



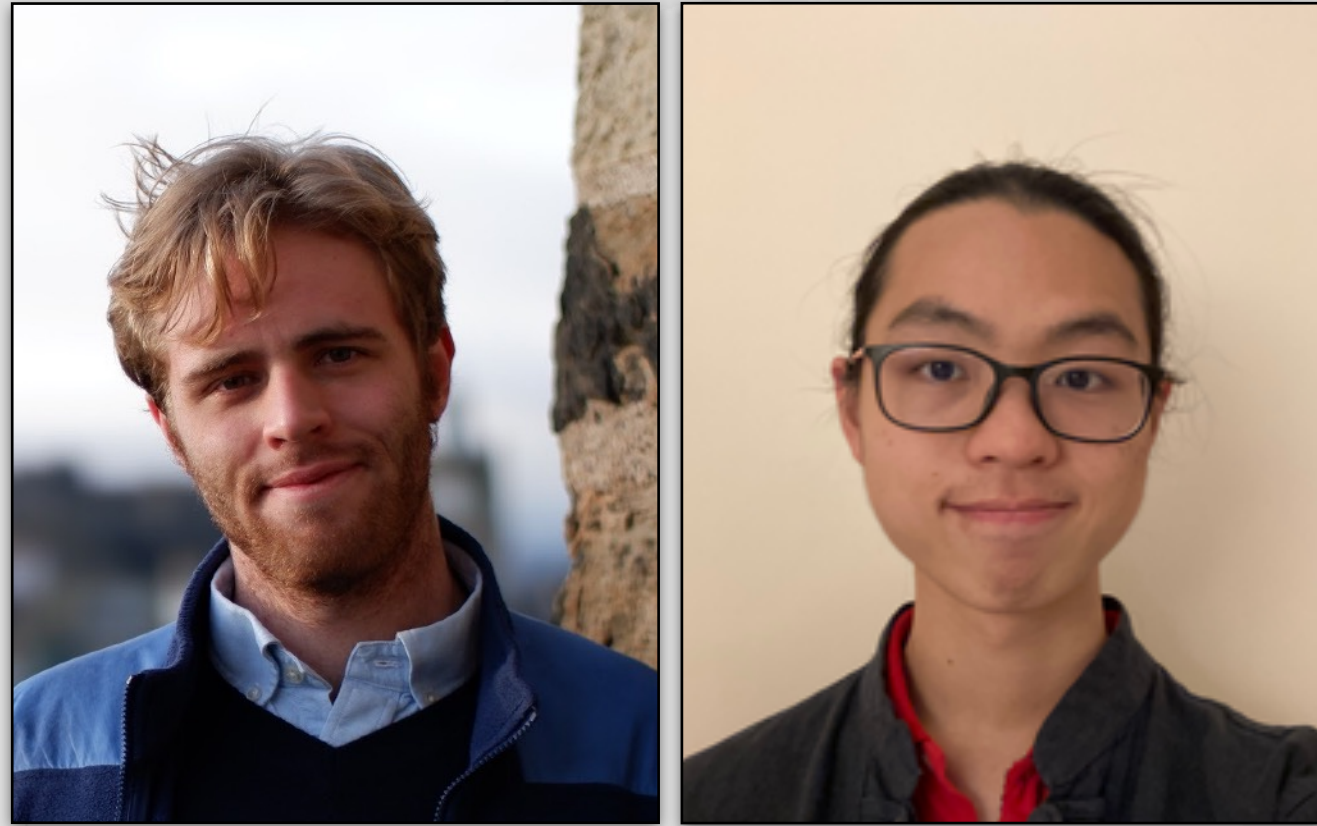
Anomalous thermal relaxation of physical systems

Nonequilibrium shortcuts
to thermal relaxation

Marija Vucelja
University of Virginia

Anomalous Thermal Relaxations of Physical Systems

Graduate students



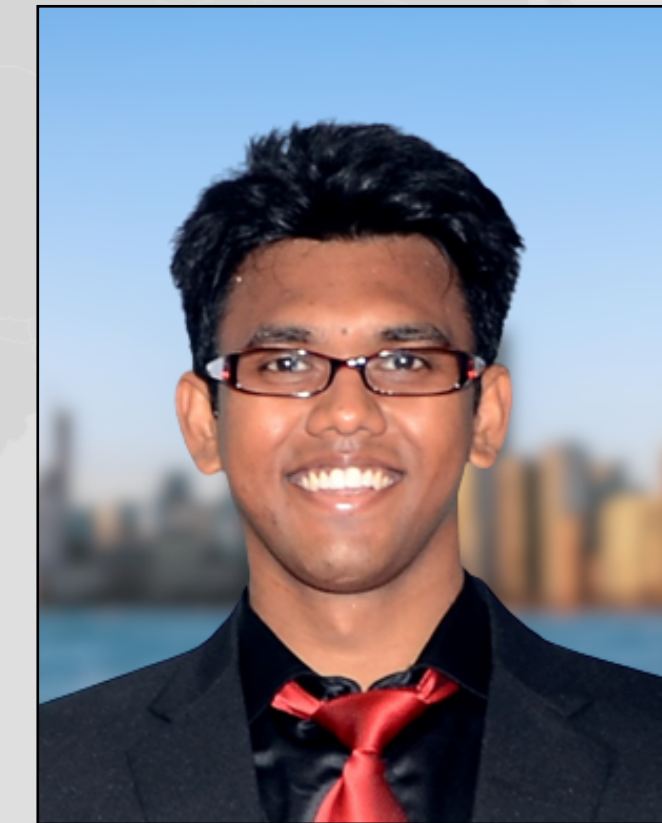
Matthew R. Walker

Gene Chen

Undergraduate alumni

Olivia Goodrich
Matthew R. Walker
Austin Chen
Nicholas Clifford
Jacob Goudeau
Peter Manto

Graduate alumni



Saikat Bera

Publications in this talk

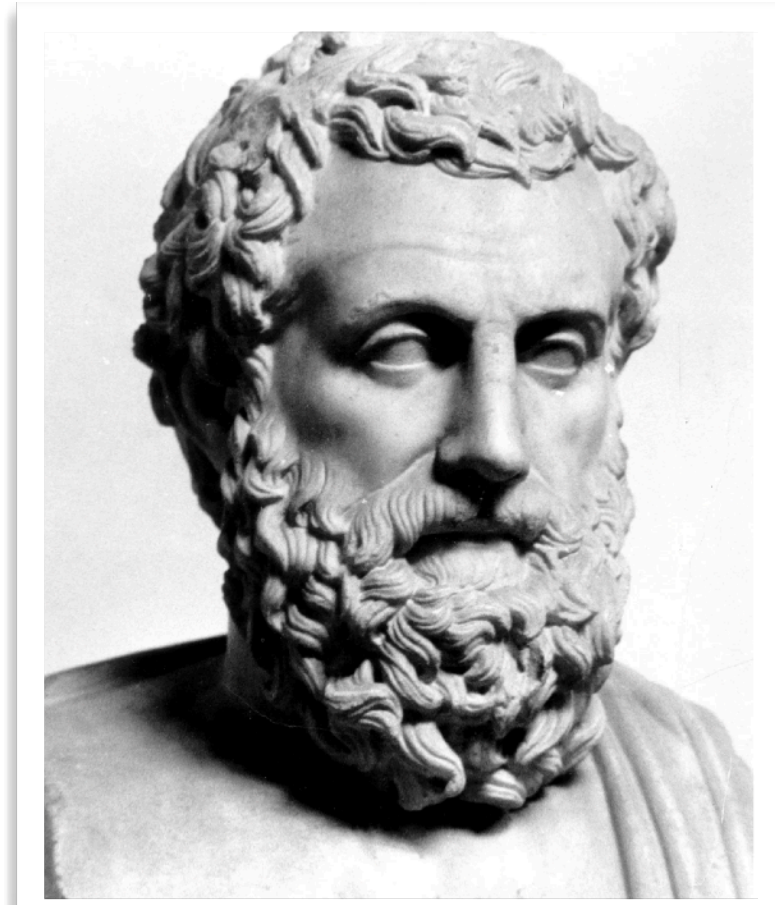
S. Bera, M. R. Walker, & MV, arXiv: 2308.04557
M. R. Walker, S. Bera & MV, arXiv:2307.16306
M. R. Walker & MV, arXiv:2022.07496 (under review in PRL)
M. R. Walker & MV, J. Stat. Mech., 2021
I. Klich, O. Raz, O. Hirschberg, & MV, PRX, 2019
MV, O. Raz, J. Bechhoefer, A. Lasanta & G. Teza, Phys. Reports (to appear)



This material is based upon work supported by the NSF under Grant No. DMR-1944539.

The phenomenon

Water



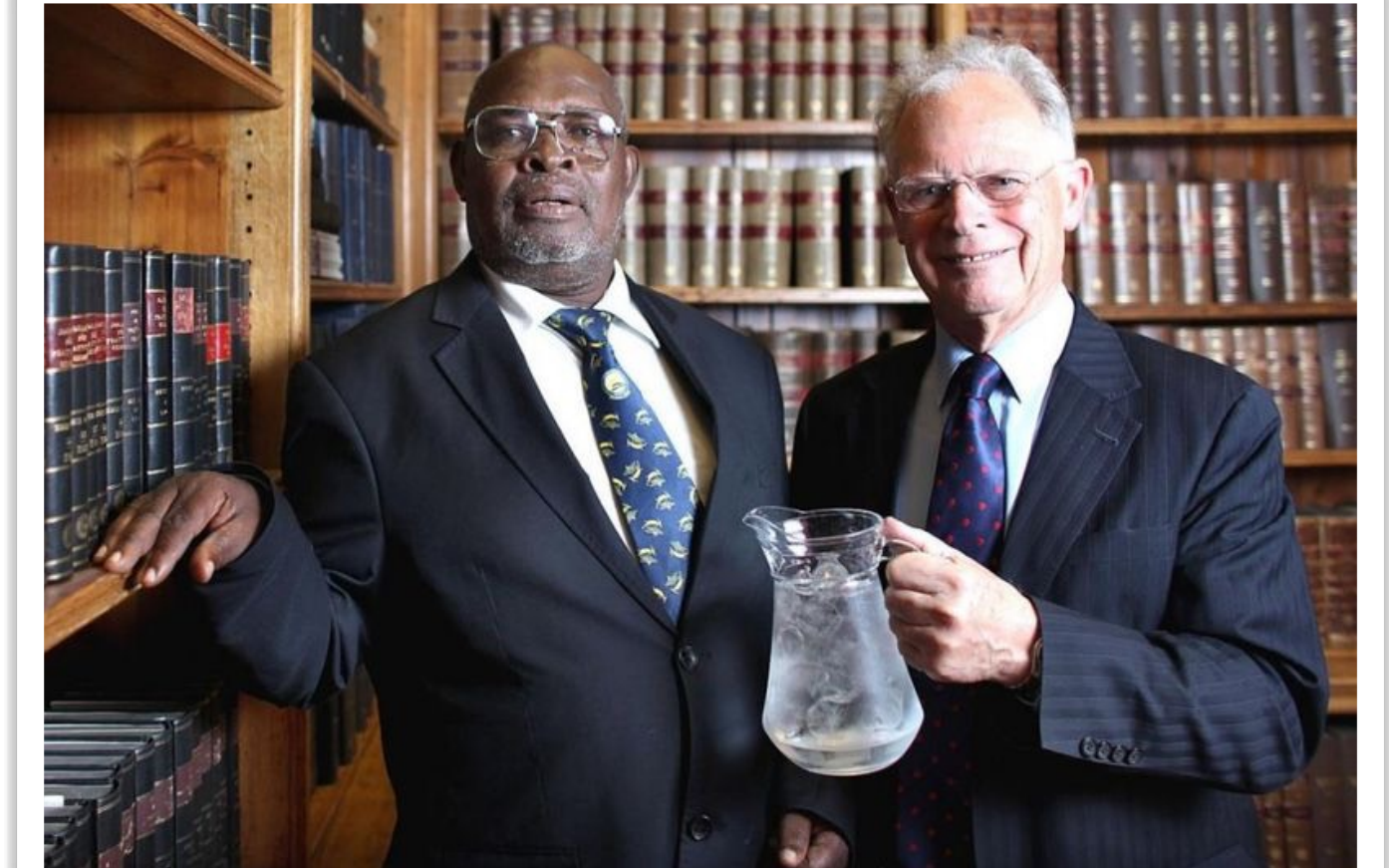
Aristotle



Francis Bacon



René Descartes



Erasto Mpemba and Denis Osborne

"The fact that water has previously been warmed contributes to its freezing quickly; for so it cools sooner. Hence many people, when they want to cool hot water quickly, begin by putting it in the sun. . . ."

"slightly tepid water freezes more easily than that which is utterly cold."

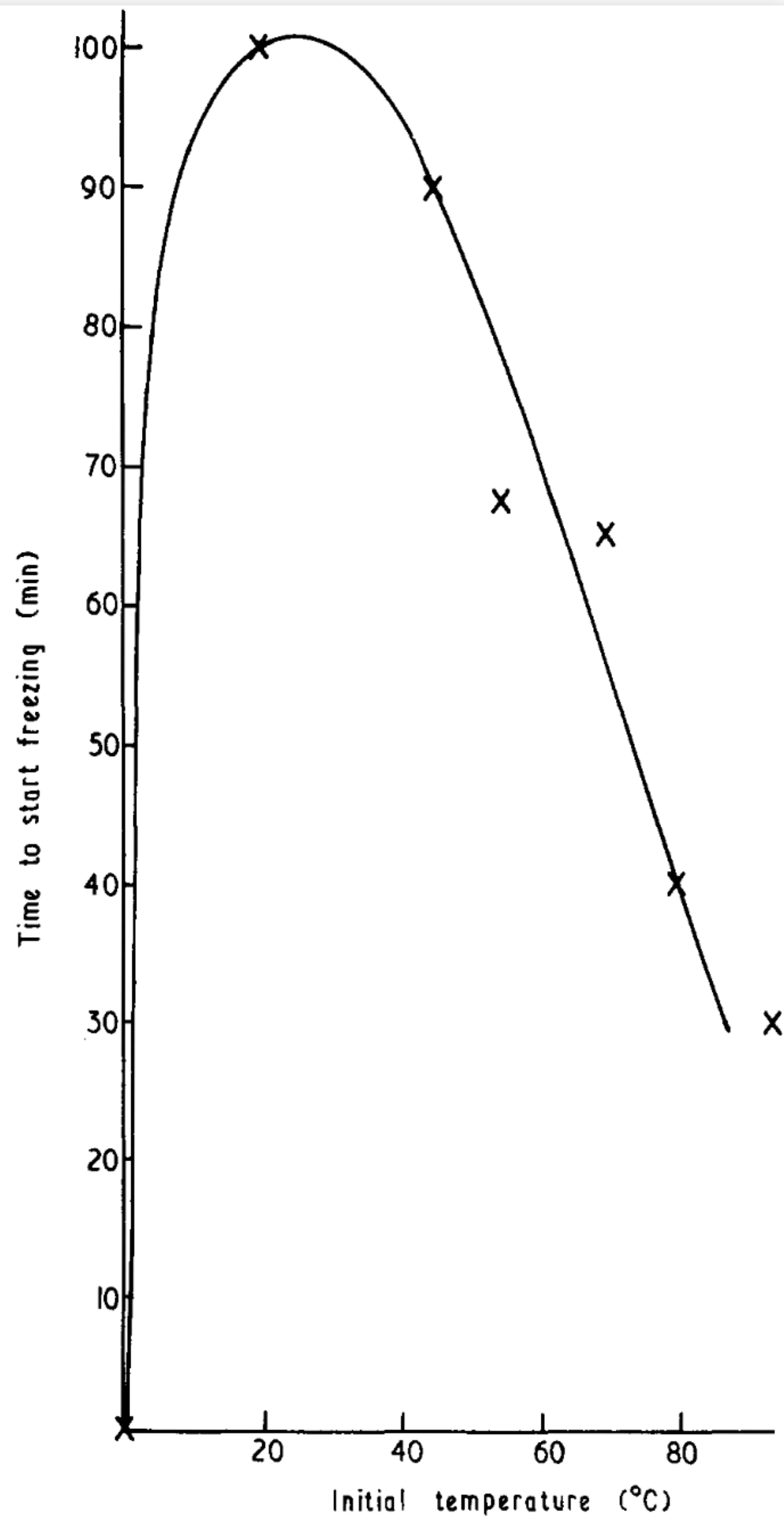
"One can see by experience that water that has been kept on a fire for a long time freezes faster than other, the reason being that those of its particles that are least able to stop bending evaporate while the water is being heated."

Mpemba B. E. & Osborne D. Phys. Edu., 1969



1963 Mpemba observes the effect while making ice cream

Mpemba B. E. & Osborne D. Phys. Edu., 1969



Cool?

E B Mpemba† and D G Osborne‡

† College of African Wildlife Management
Moshi Tanzania

‡ University College Dar es Salaam
Tanzania

The question

My name is Erasto B Mpemba, and I am going to tell you about my discovery, which was due to misusing a refrigerator. All of you know that it is advisable not to put hot things in a refrigerator, for you somehow shock it; and it will not last long.

Time to start freezing as a function of initial sample temperature

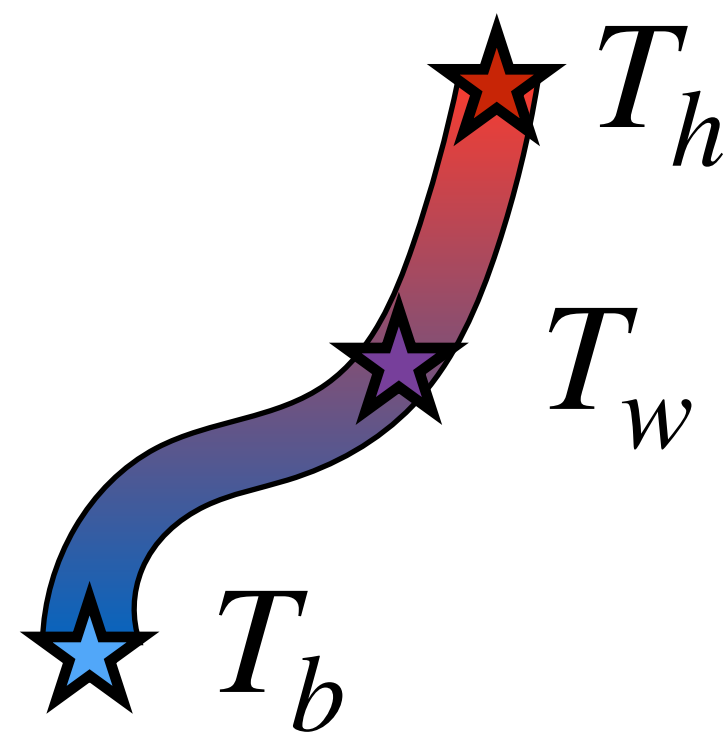
70 cm³ of water in 100 cm³ Pyrex beakers in a domestic freezer chest insulation on bottom and side — all loss from the top
pre-boiling (eliminates dissolved gasses)

Mpemba effect

inspired by Mpemba's water experiments

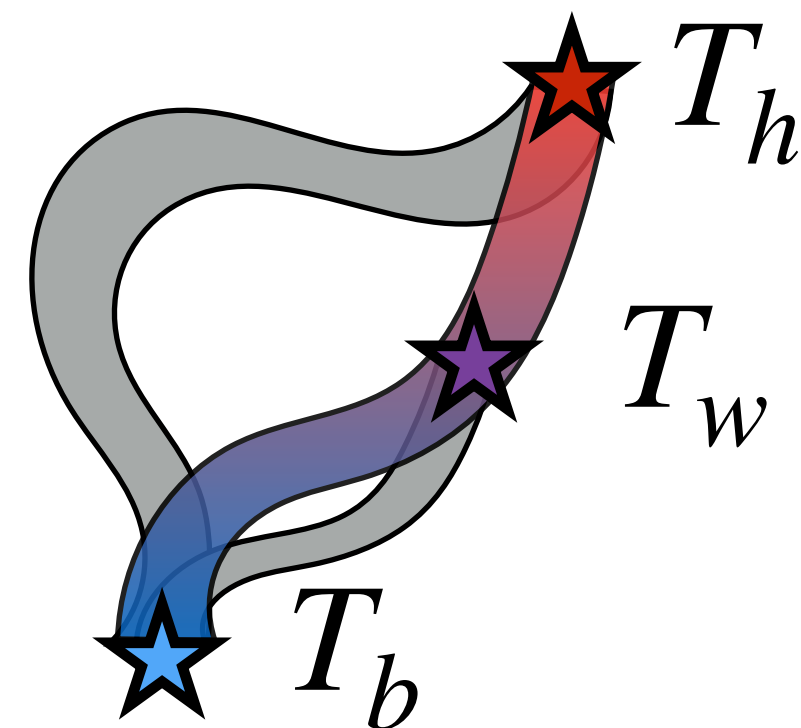
Cooling: Identical systems prepared at T_h and T_w , and coupled to a bath with T_b

$$T_h \geq T_w \geq T_b$$



quasistatic

along the trajectory a system is always close to a equilibrium



quench

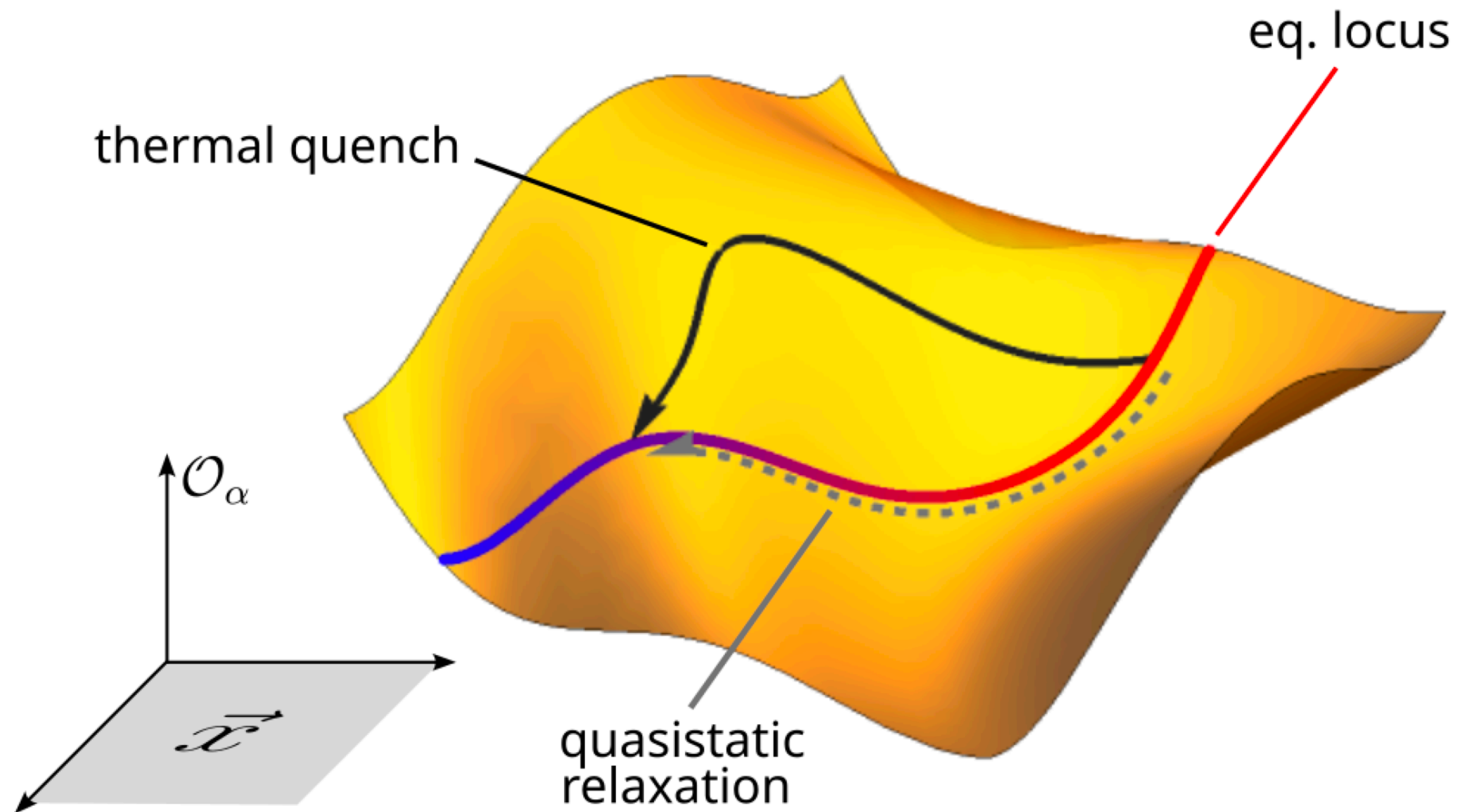
along the trajectory the system generically is out of equilibrium

