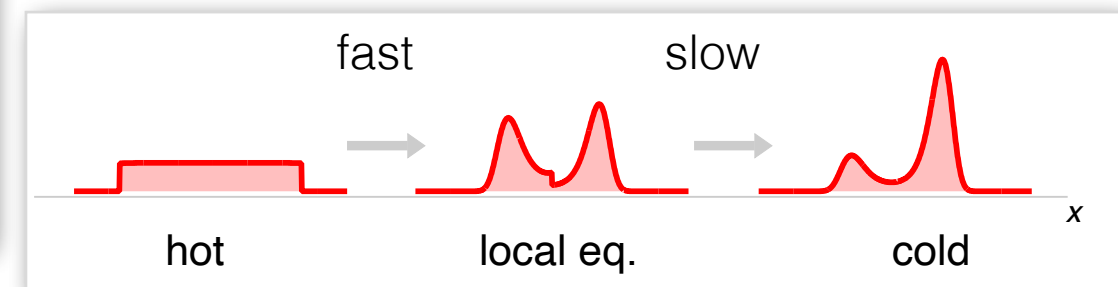


regular Mpemba
energy



inverse Mpemba
entropy

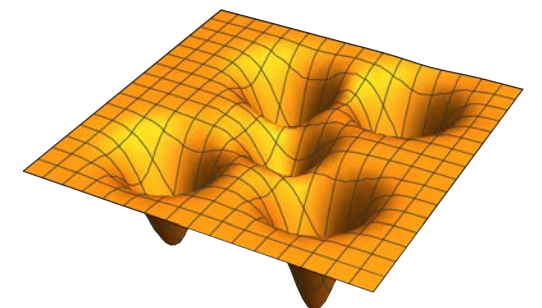
- 1) Is the effect real? ✓
- 2) Would an explanation be trivial or illuminating ✓ ?



- **Strong effects:** exponential speedup

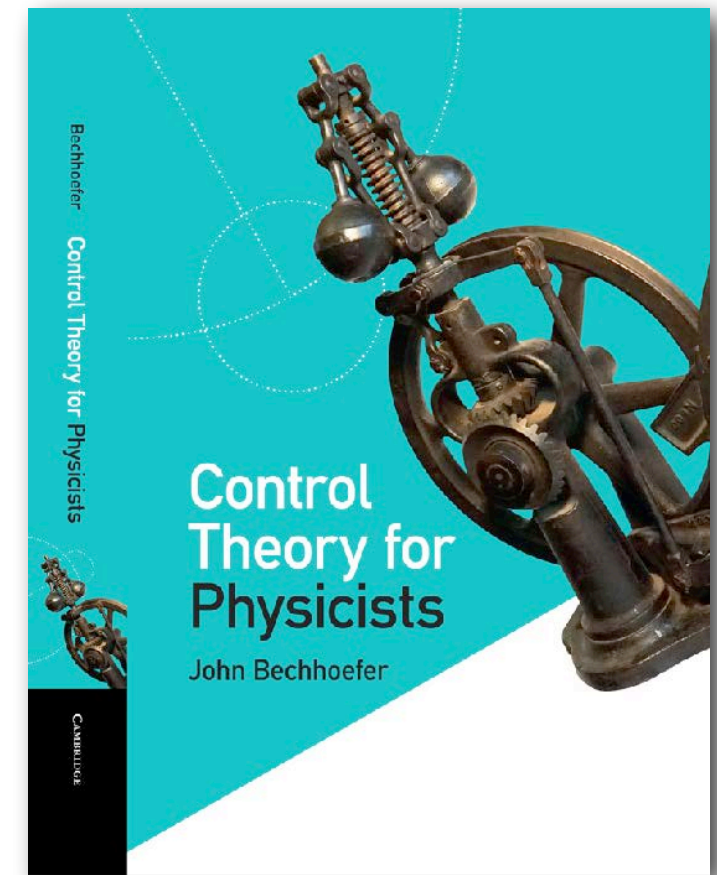
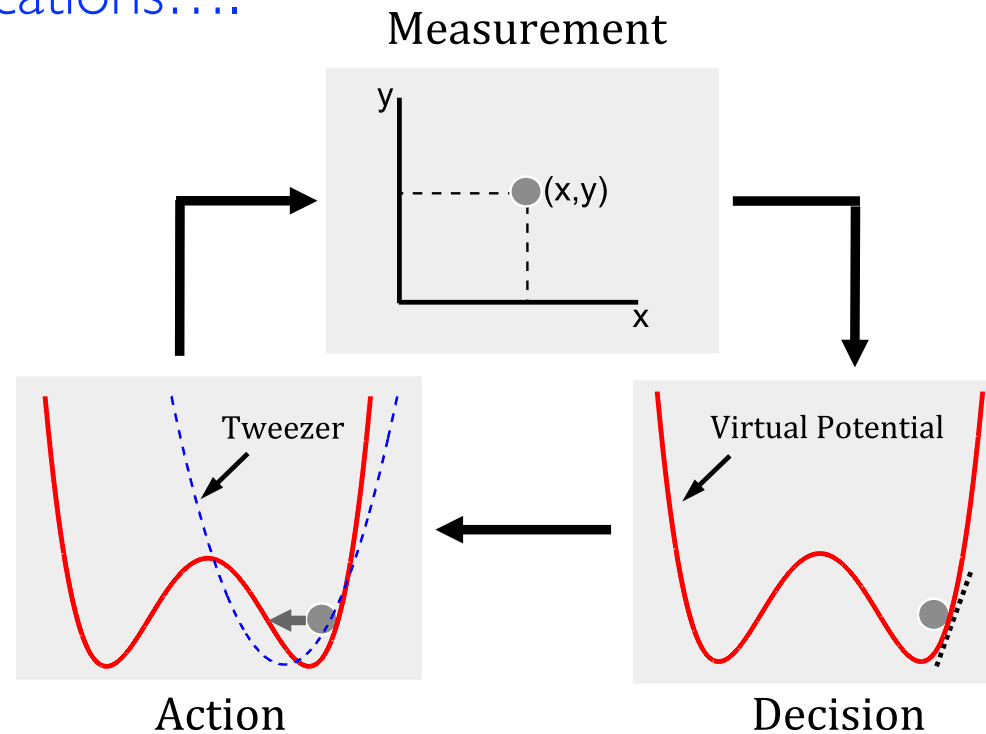
- **Metastability mechanism:**

what often leads to slow dynamics here leads to a speed-up



Outlook

- **Feedback trap** dynamics in arbitrary, time-dependent potentials: cyberphysics many applications....
- creative use of feedback



Cambridge Univ. Press, 2021

-
- **A la mode:** three back-to-back-to-back papers on quantum Mpemba in recent PRL!
+ other observations & predictions in polymers, granular fluids, Ising antiferromagnets, systems undergoing phase transitions, NESS to NESS relaxation, active matter, ...
 - **Water / ice ?**
 - **Other protocols:** Kovacs, precooling, ...
 - **Applications:** improved piezoelectric materials, faster temp. changes for AFM cantilevers,