Mpemba effect

System prepared at T_h “overtakes” the system prepared at T_w and “cools down faster” to T_b

Heating - analog effect: Z. Lu & O. Raz, PNAS 2016; A. Kumar, R. Chétrite, & J. Bechhoefer, PNAS 2022

Thermal quench



$\mathcal{O}(\vec{x})$ observable

review: MV, O. Raz, J. Bechhoefer, A. Lasanta & G. Teza, *Phys. Reports* (to appear)

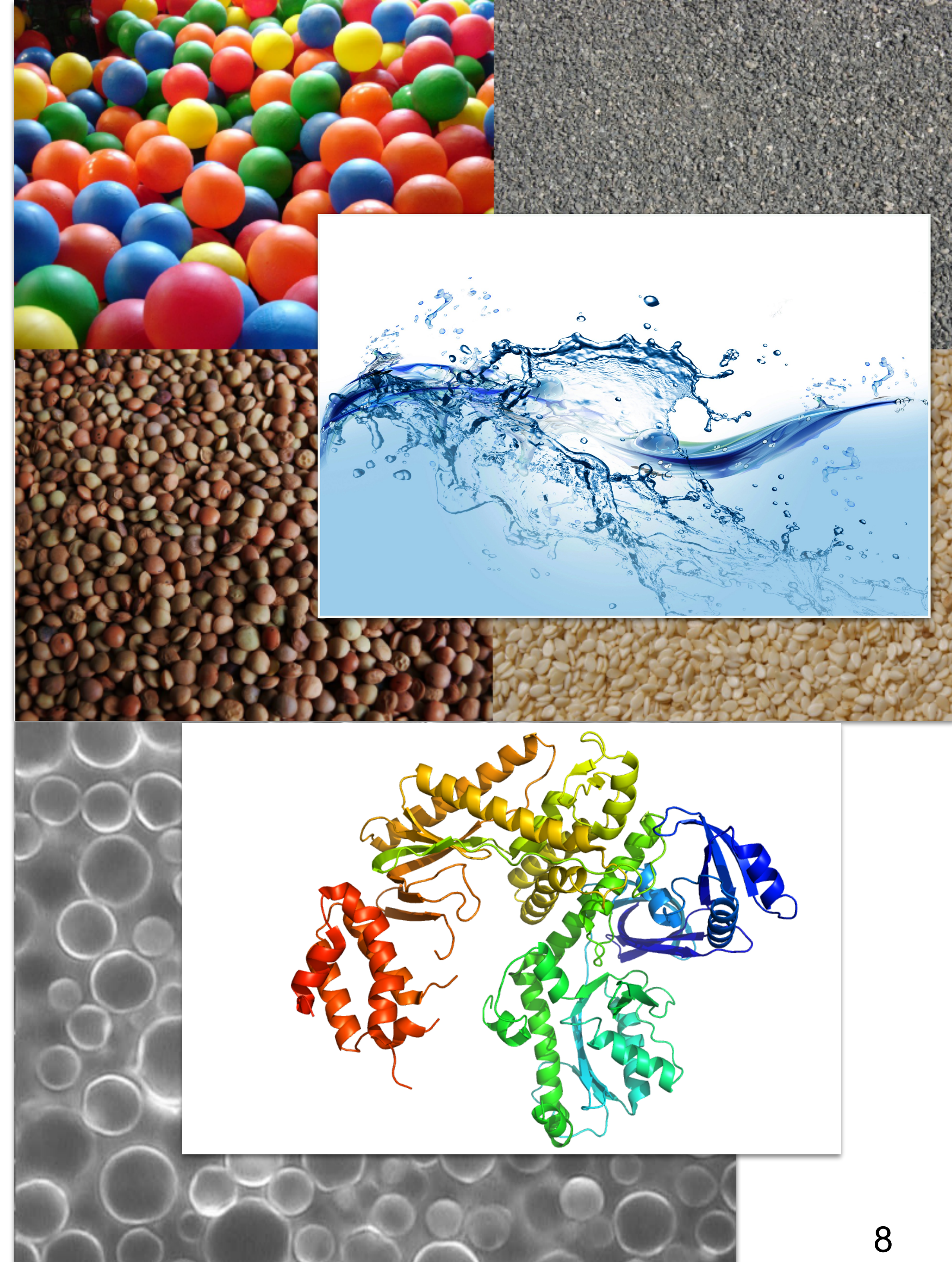
Observations

Experiment

water
clathrate hydrates
granular fluids
colloids in optical lattices
polymers
magnetic alloys
qubits

Numerics

granular fluids
spin glasses
polymers
quantum systems
nanotube resonators
cold gasses
magnetic systems
systems with no equipartition
molecular dynamics of water molecules
molecular gasses



With water: it is complicated



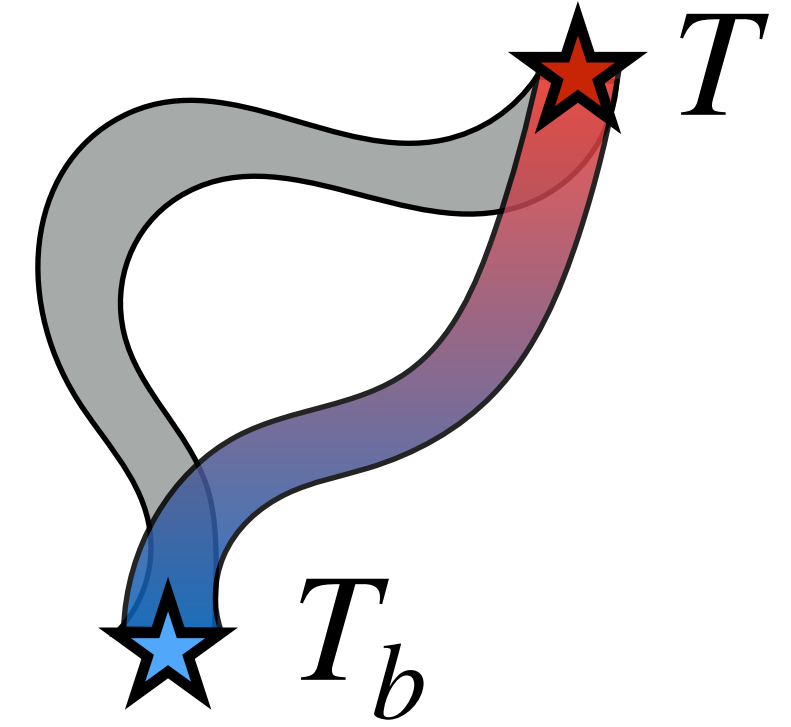
How to think about the Mpemba effect?

General physical system: relaxation dynamics

mathematical description

Master eq.

$$\partial_t \mathbf{p} = R \mathbf{p}$$



$p_x(t)$ probability of the system to be at a phase space point x at time t

R relaxation rate matrix

Detailed Balance

$$R_{xy} \pi_y^{T_b} = R_{yx} \pi_x^{T_b}$$

Boltzmann distribution: $\pi_x^{T_b} \propto e^{-\beta_b E_x}$

equilibration: $\lim_{t \rightarrow \infty} \mathbf{p}(t) = \boldsymbol{\pi}^{T_b}$

initial condition: $\mathbf{p}(t = 0) = \boldsymbol{\pi}^T$

(details will depend on the system: Liouville eq., Fokker-Planck eq., Master eq.)

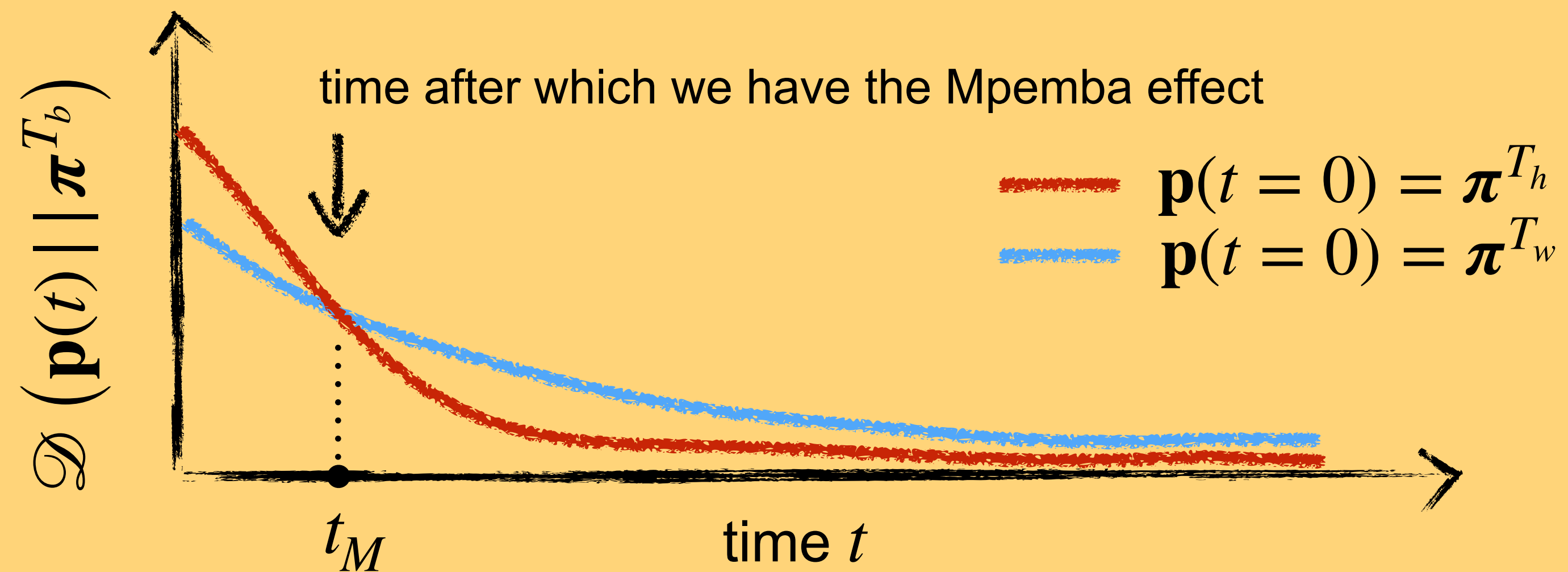
How to measure the effect?

A measure of how close the system is to equilibrium

Kullback-Leibler divergence

$$\mathcal{D}(\mathbf{p}(t) || \boldsymbol{\pi}^{T_b}) \equiv \sum_x p_x \ln \left(\frac{p_x}{\pi_x^{T_b}} \right) = \Sigma(\infty) - \Sigma(t)$$

$\Sigma(t)$ total amount of entropy produced at t



Eigenvalue problem

relaxation rate matrix $R(T_b)$

$$R \mathbf{v}_\mu = \lambda_\mu \mathbf{v}_\mu \quad \mathbf{u}_\mu R = \lambda_\mu \mathbf{u}_\mu$$

$$\lambda_1 = 0 > \lambda_2 \geq \lambda_3 \geq \dots$$

$$\mathbf{p}(t) = \boldsymbol{\pi}^{T_b} + \sum_{\mu>1} a_\mu \mathbf{v}_\mu e^{\lambda_\mu t}$$

$$a_\mu(T, T_b) = \frac{\mathbf{u}_\mu \cdot \boldsymbol{\pi}^T}{\mathbf{u}_\mu \cdot \mathbf{v}_\mu}$$

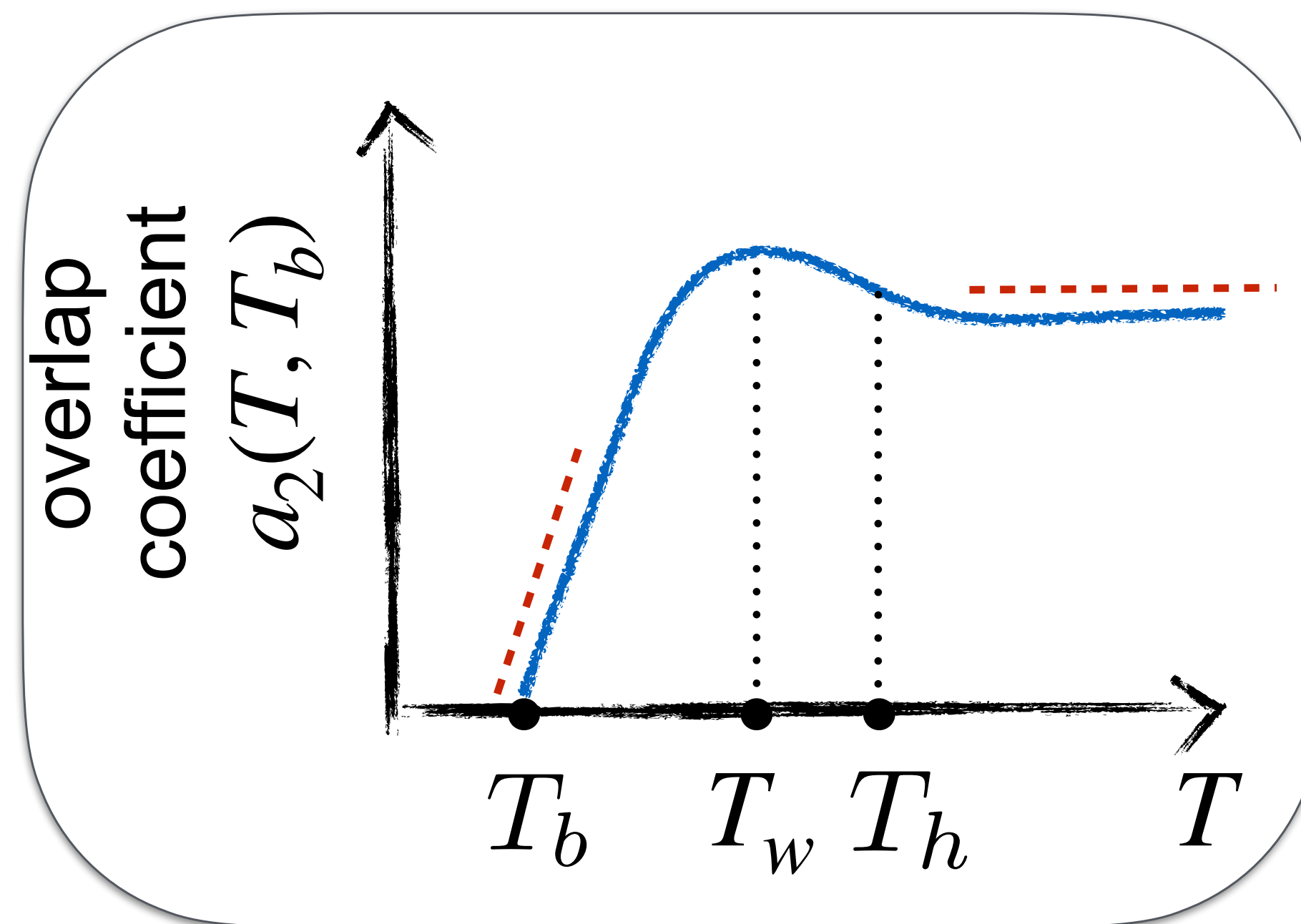
initial condition $\boldsymbol{\pi}^T$

assumption: $\lambda_2 > \lambda_3$

long time limit: $\mathbf{p}(t) \approx \boldsymbol{\pi}^{T_b} + a_2 \mathbf{v}_2 e^{\lambda_2 t}$

Mpemba effect condition: $|a_2(T_h)| < |a_2(T_w)|$

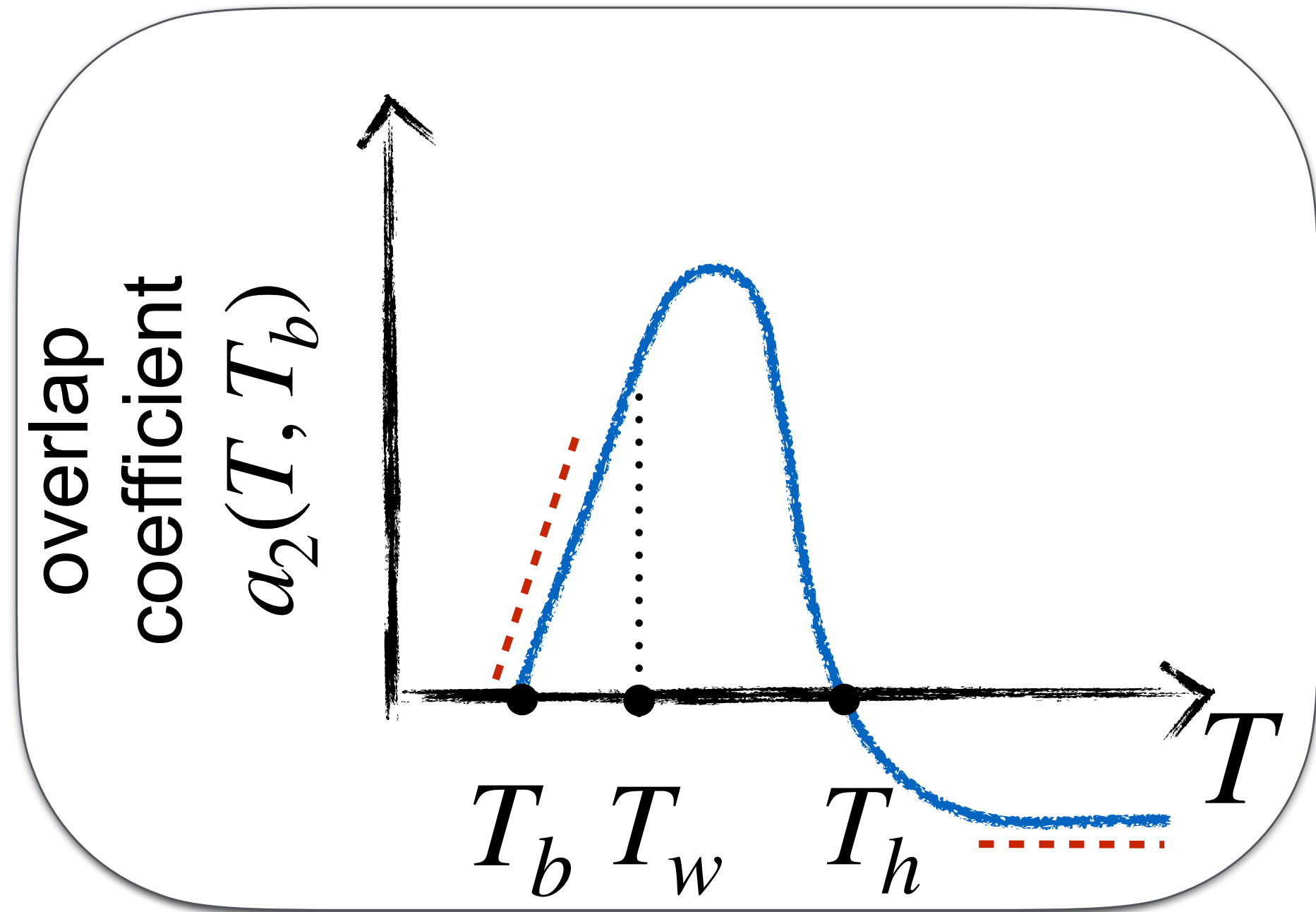
Z. Lu & O. Raz, PNAS 2016



Our questions

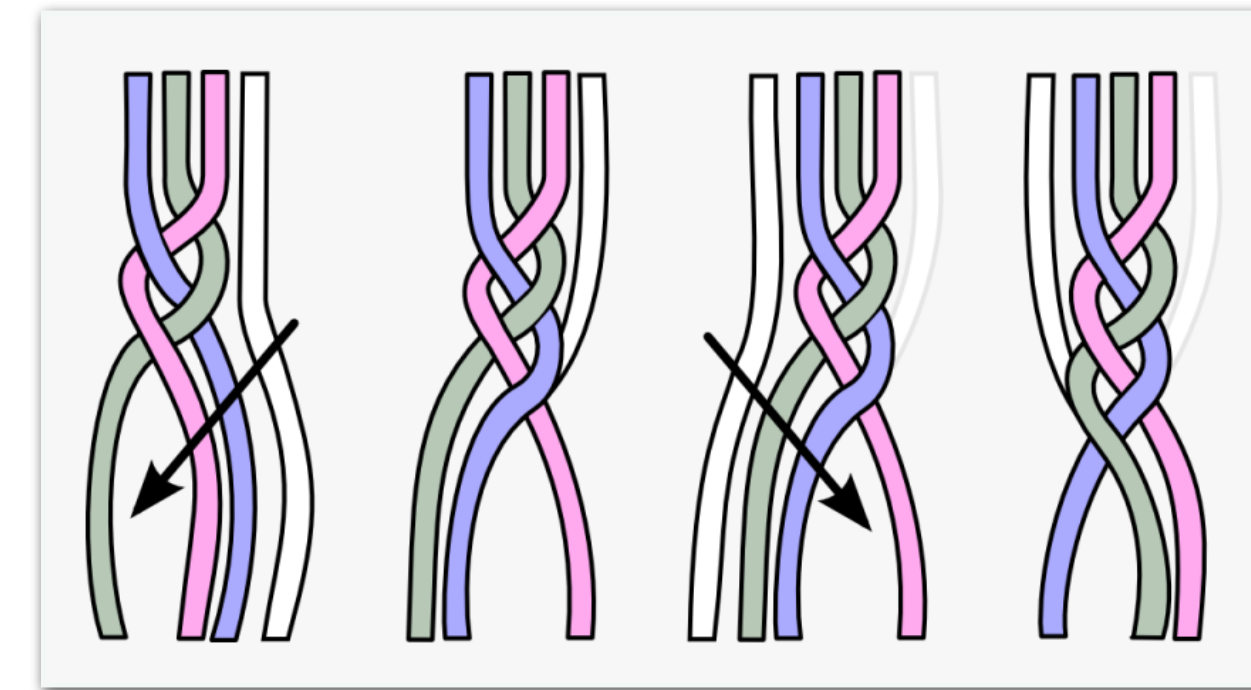
- How often does the effect happen?
Why should we care?
- Does the effect happen in thermodynamic limit?
Or is it a finite size effect?
- Intuition
When does the Mpemba effect happen?

New regime — exponential faster cooling



- relaxation time shortens from $-\lambda_2^{-1}$ to $-\lambda_3^{-1}$

- topological properties



Israel Klich



Oren Raz
WIS



Ori Hirschberg
NYU

STRONG MPEMBA EFFECT

theoretical prediction *I. Klich, O. Raz, O. Hirschberg, & MV, PRX, 2019*

first experimental observation *Kumar A. & Bechhoefer J., Nature, 2020*

How often does the effect happen?

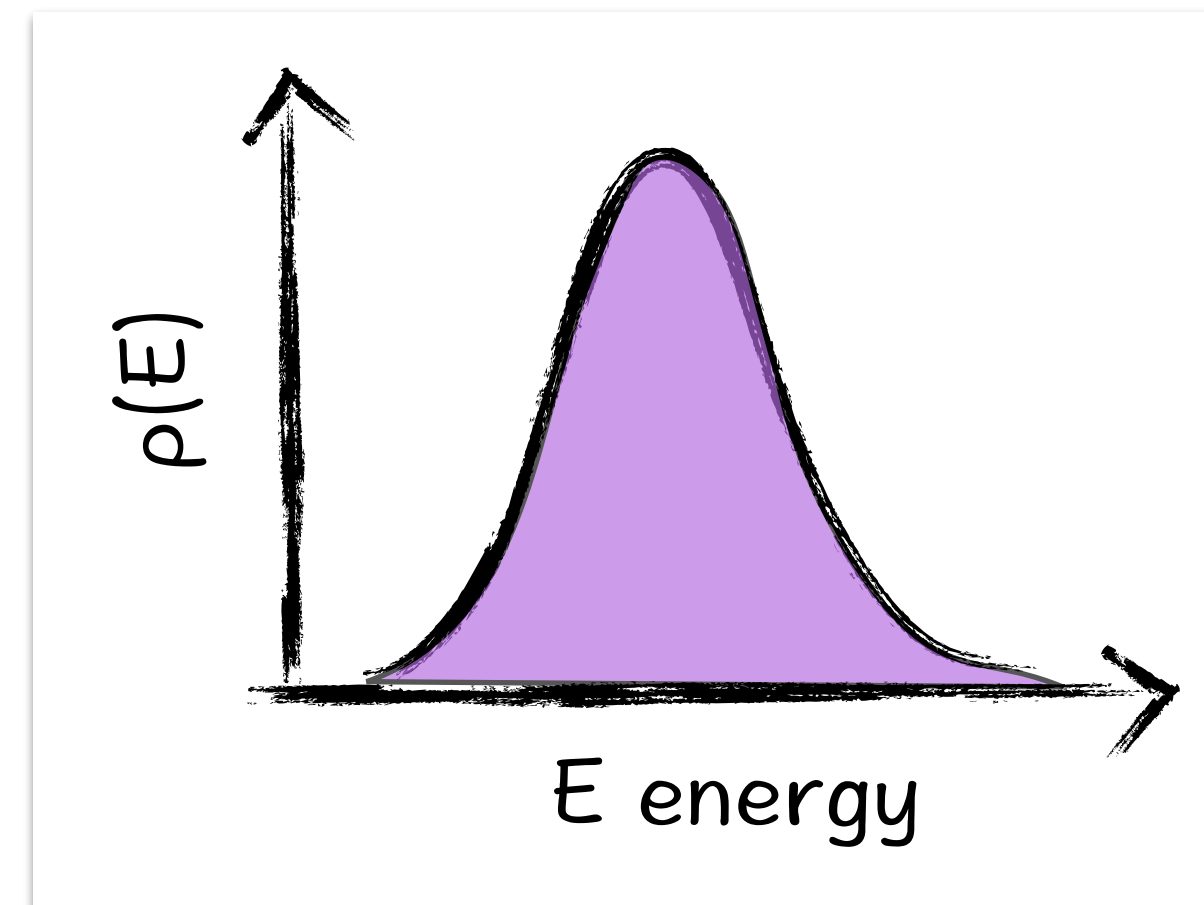
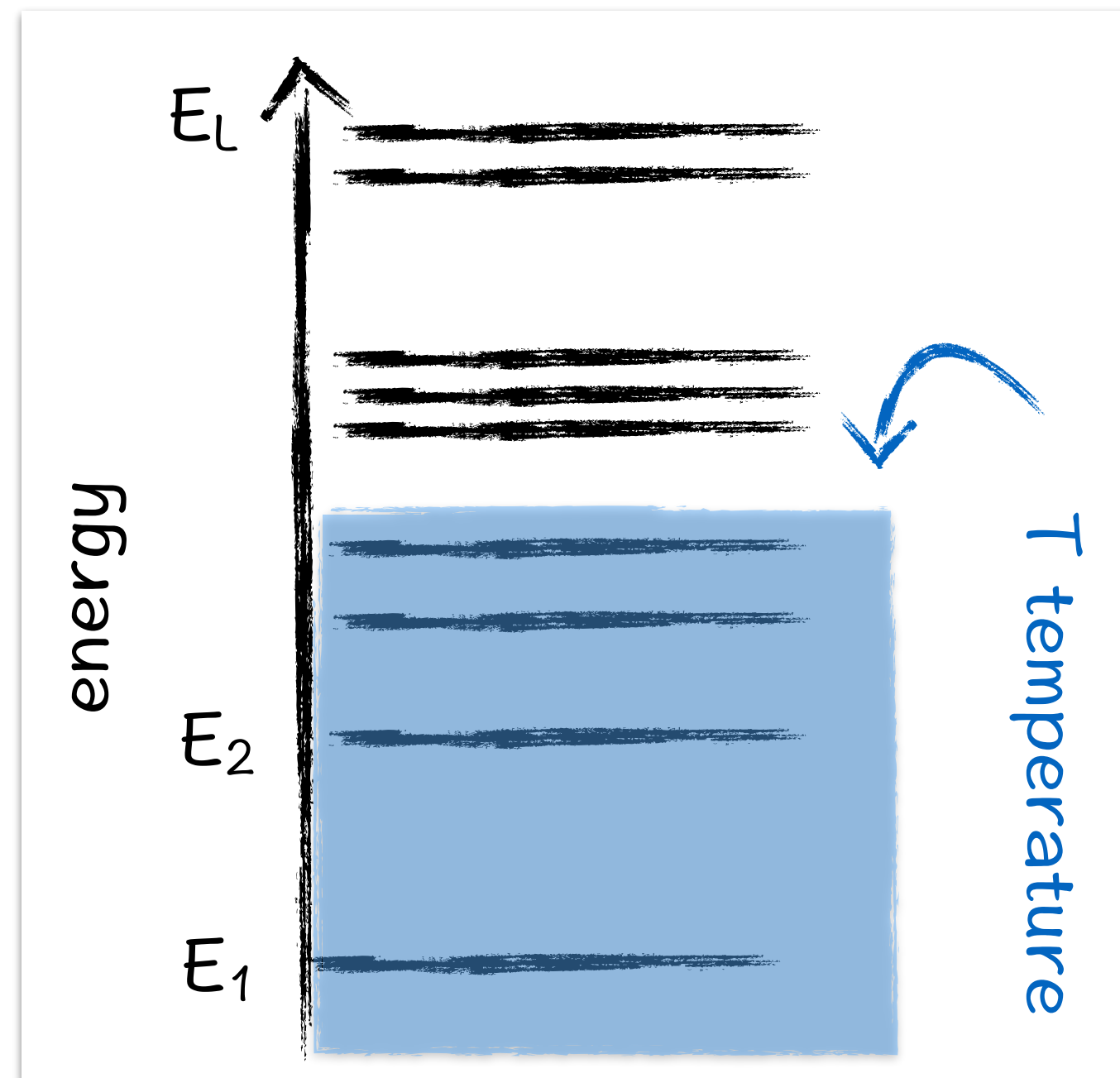
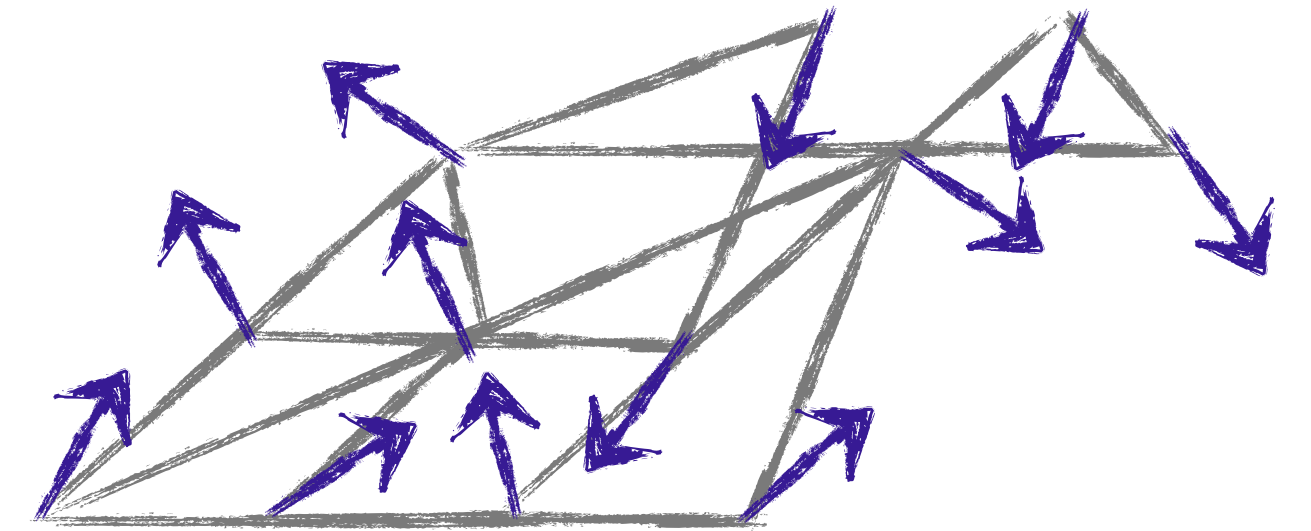
Why should we care?

Random Energy Model

B. Derrida 1981; D. Gross & M. Mezard, 1984

simple model of a disordered system

spin glass
disordered
spins with
often
frustrated
interactions



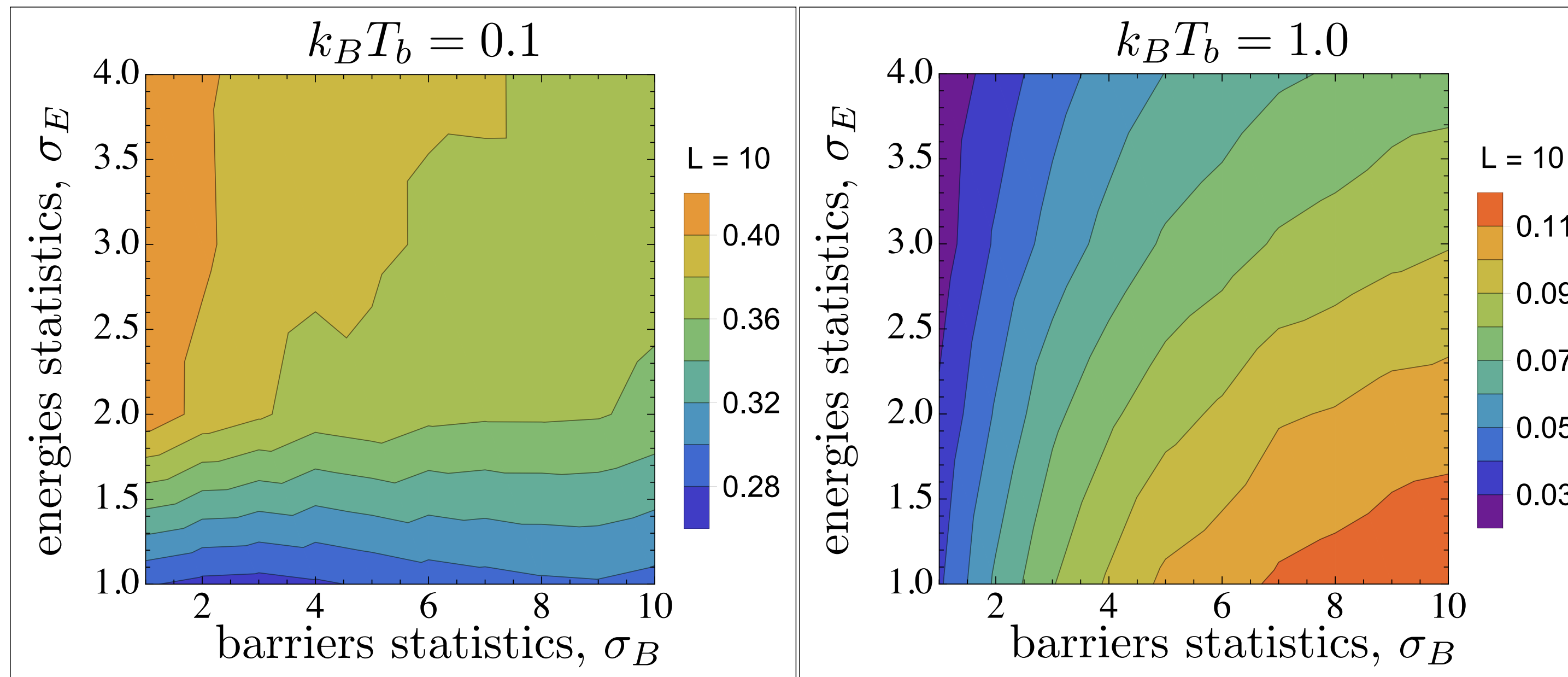
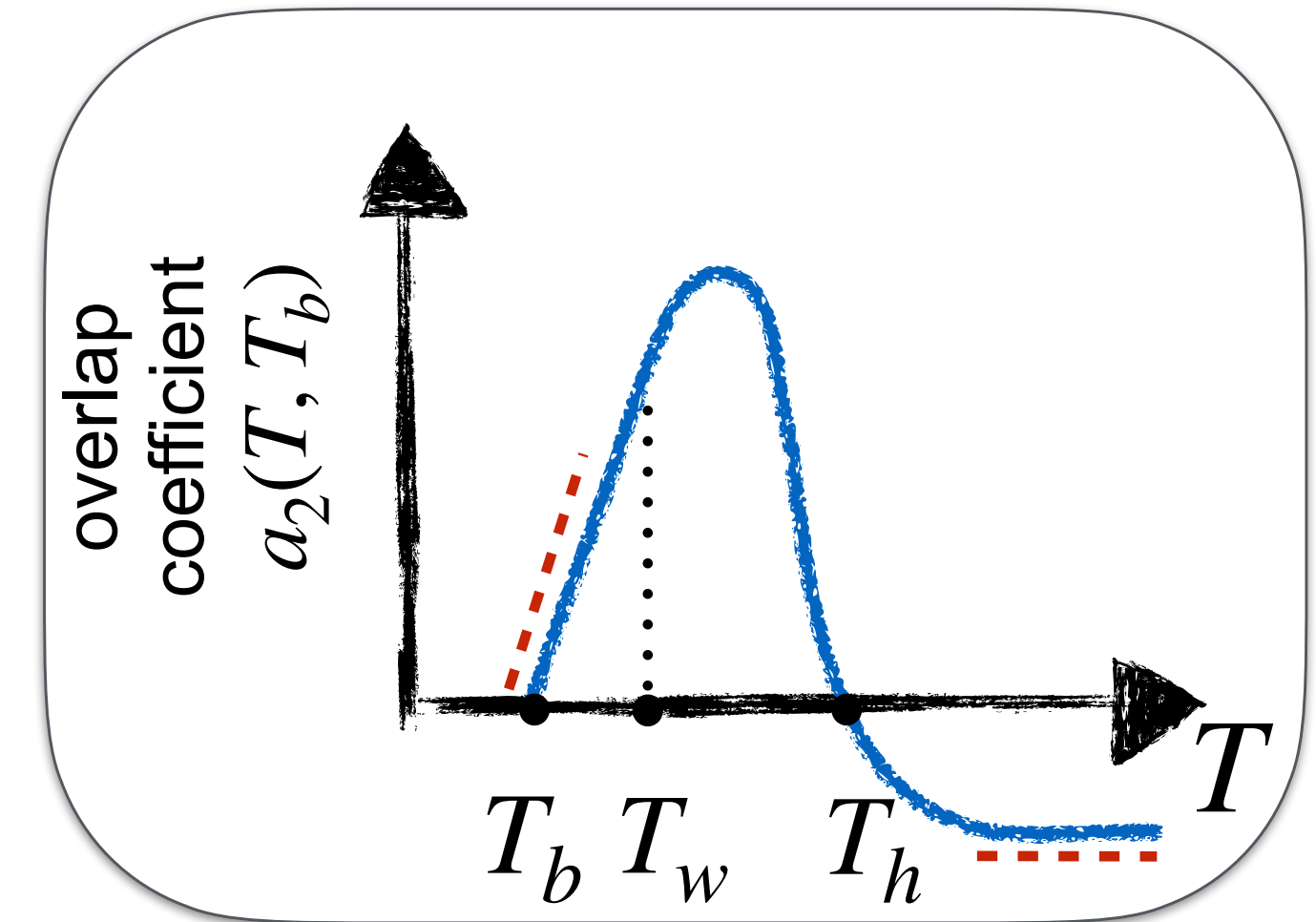
- energies $\{E_i\}$ — random variables drawn from $\rho(E)$
- “sample” — a particular realization

Likelihood of the Mpemba effect in Random Energy Model

$$R_{ij} \propto e^{-\beta_b(B_{ij}-E_j)}$$

energies E_j and “barriers” B_{ij}

Lower bound for the Mpemba effect: $\text{Prob} \left(-\partial_T a_2 \big|_{T=T_b} a_2(T = \infty) > 0 \right)$



each point is averaged over 10^5 realizations, number of levels: $L = 10$,
 energies E_j and “barriers” B_{ij} chosen from distributions $\mathcal{N}(0, \sigma_E^2)$ and
 $\mathcal{N}(0, \sigma_B^2)\theta(B_{ij})$

Dauntingly hard disorder to average over barriers

rate matrix:

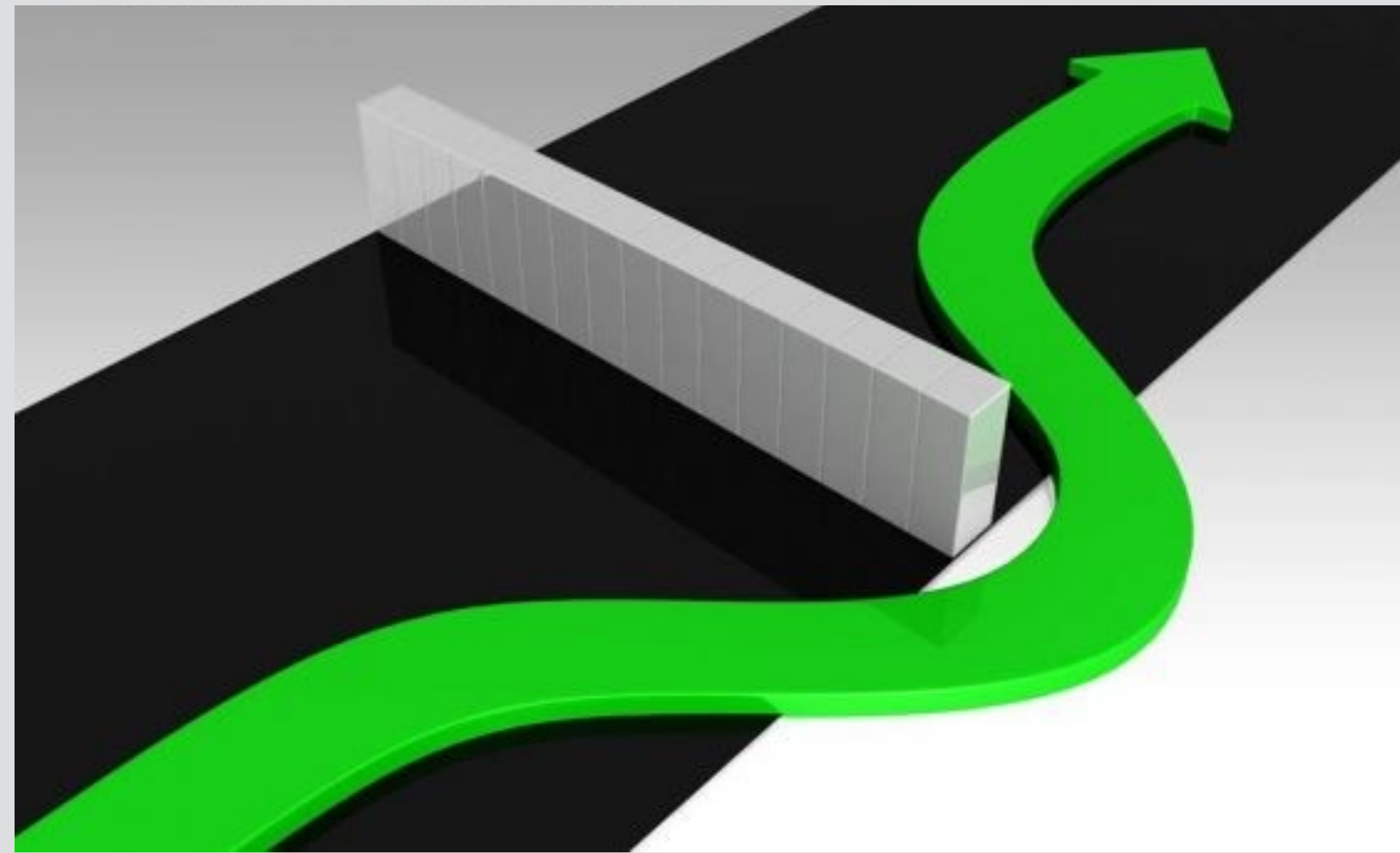
$$R_{ij}e^{-\beta_b E_j} = R_{ji}e^{-\beta_b E_i}$$

$$R_{ij} = \begin{cases} e^{-\beta_b(B_{ij}-E_j)} & i \neq j \\ -\sum_{k \neq j} R_{kj} & i = j \end{cases}$$

$$B_{ij} = B_{ji}$$

One needs to know the 2nd eigenvector
of $R(T_b)$ for an ensemble of B_{ij}

However, we can try something
ORTHOGONAL!



2nd eigenvector candidate:

$$\vec{f}_2(\vec{X}) = \vec{X} - \frac{\vec{X} \cdot \vec{f}_1}{\|\vec{f}_1\|^2} \vec{f}_1$$

random vector \vec{X} with x_i iid Gaussian

Strong Mpemba effect - at least two zeros of a_2

$$a_2(T) = \frac{\vec{f}_2 \cdot F^{1/2} \vec{\pi}(T)}{\vec{f}_2 \cdot \vec{f}_2}$$

estimating the lower bound for the Mpemba Index

$$-\partial_T a_2 \big|_{T=T_b} a_2(T = \infty) \propto (\vec{X} \cdot \vec{u})(\vec{X} \cdot \vec{w})$$

\vec{u}, \vec{w} depend on energy levels only

Averaging over random vectors \vec{X} with Gaussian

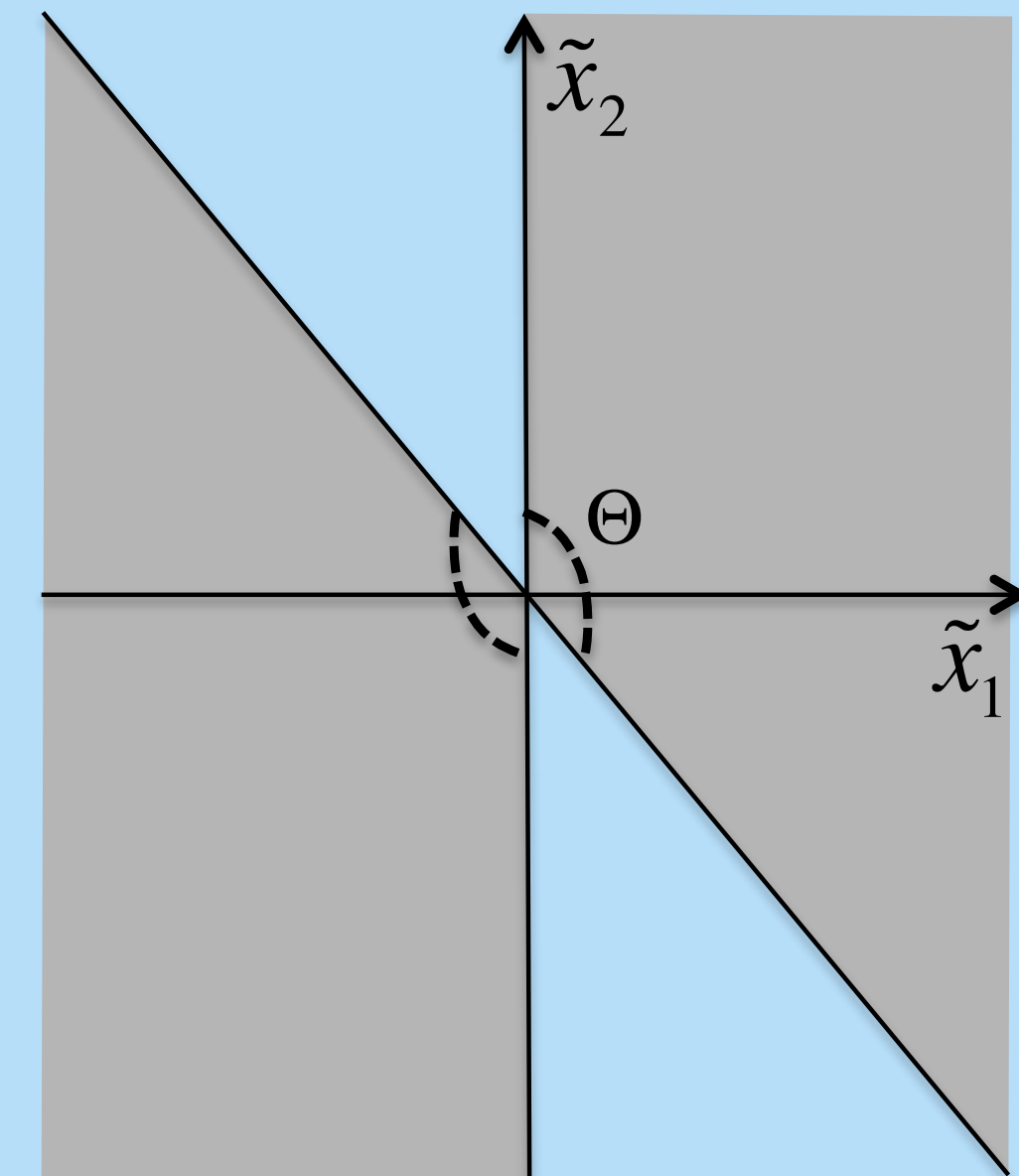
Isotropic ensemble

$$X = \tilde{x}_1 u + \tilde{x}_2 \frac{w - \frac{(u \cdot w)}{\|u\|^2} u}{\sqrt{\|w\|^2 - \frac{(w \cdot u)^2}{\|u\|^2}}} + \text{orthogonal terms to } u, w$$

$$\text{Prob} ((X \cdot u) (X \cdot w) > 0) =$$

$$\text{Prob} (\tilde{x}_1^2 (u \cdot w) + \tilde{x}_1 \tilde{x}_2 |u \cdot w| K > 0)$$

$$K \equiv \sqrt{\frac{\|u\|^2 \|w\|^2}{(w \cdot u)^2} - 1}$$



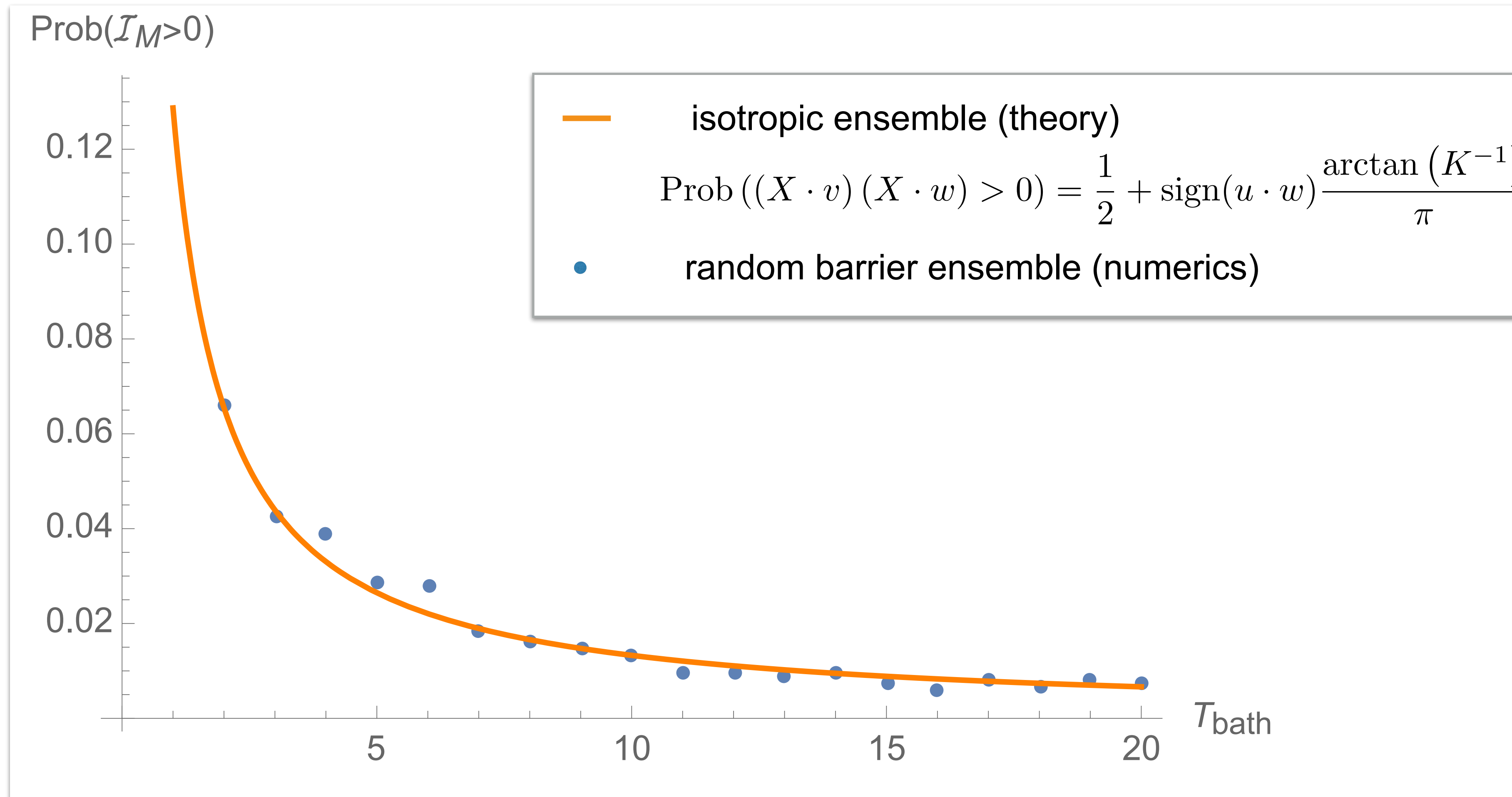
the grey area over the total area:

$$\text{Prob} ((X \cdot v) (X \cdot w) > 0) = \frac{1}{2} + \text{sign}(u \cdot w) \frac{\arctan(K^{-1})}{\pi}$$

Probability of the strong Mpemba effect

a particular energy realization, $n=10$ energy levels,

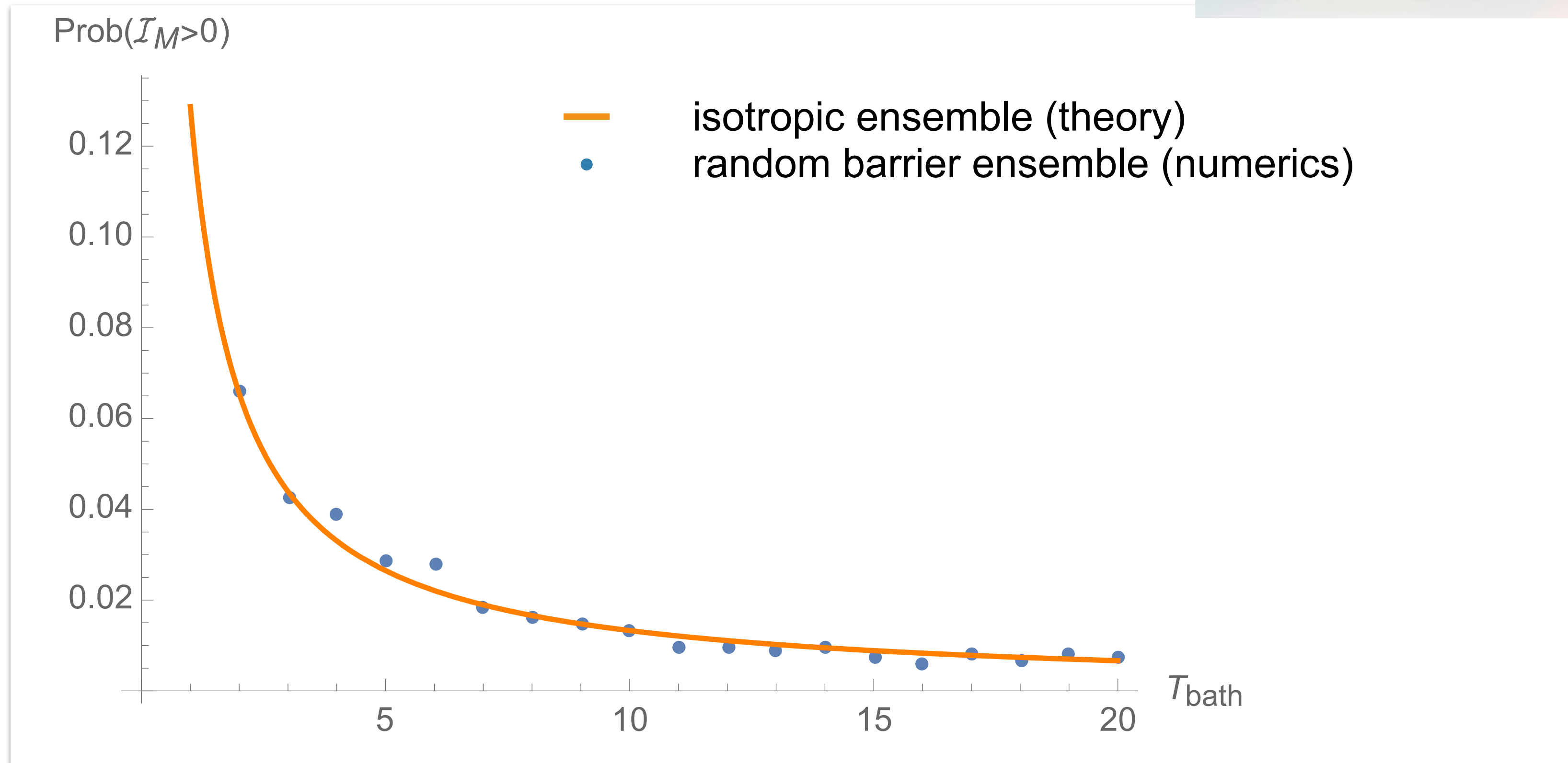
(random barriers with $N(0,25)$, each point 4000 realizations)



works well: pdf of barriers is wider than pdf of energies, T higher than energy spread

Note!

two very different ensembles, yet they match well in not-so-low T range, for wide barrier distribution.



large T limit: $\text{Prob}(\mathcal{I}_M > 0) \sim \frac{C_E}{T_b}$

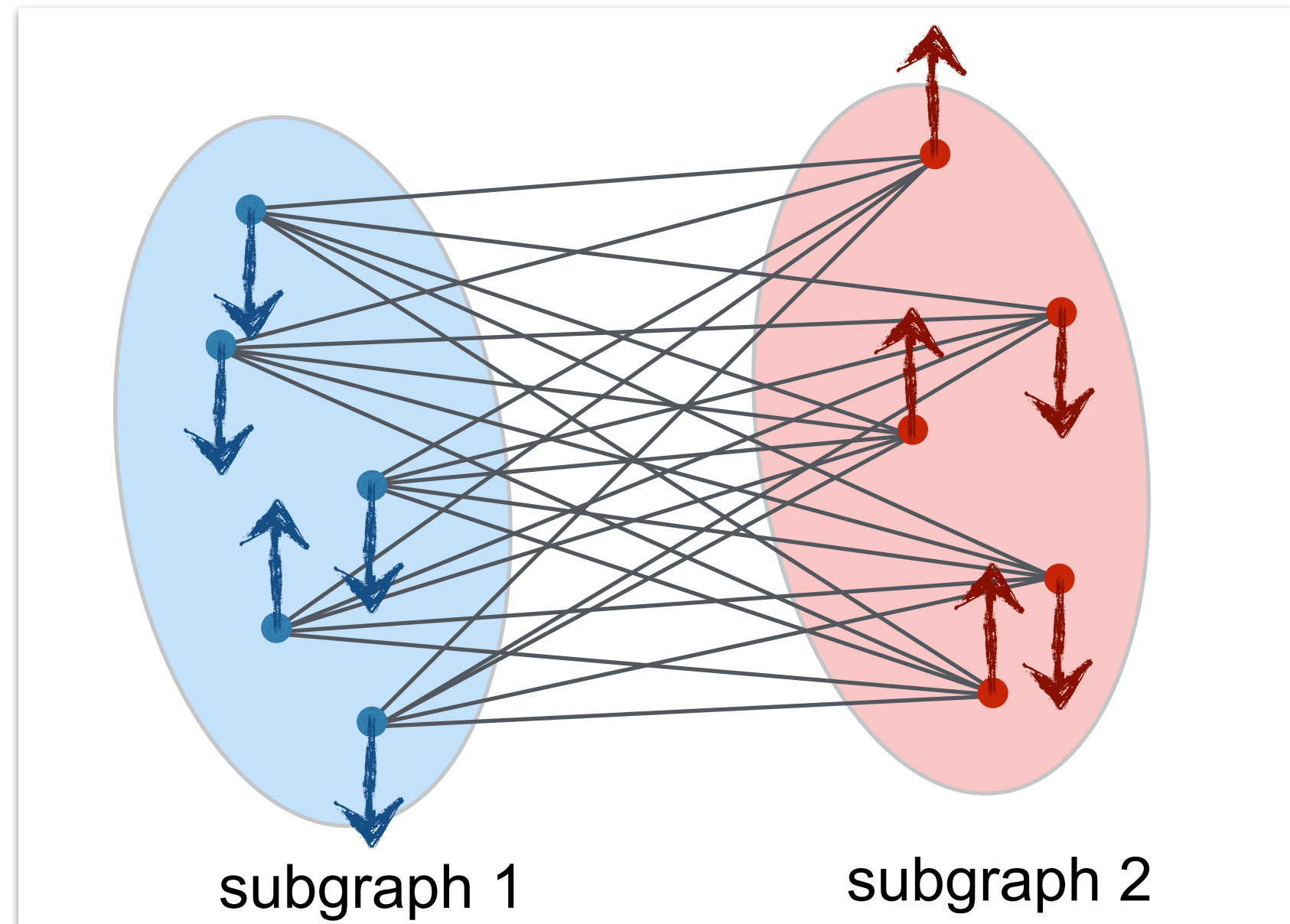
$$C_E = \frac{1}{\pi|\overline{E^2} - \overline{E^2}|} \left(8\overline{E^6} - 24\overline{E^4}\overline{E^2} + 20\overline{E^2}\overline{E^2}^2 - 5\overline{E^2}^3 + 4\overline{E^3}\overline{E^3} - 2\overline{E}\overline{E^2}\overline{E^3} - \overline{E^3}^2 - \overline{E^2}\overline{E^4} + \overline{E^2}\overline{E^4} \right)^{1/2}$$

Does the effect happen in thermodynamic limit?

Or is it a finite size effect?

Mean field antiferromagnet

N Ising spins (states ± 1)



Hamiltonian

$$\mathcal{H}(x_1, x_2) = -\frac{N}{2} [Jx_1x_2 + \mu H(x_1 + x_2)]$$

H magnetic field

$J \equiv -1$ interaction strength

$\mu \equiv 1$ magnetic moment

x_i magnetization on subgraph i

Glauber dynamics

- choose a spin at random
- only transitions to neighboring states are allowed

$$R^{u_1}(x_1, x_2) = \frac{1 - x_1}{2 [1 + e^{-2\beta_b(x_2 + H)}]} \quad \text{flip a spin up in subgraph 1}$$

$$R^{u_2}(x_1, x_2) = \frac{1 - x_2}{2 [1 + e^{-2\beta_b(x_1 + \mu H)}]} \quad \text{flip a spin up in subgraph 2}$$

$$R^{d_1}(x_1, x_2) = \frac{1 + x_1}{2 [1 + e^{2\beta_b(x_2 + \mu H)}]} \quad \text{flip a spin down in subgraph 1}$$

$$R^{d_2}(x_1, x_2) = \frac{1 + x_2}{2 [1 + e^{2\beta_b(x_1 + H)}]} \quad \text{flip a spin down in subgraph 2}$$

Mpemba effect phase diagram for the antiferromagnet

I. Klich, O. Raz, O. Hirschberg, & MV, PRX, 2019

$$\mathcal{F}_M^h = \# \text{ of zeros below } T_b$$

$$\mathcal{F}_M^c = \# \text{ of zeros above } T_b$$

○ No effect

● Weak effect cooling & no effect heating,

● Strong effect heating $\mathcal{F}_M^h = 1$ & Weak effect cooling

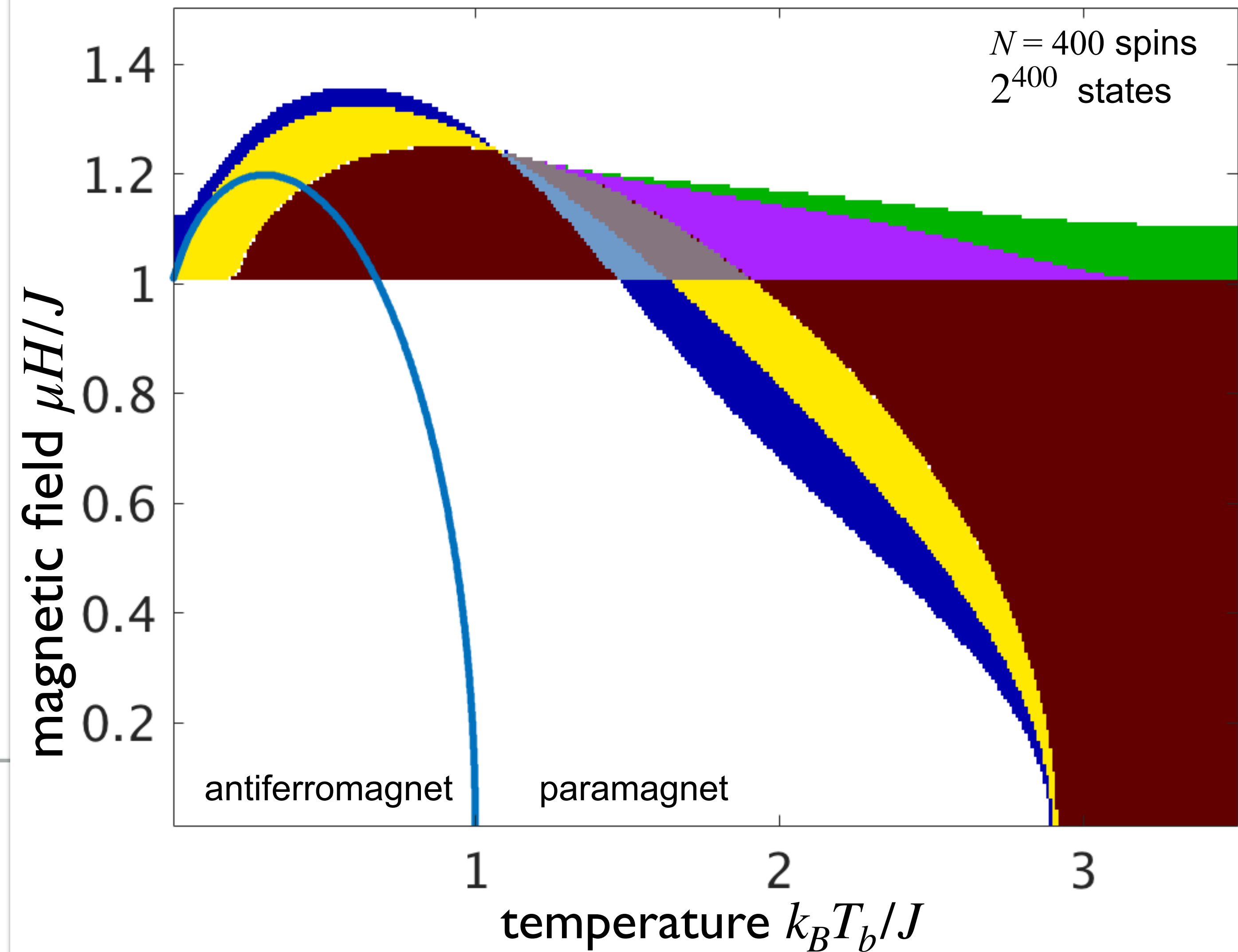
● Strong effect heating $\mathcal{F}_M^h = 1$ & no effect cooling

● Weak effect heating & no effect cooling

● Strong effect heating $\mathcal{F}_M^h = 2$ & no effect cooling

● Strong effect heating $\mathcal{F}_M^h = 1$ & Strong effect cooling $\mathcal{F}_M^c = 1$

● Strong effect cooling $\mathcal{F}_M^h = 1$ & Weak effect heating



Weak Mpemba effect — nonmonotonic $a_2(T, T_b)$ as function of T

Strong Mpemba effect — zero of $a_2(T, T_b) = 0$

Relaxation trajectories in thermodynamics limit

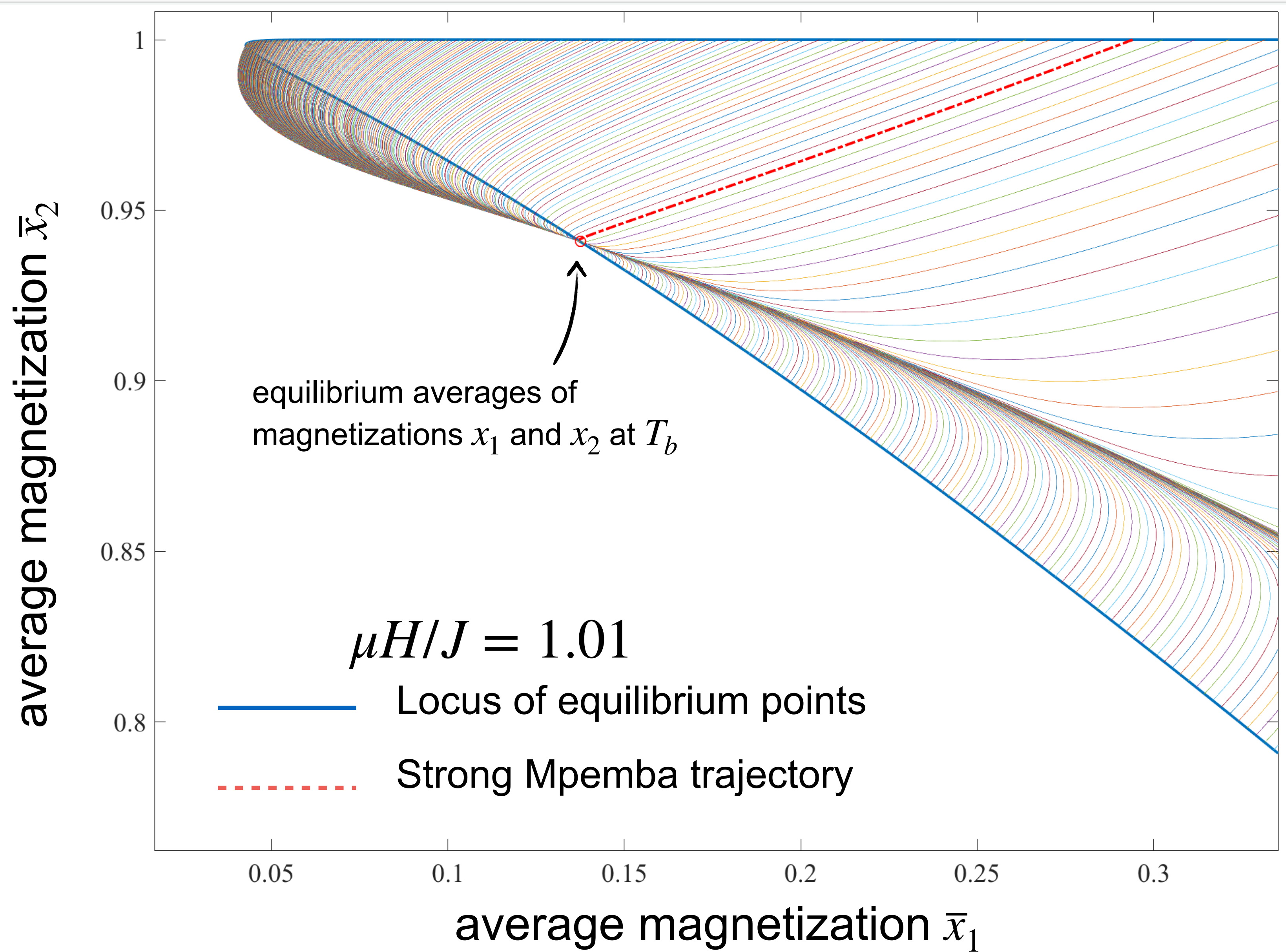
x_i magnetization on subgraph i

$$\partial_t p = \partial_{x_1} \left[(R^{d_1} - R^{u_1}) p \right] + \partial_{x_2} \left[(R^{d_2} - R^{u_2}) p \right]$$

$p(x_1, x_2, t)$ probability for the system to be at (x_1, x_2) at t

average magnetization

$$\bar{x}_i \equiv \iint x_i p(x_1, x_2, t) dx_1 dx_2$$



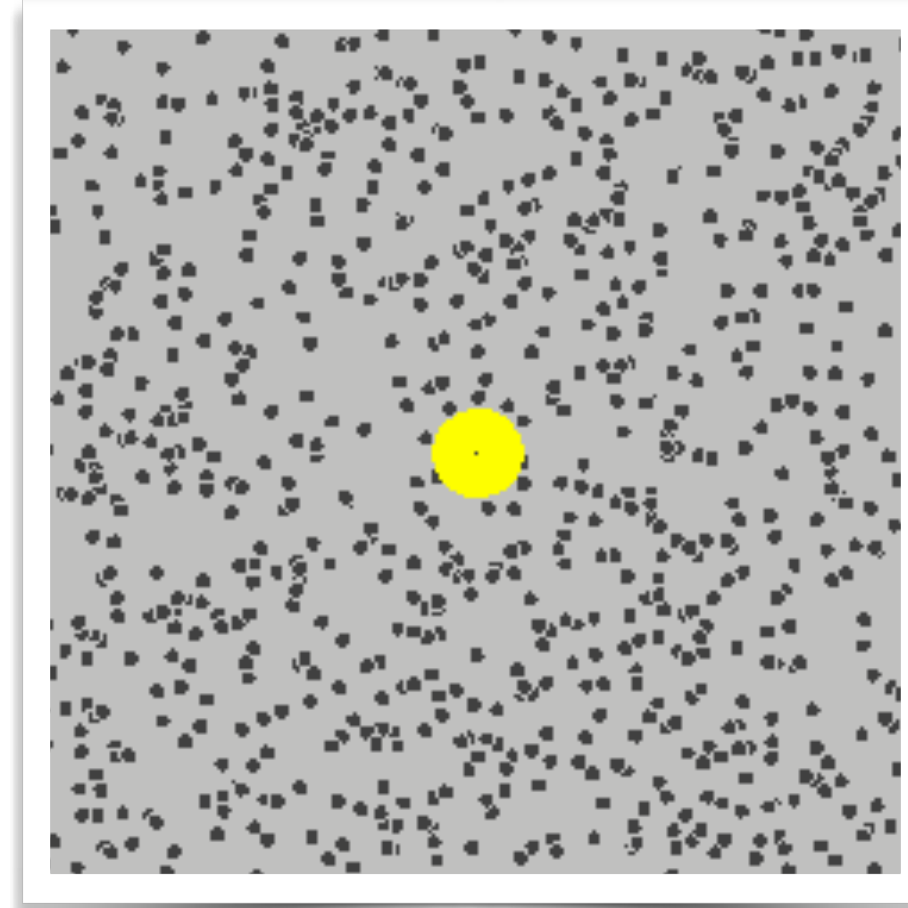
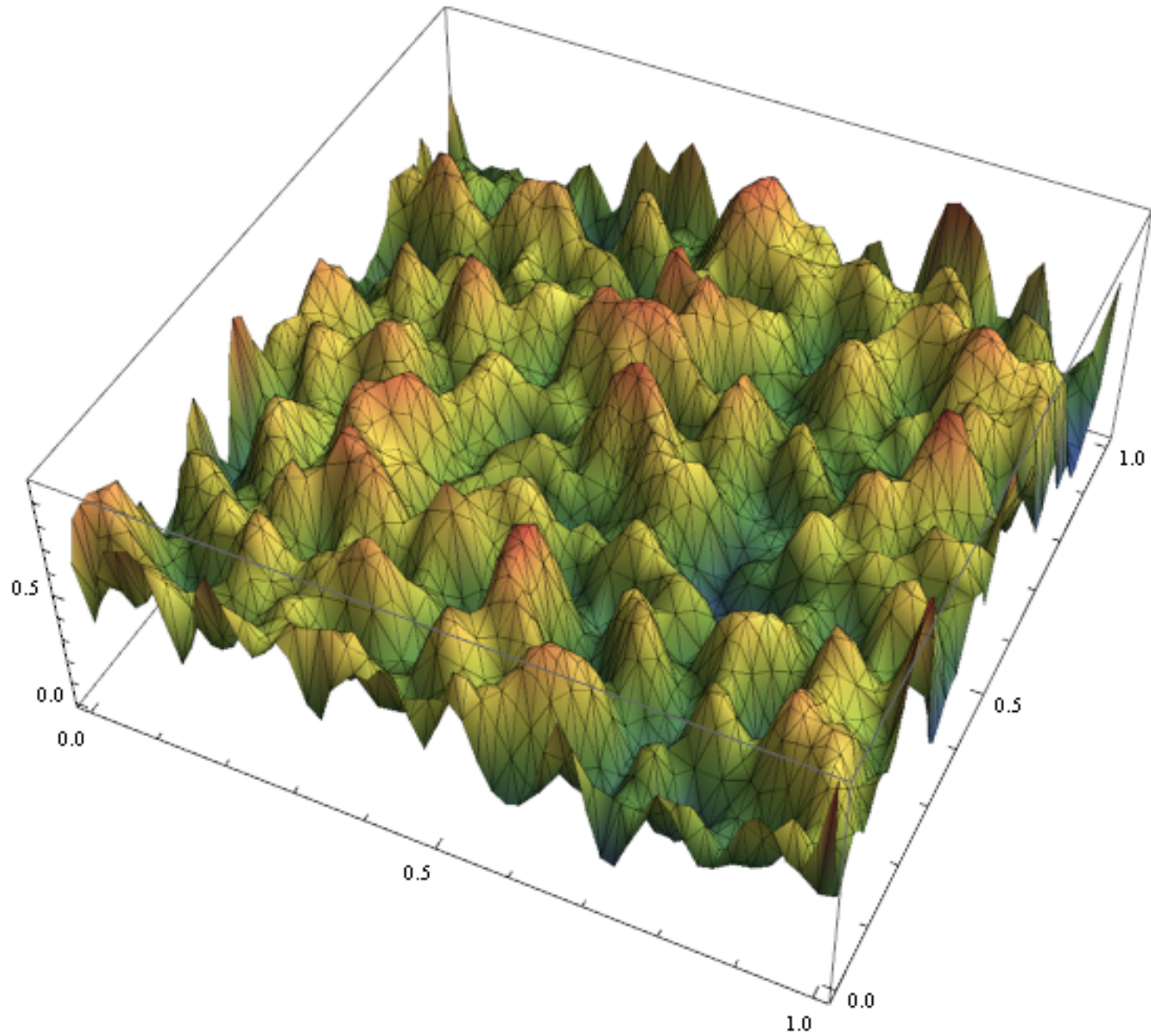
Intuition

When does the Mpemba effect happen?

Particle diffusion on a potential landscape



Matthew R. Walker



Brownian particle wikipedia

overdamped Langevin eq.

$$\cancel{m\ddot{x}} - \gamma\dot{x} = -U'[x] + \xi(t)$$

thermal noise:

$$\begin{aligned}\langle \xi(t) \rangle &= 0 \\ \langle \xi(t)\xi(t') \rangle &= \gamma D(T_b)\delta(t - t')\end{aligned}$$

Fokker-Planck eq.

$$\partial_t p(x, t) = \frac{\partial}{\partial x} \left(\frac{1}{\gamma} U'(x) p(x, t) \right) + D(T_b) \frac{\partial^2}{\partial x^2} p(x, t)$$

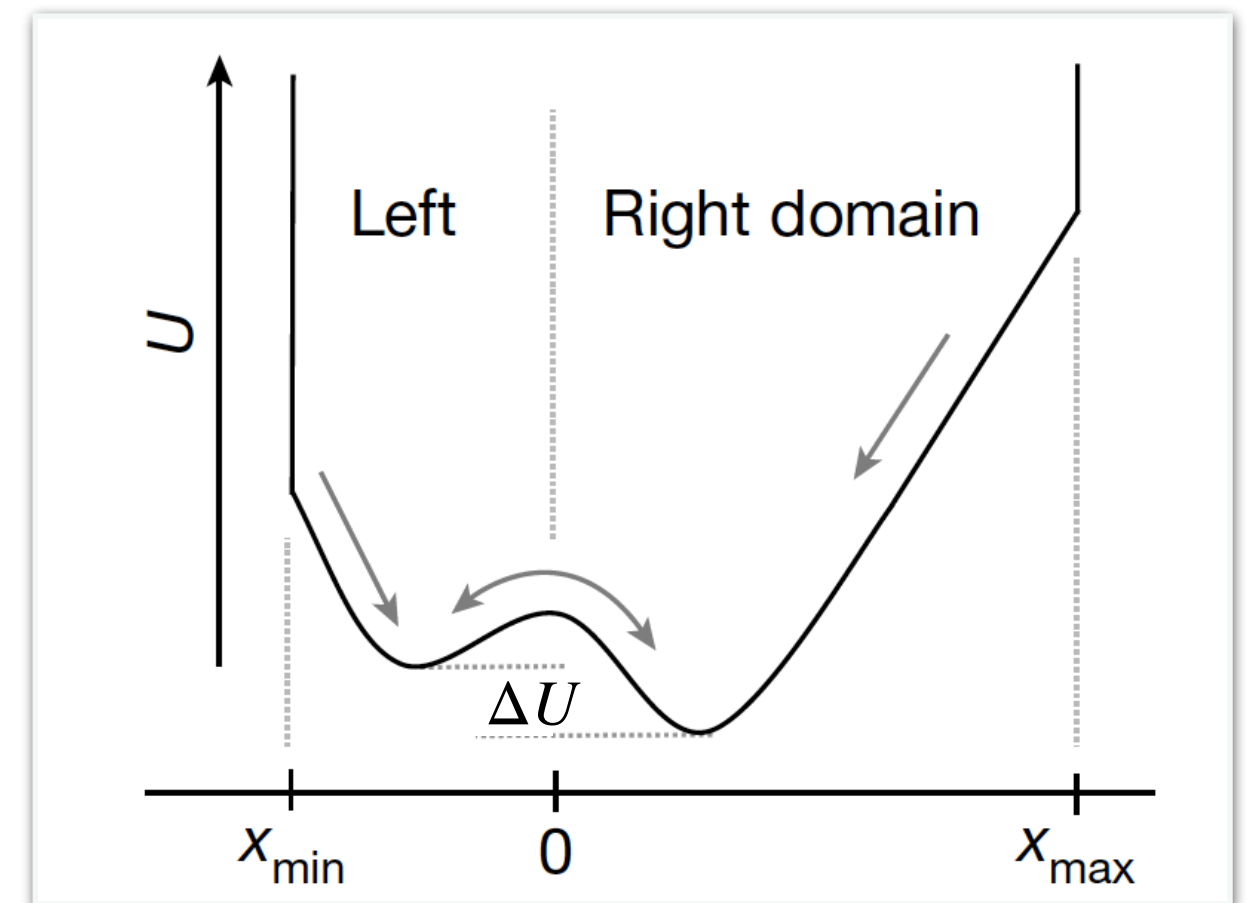
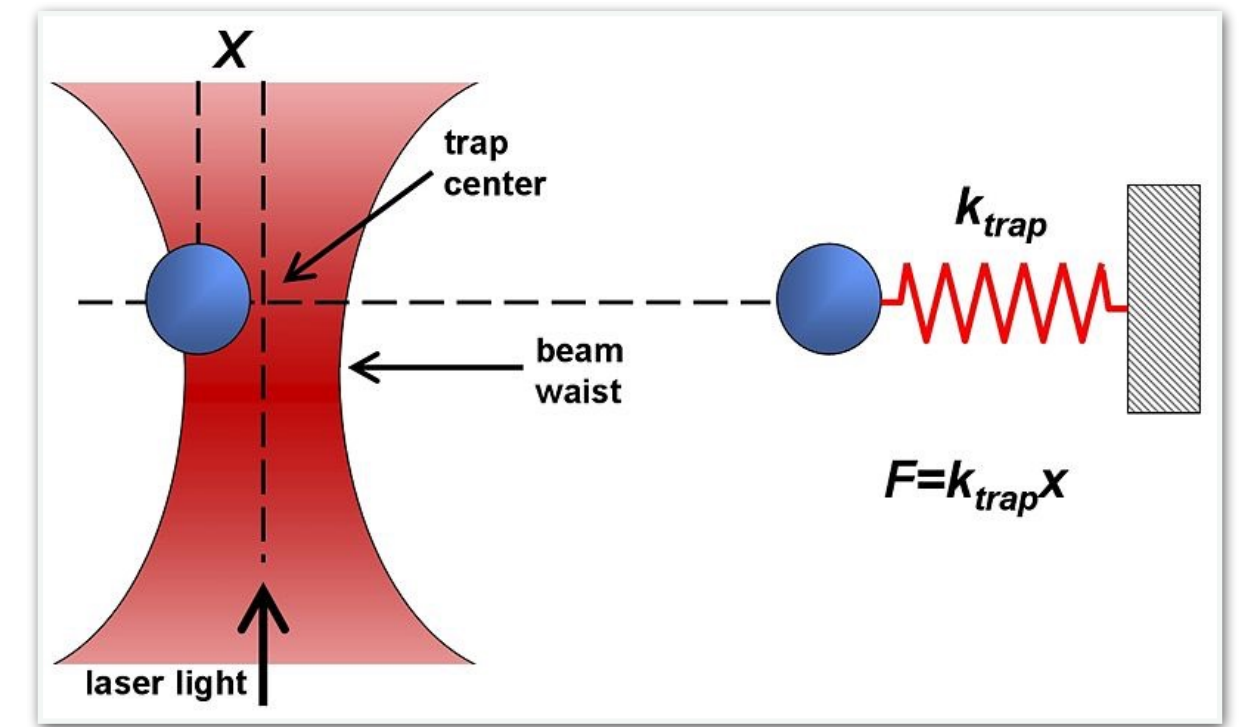
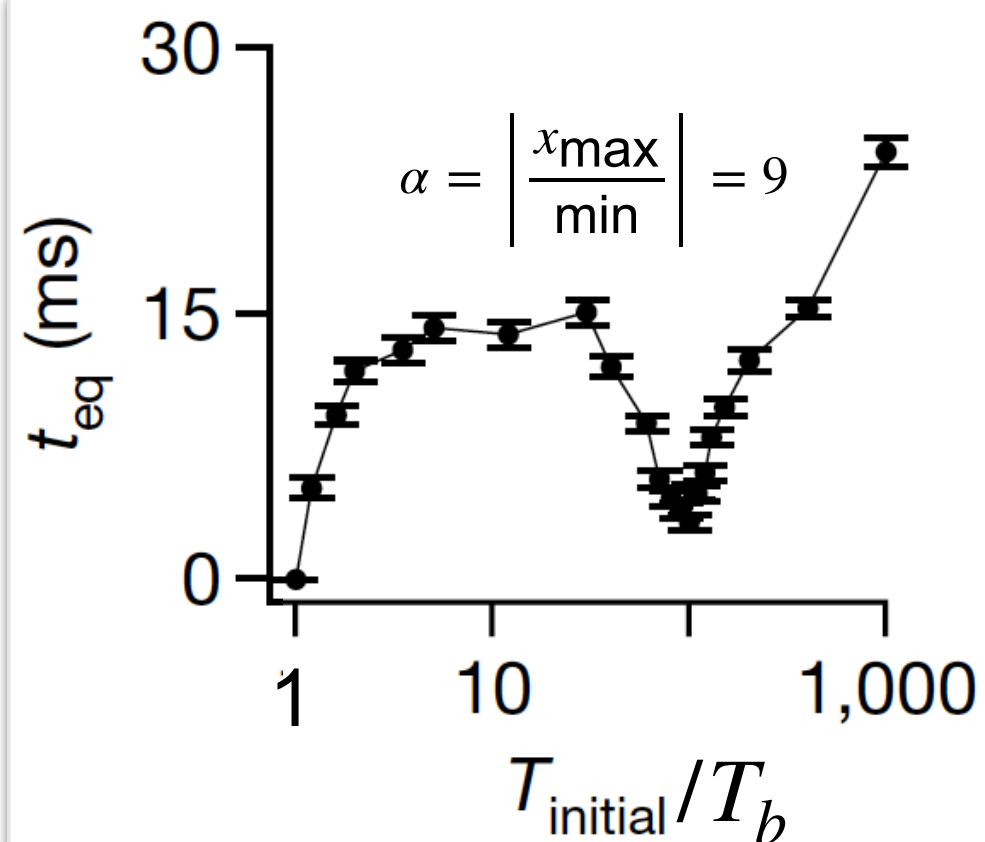
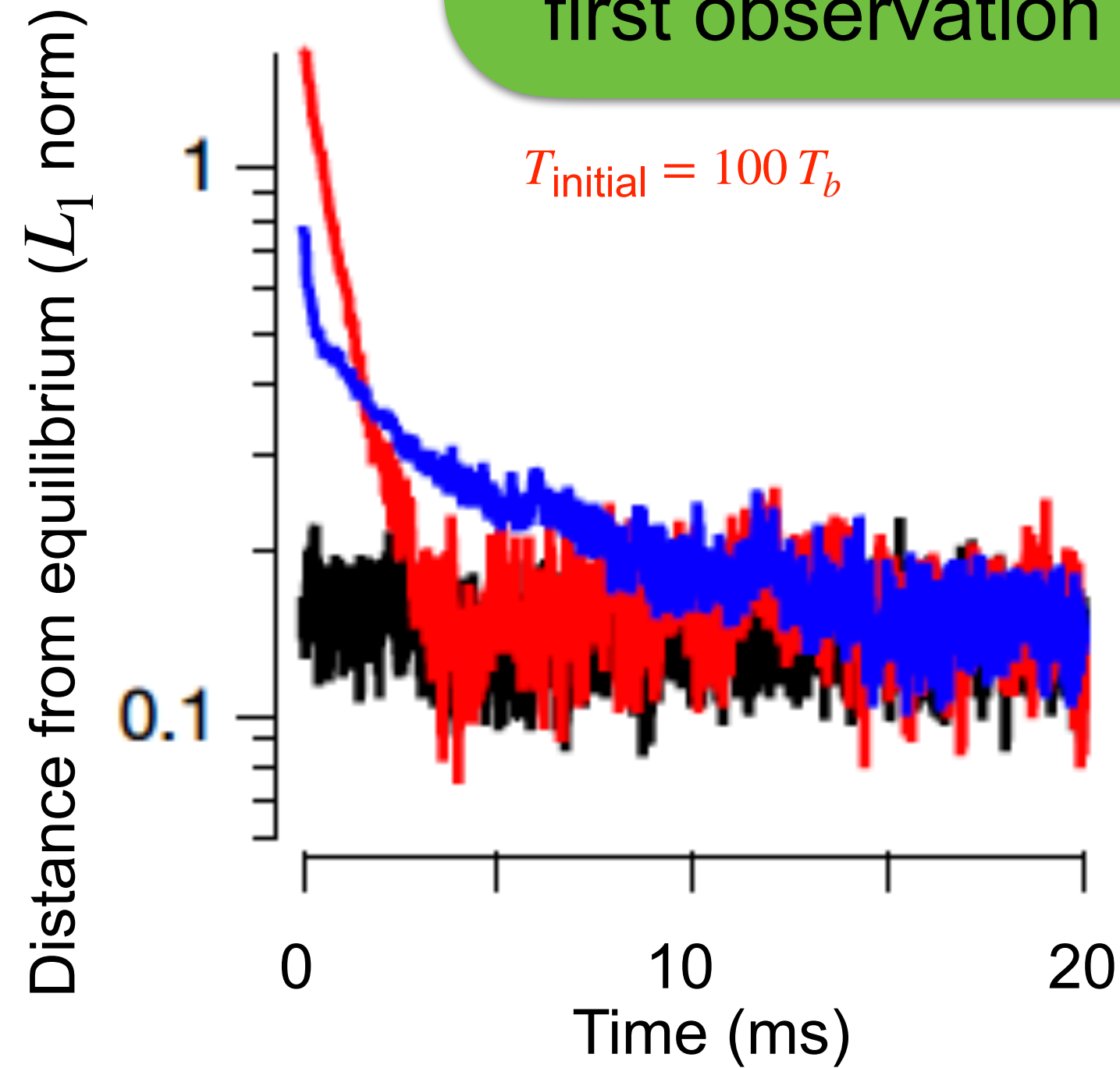
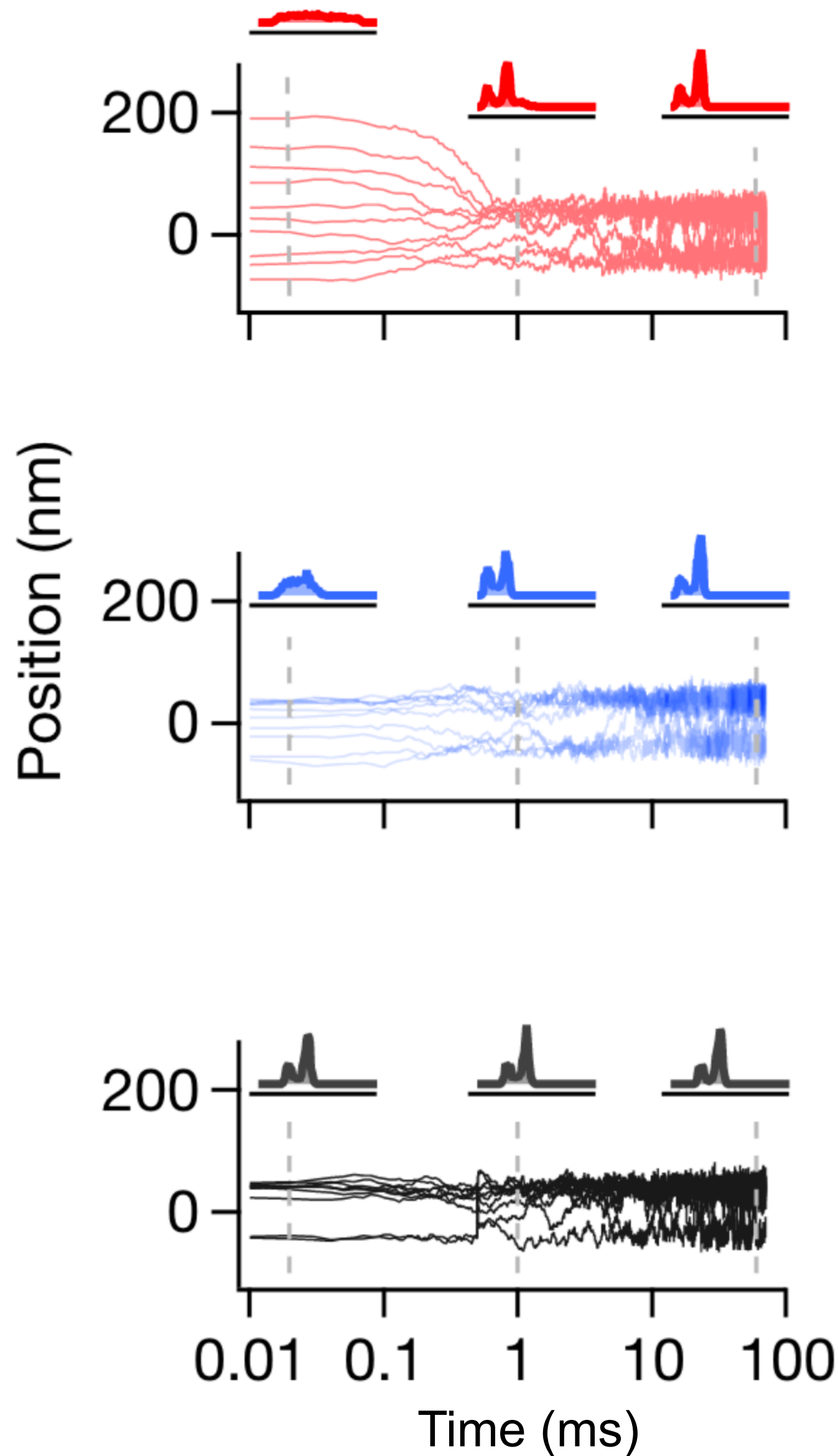
$$\text{diffusion coefficient } D(T_b) = \frac{k_B T_b}{\gamma m}$$

$$\text{initial condition: } p(0, x) \propto e^{-\frac{U(x)}{k_B T}}$$

Experiment: Colloid in an optical trap

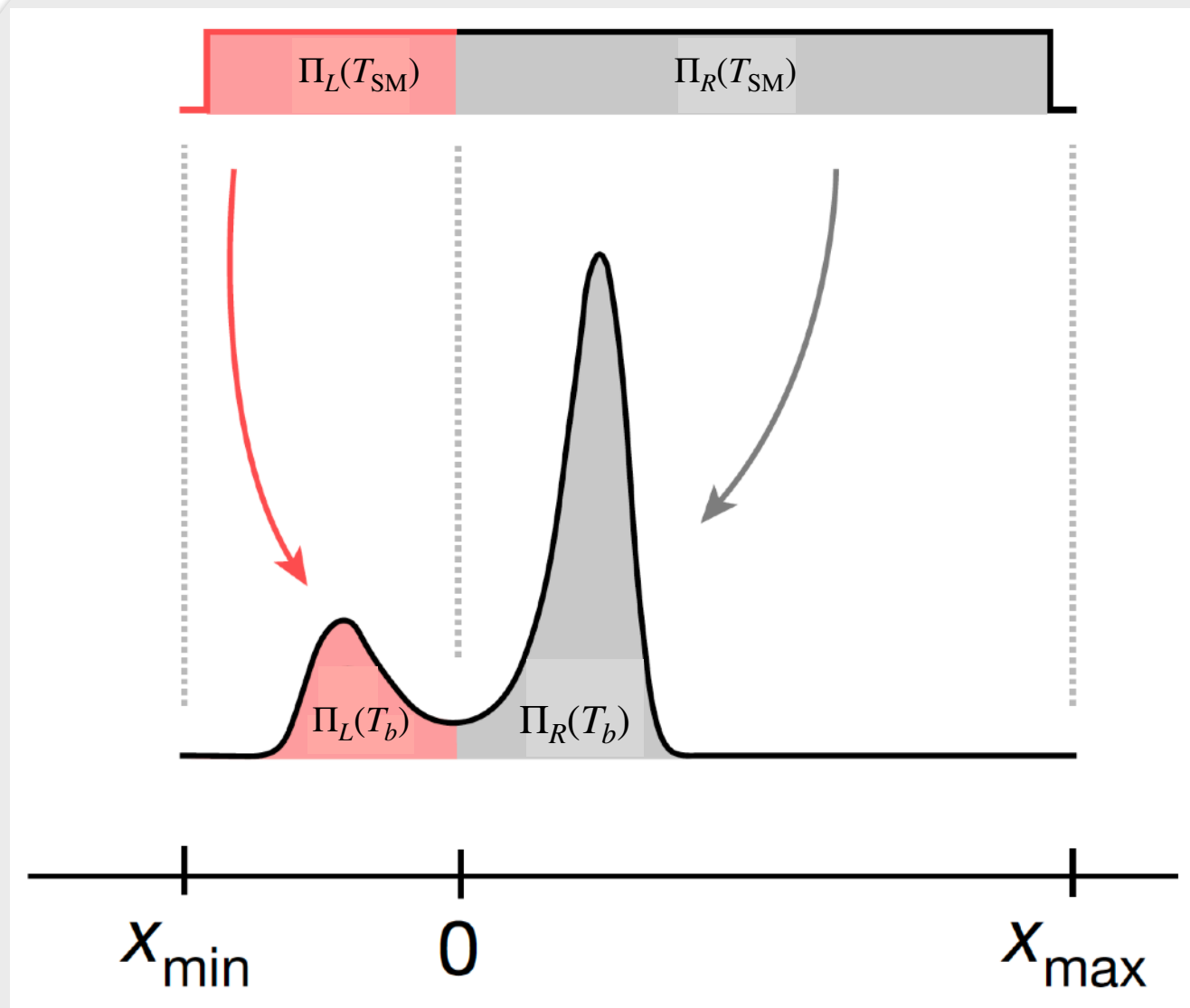
Kumar A. & Bechhoefer J., *Nature*, 2020

Strong Mpemba effect
first observation



- metastability — separated and deep wells
- geometry $\alpha = \left| \frac{x_{\text{max}}}{x_{\text{min}}} \right|$

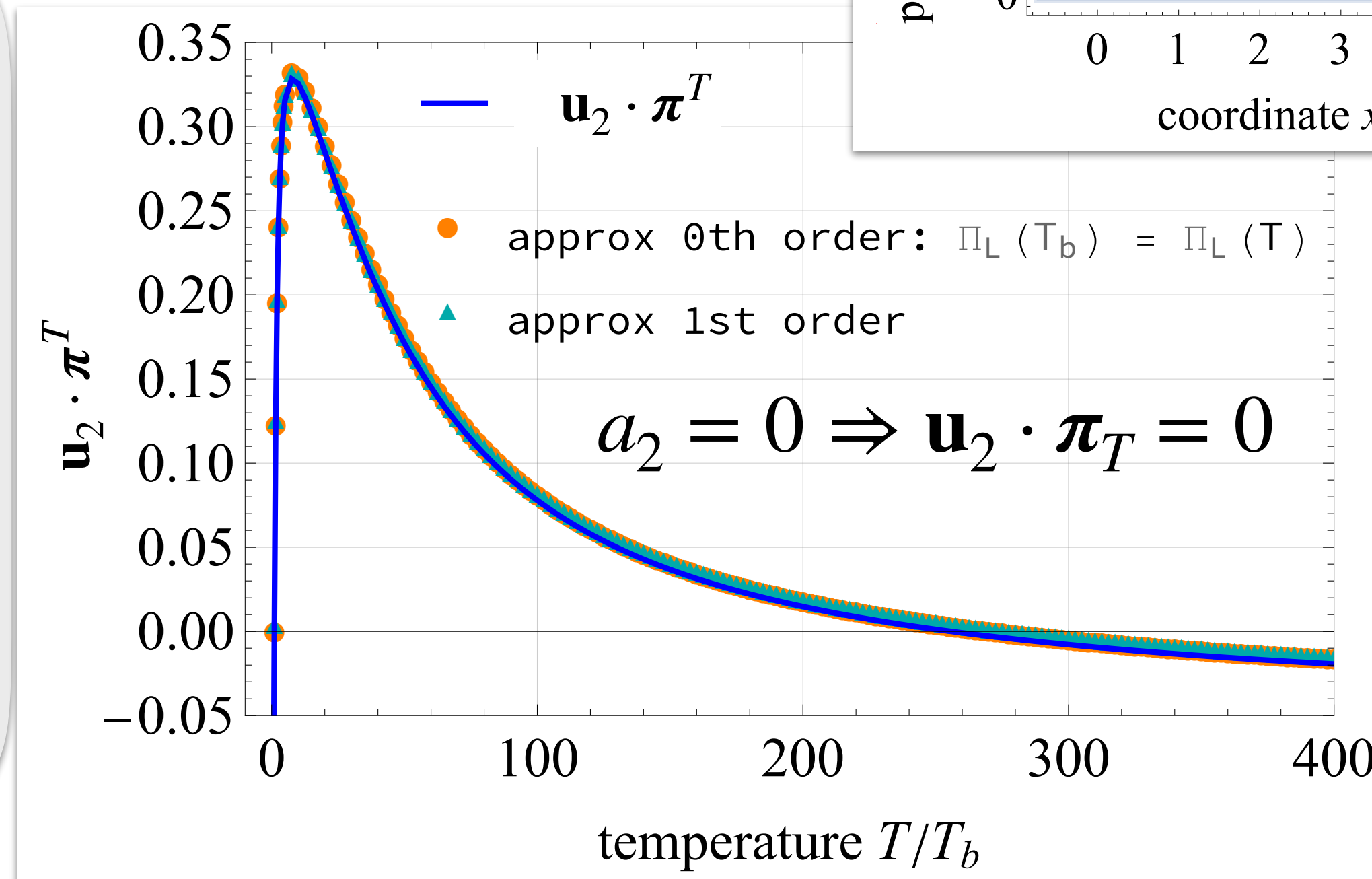
Strong Mpemba effect



$$\Pi_L(T_b) \approx \Pi_L(T_{SM})$$

$$\Pi_L(T) \equiv \int_{\mathcal{D}_L} e^{-\frac{U(x)}{k_B T}} dx$$

Kumar A. & Bechhoefer J., Nature, 2020



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Strong Mpemba effect condition

$$0 = \left(\frac{\Pi_L(T)}{\Pi_L(T_b)} - \frac{\Pi_R(T)}{\Pi_R(T_b)} \right) + \frac{\gamma \lambda_2}{T_b} \left(\langle \mathcal{A}_L \rangle_{L,T} \frac{\Pi_L(T)}{\Pi_L(T_b)} - \frac{\Pi_R(T)}{\Pi_R(T_b)} \langle \mathcal{A}_R \rangle_{R,T} \right)$$

$$\mathcal{A}_L = \frac{T_b}{\gamma} [\tau_L(x_{\max}) - \tau_L(x_{\min})] \quad \tau_L \text{ mean free passage time from left well}$$

Surprises

Linear reaction networks

Detailed balance does not specify the dynamics — it just sets the ratios of rates.

$$\frac{k_{ij}}{k_{ji}} = e^{-\beta_b(\epsilon_i - \epsilon_j)}$$

To study dynamics we introduce: load factor δ

Choice of rate constants:

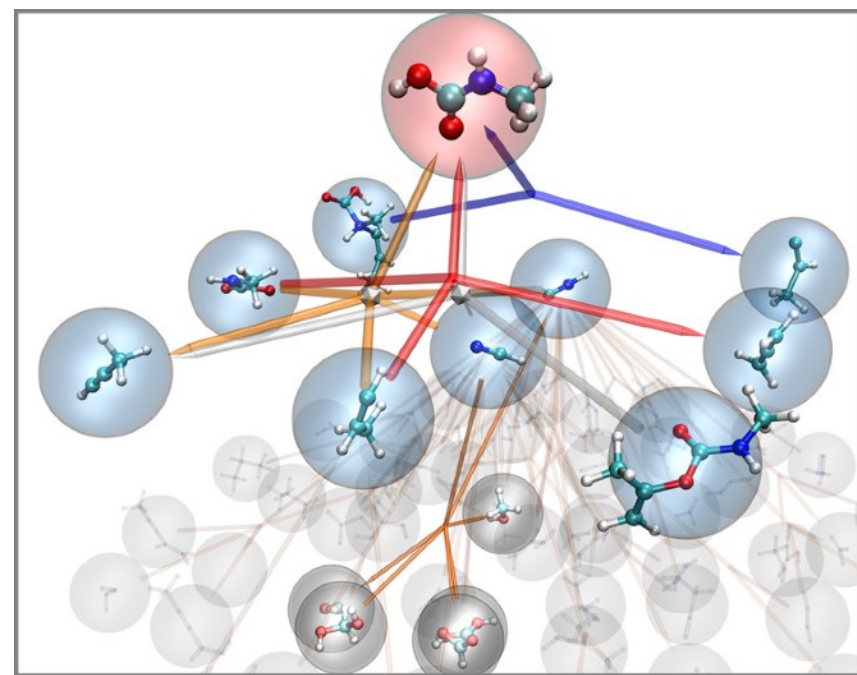
- for $j \rightarrow i$ in the clockwise direction: $k_{ij} = e^{-\beta_b(\epsilon_j - \epsilon_i)(1-\delta)}$, $k_{ji} = e^{-\beta_b(\epsilon_j - \epsilon_i)\delta}$ ($\delta \in [0,1]$)



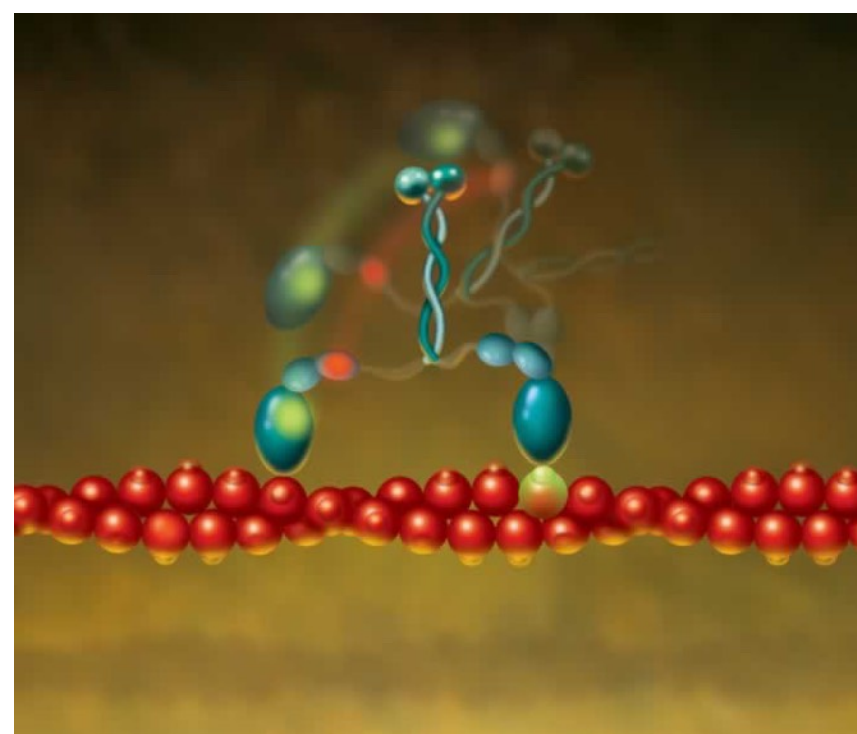
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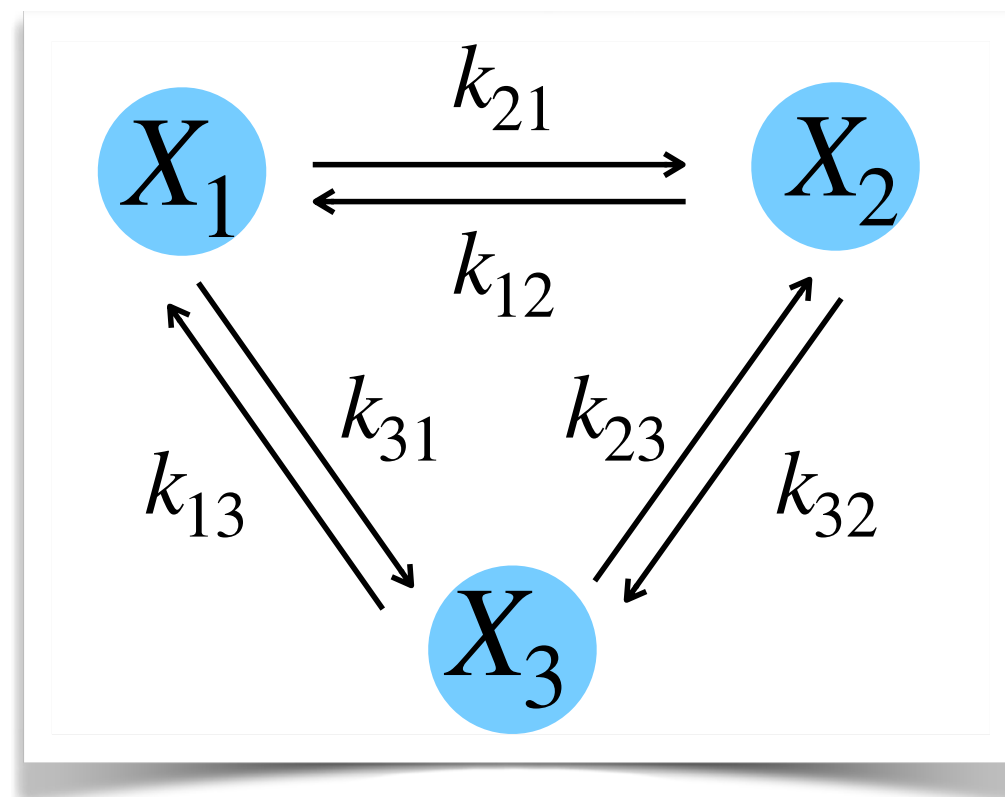
Saikat Bera



chemical reactions

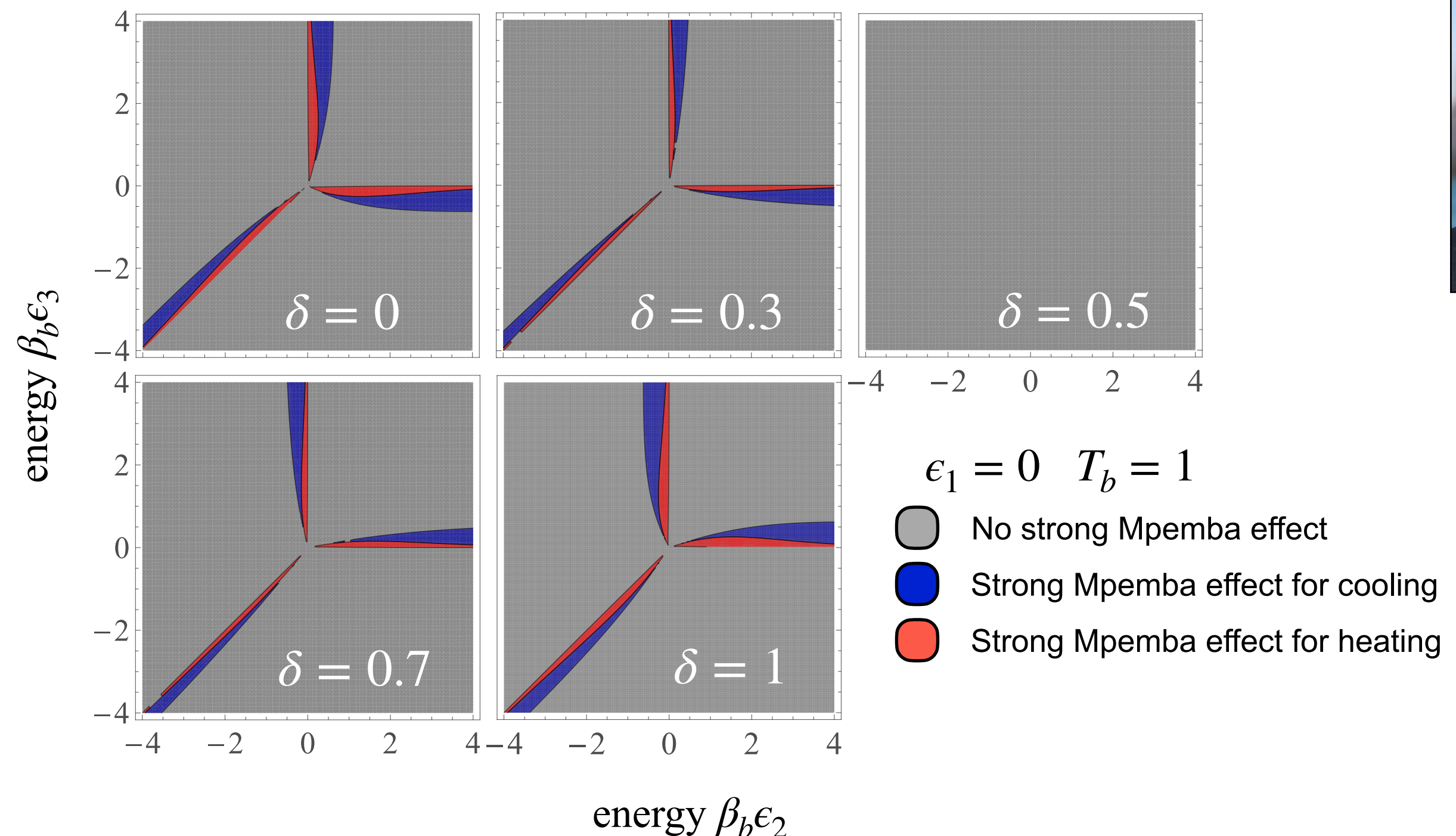


molecular motors



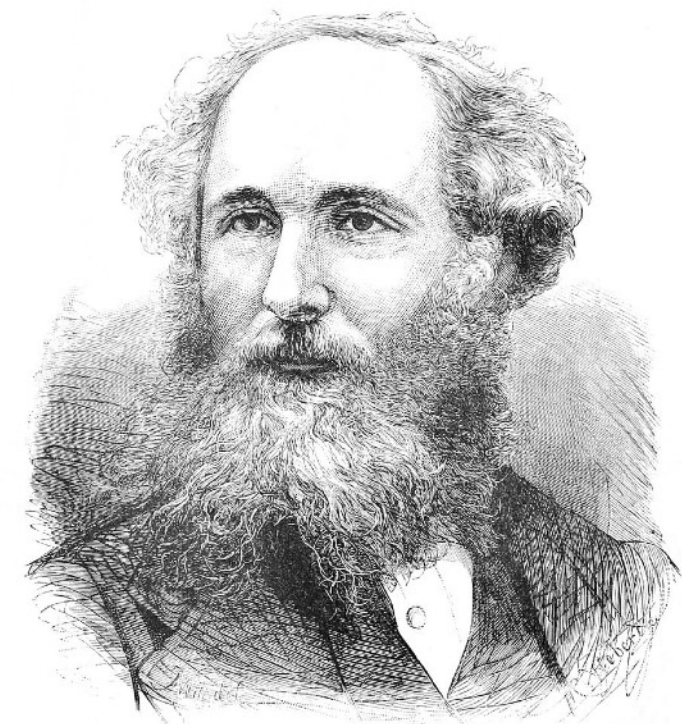
X_i reactants

k_{ij} transition rate $j \rightarrow i$



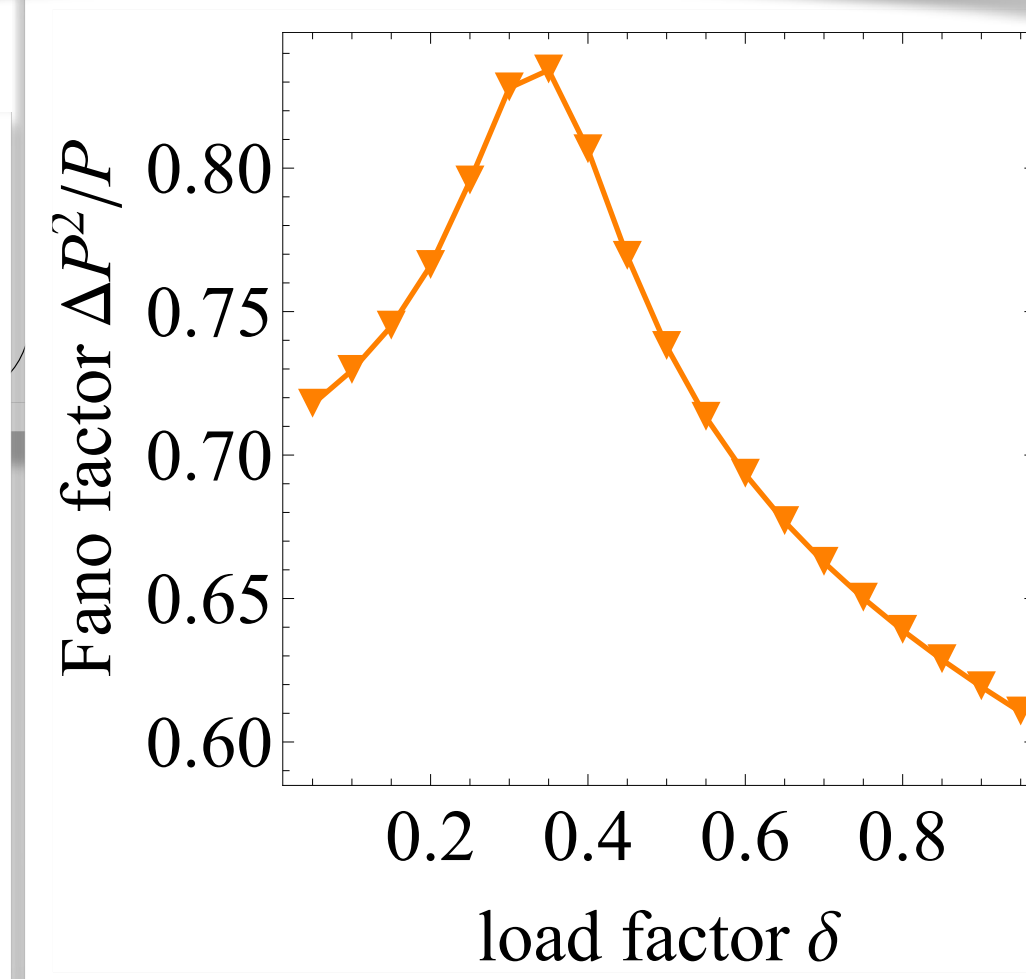
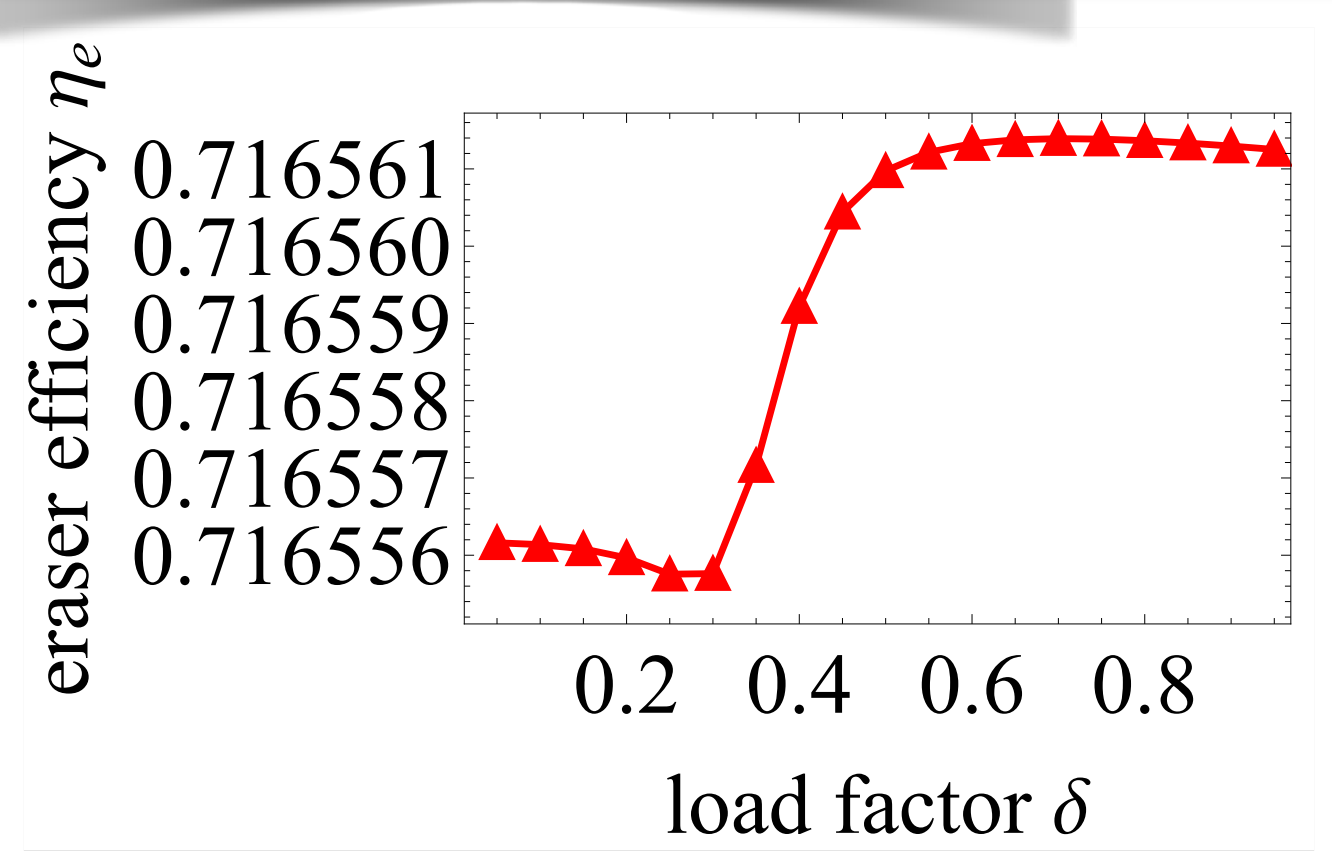
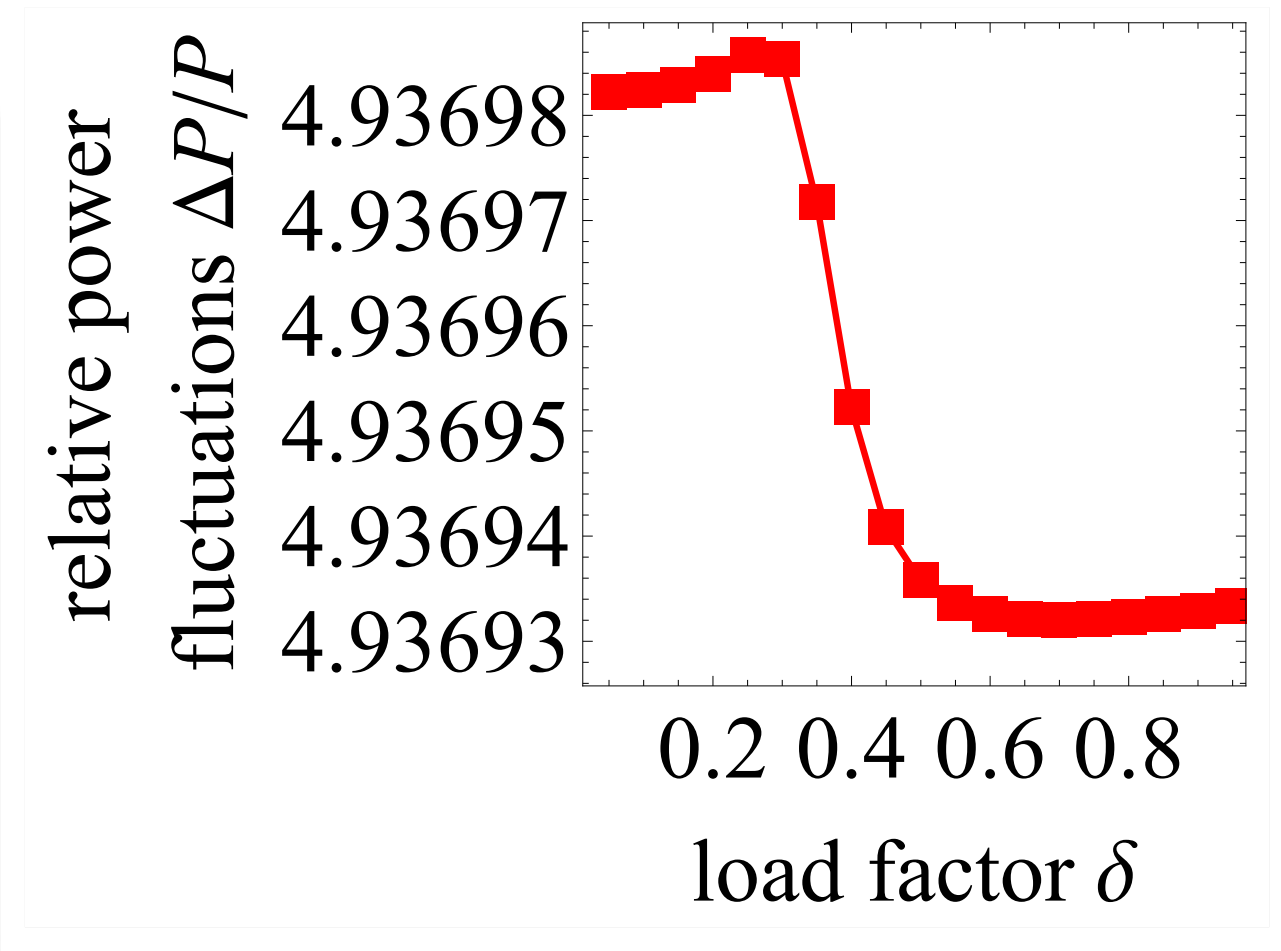
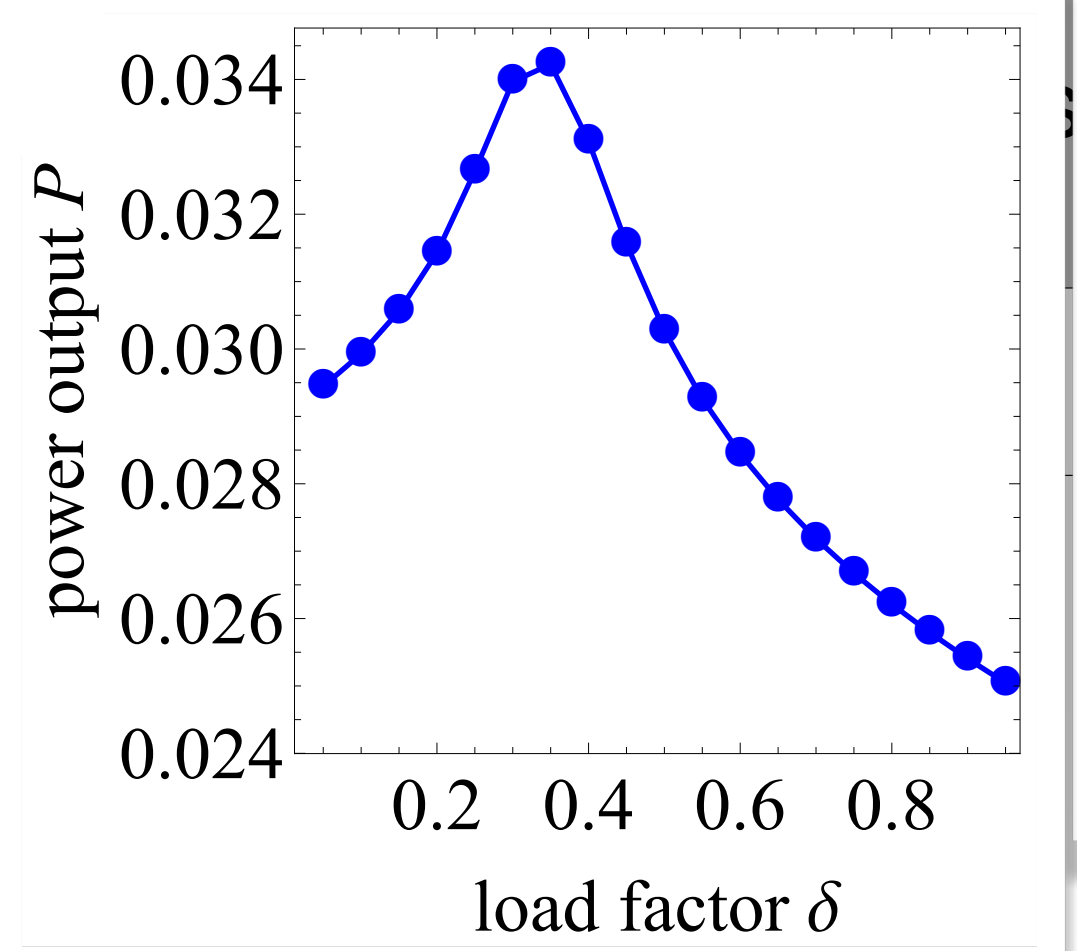
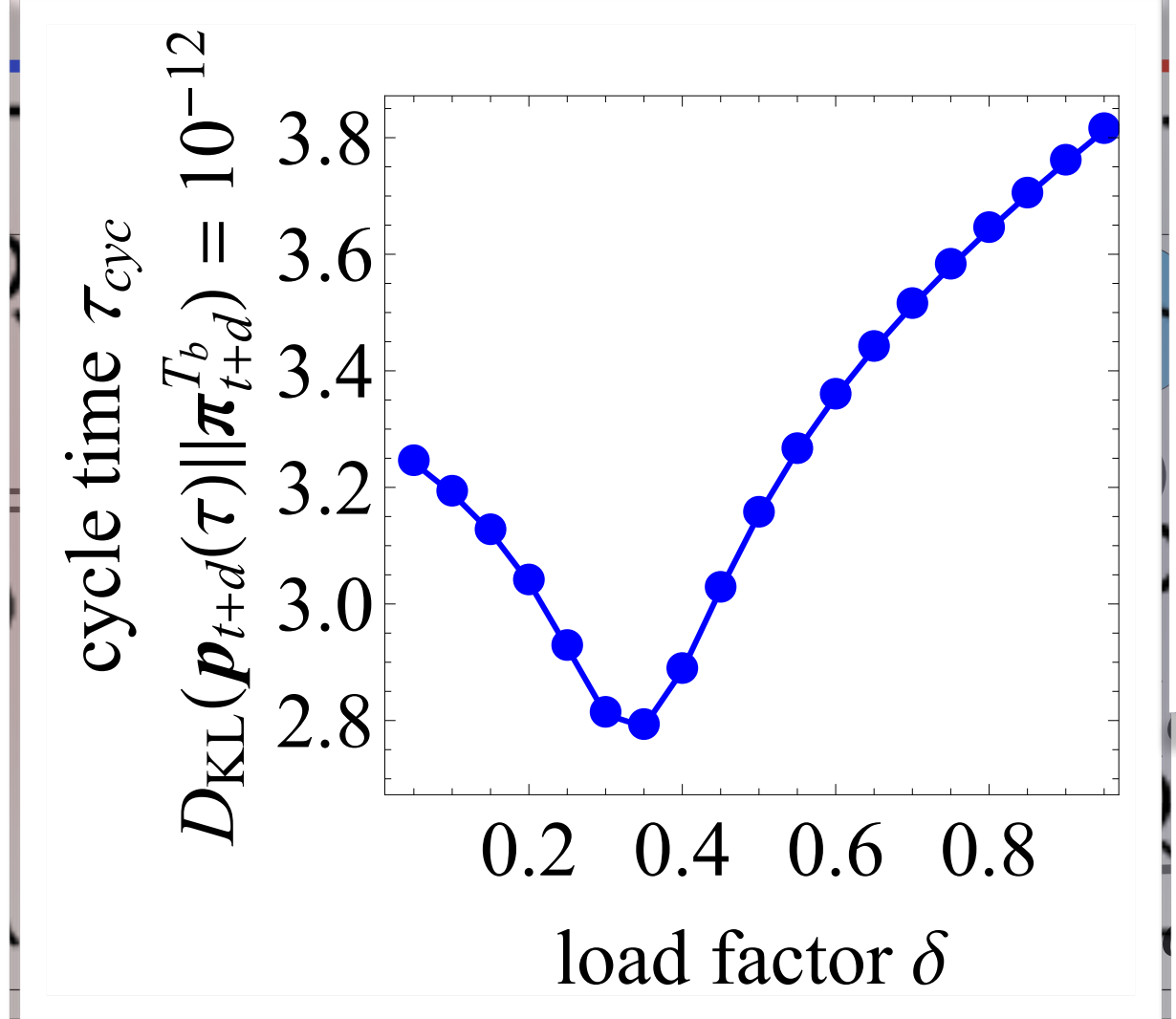
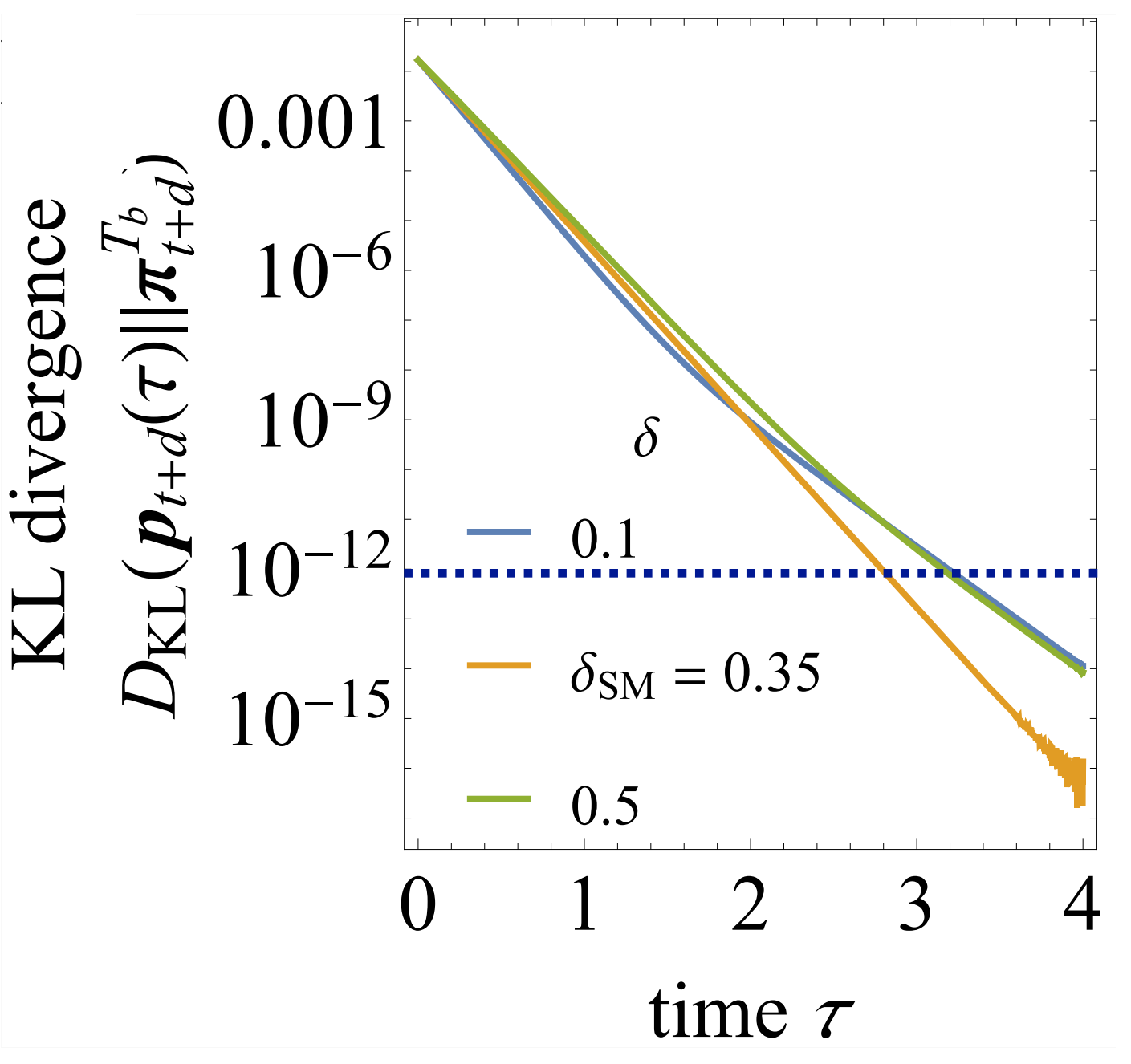
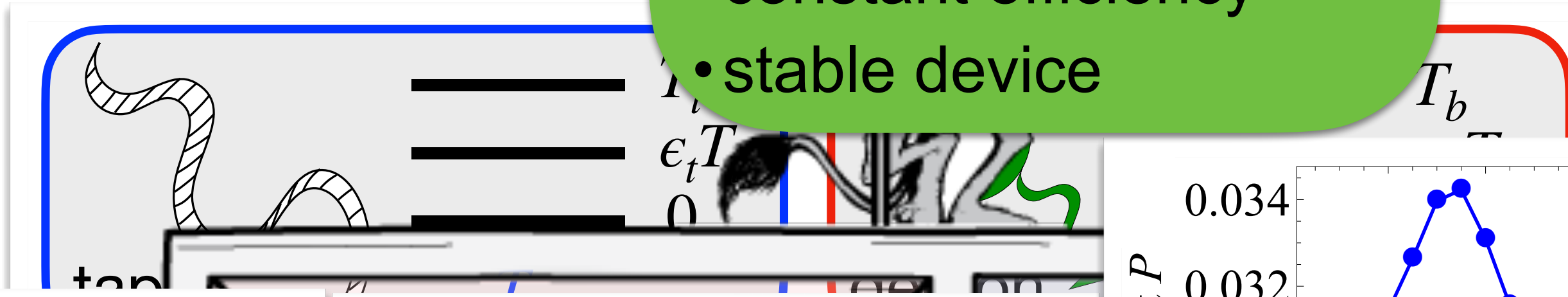
Exchanging information

S. Bera, M. R. Walker, & MV, arXiv: 2308.04557

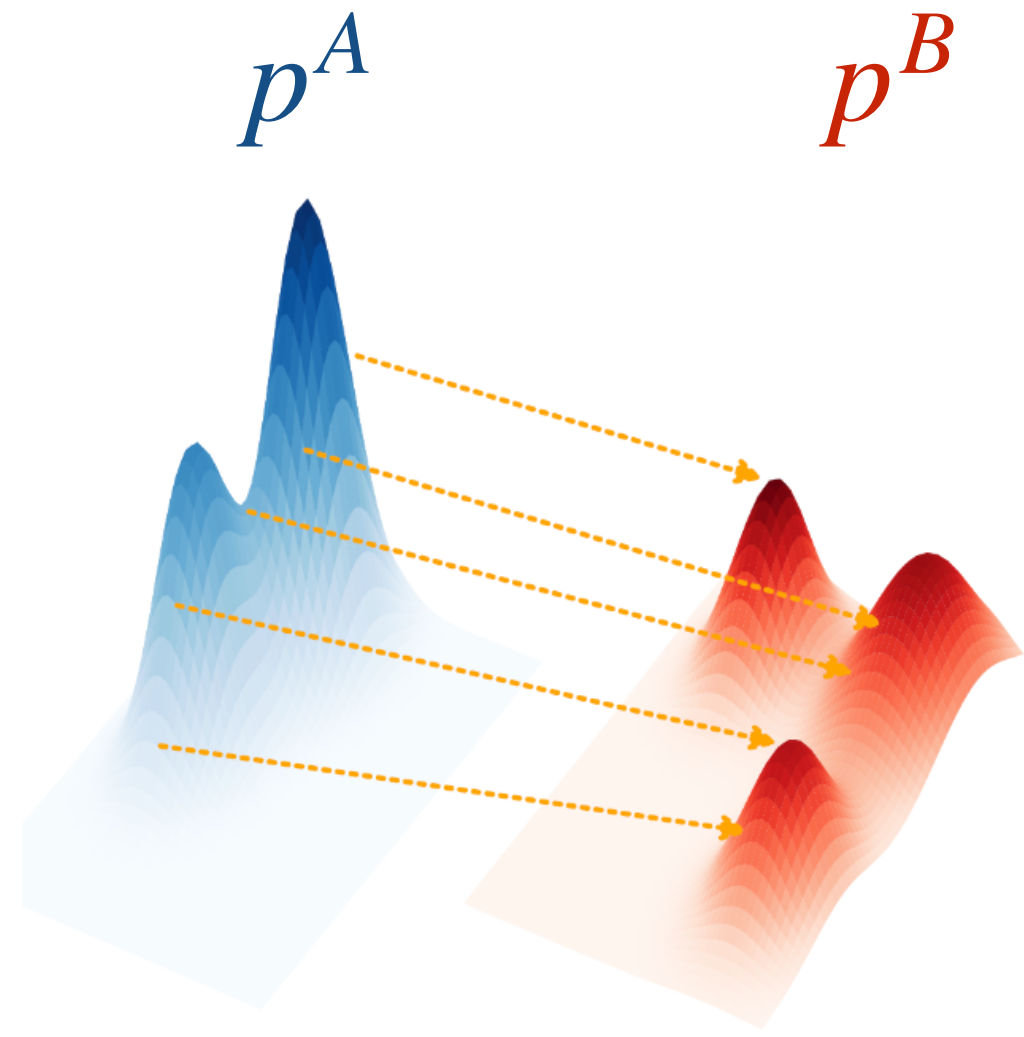


James Clerk Maxwell

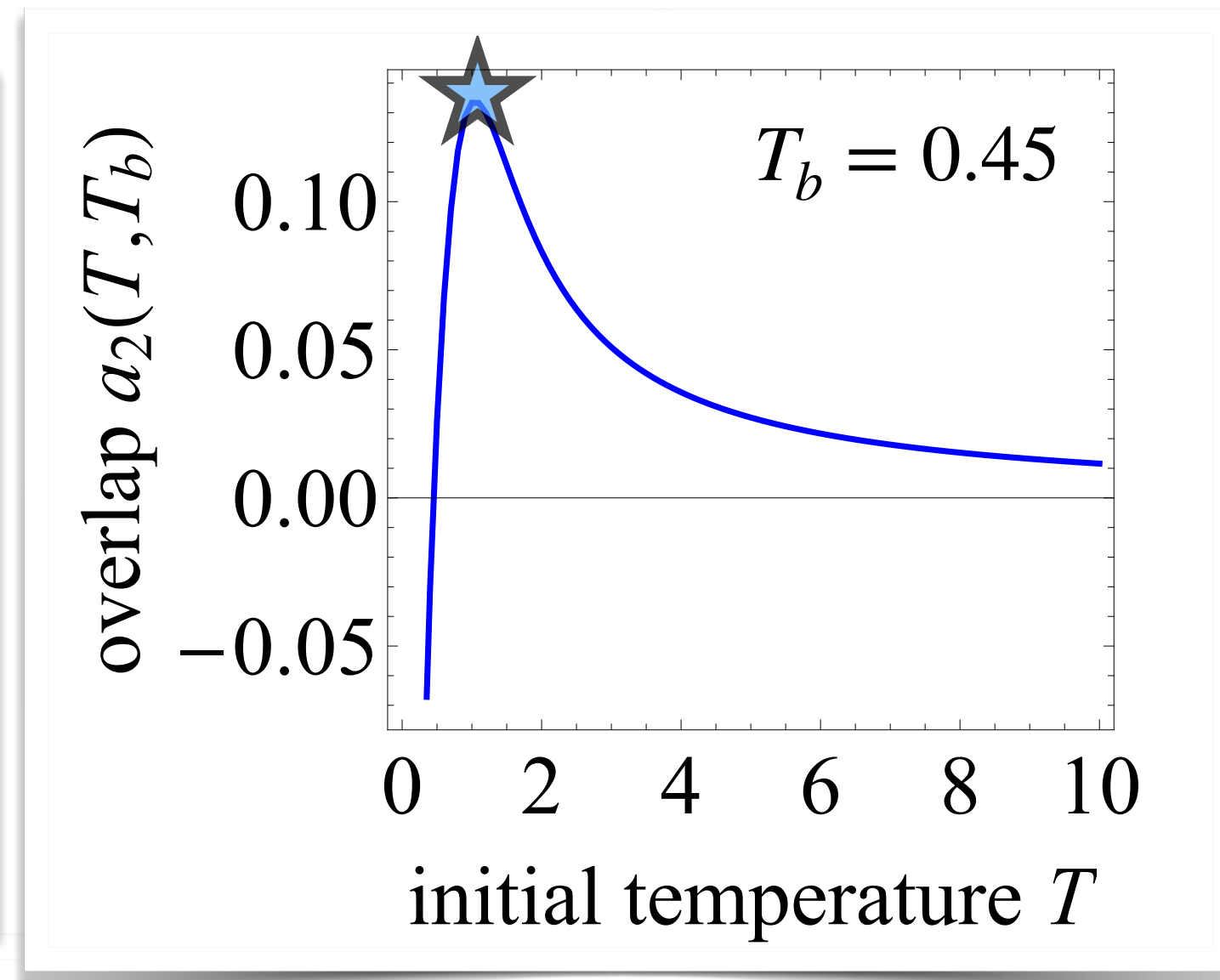
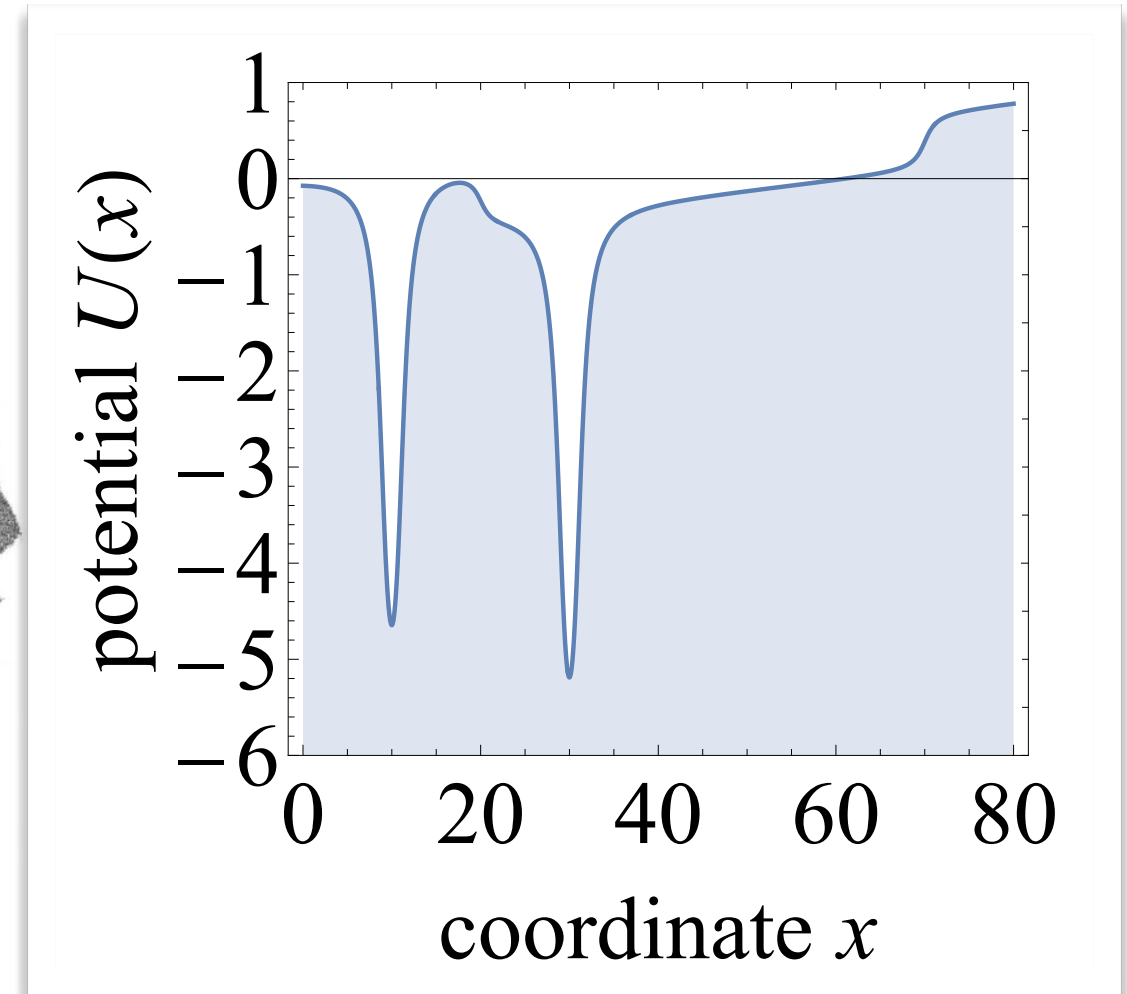
- shorter cycle time
- enhanced power output
- constant efficiency
- stable device



Can fast be also optimal?

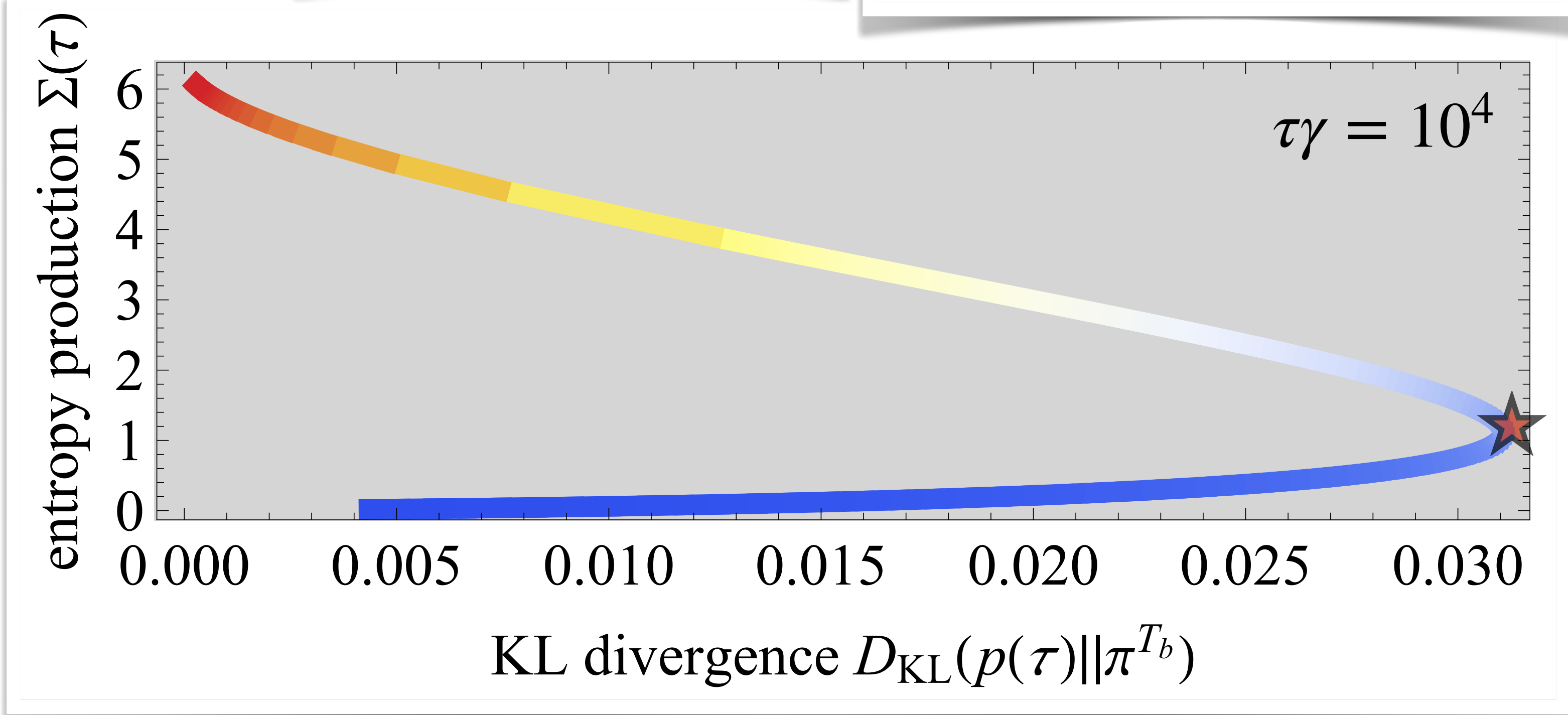


Gaspard Monge

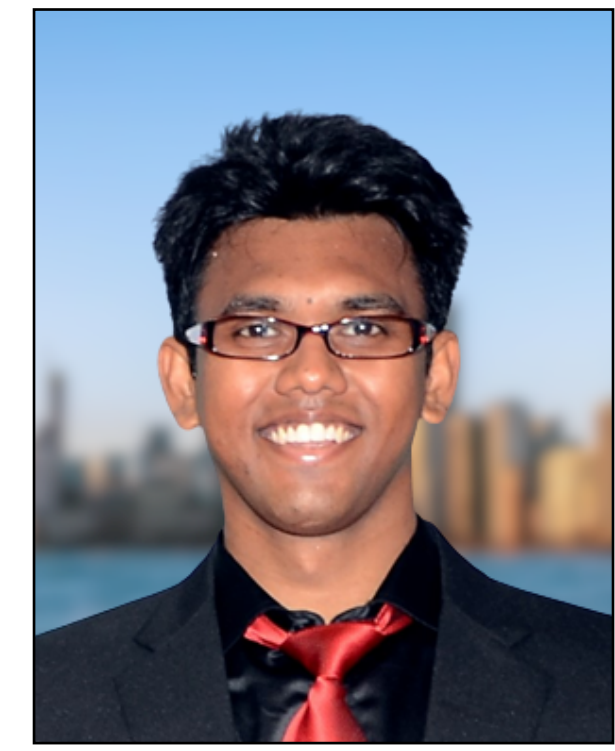


Optimal transport

move p^A to p^B in finite time τ
with the least amount of resources (minimal dissipation)



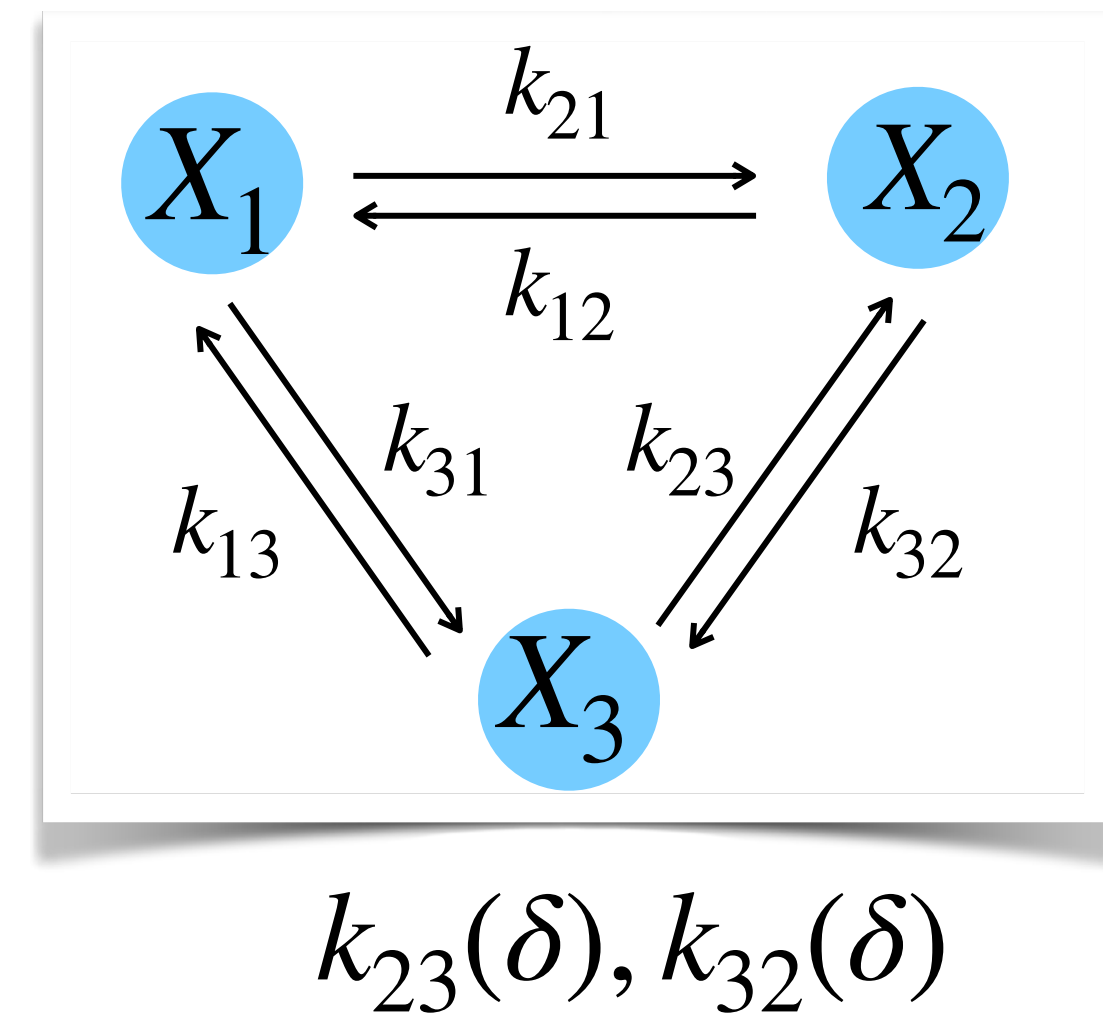
Matthew R. Walker



Saikat Bera

Fast and optimal

M. R. Walker, S. Bera & MV, arXiv:2307.16306

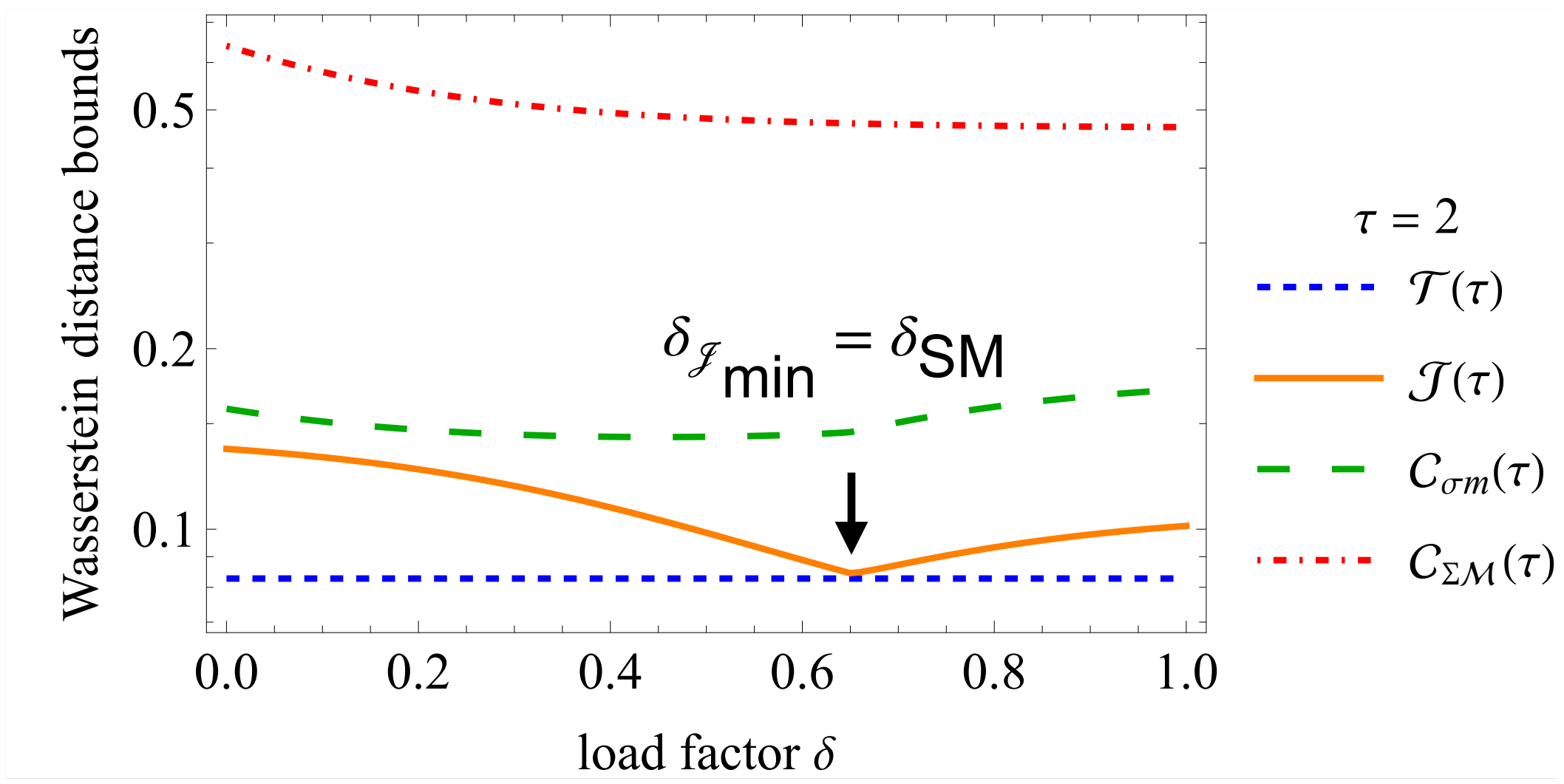
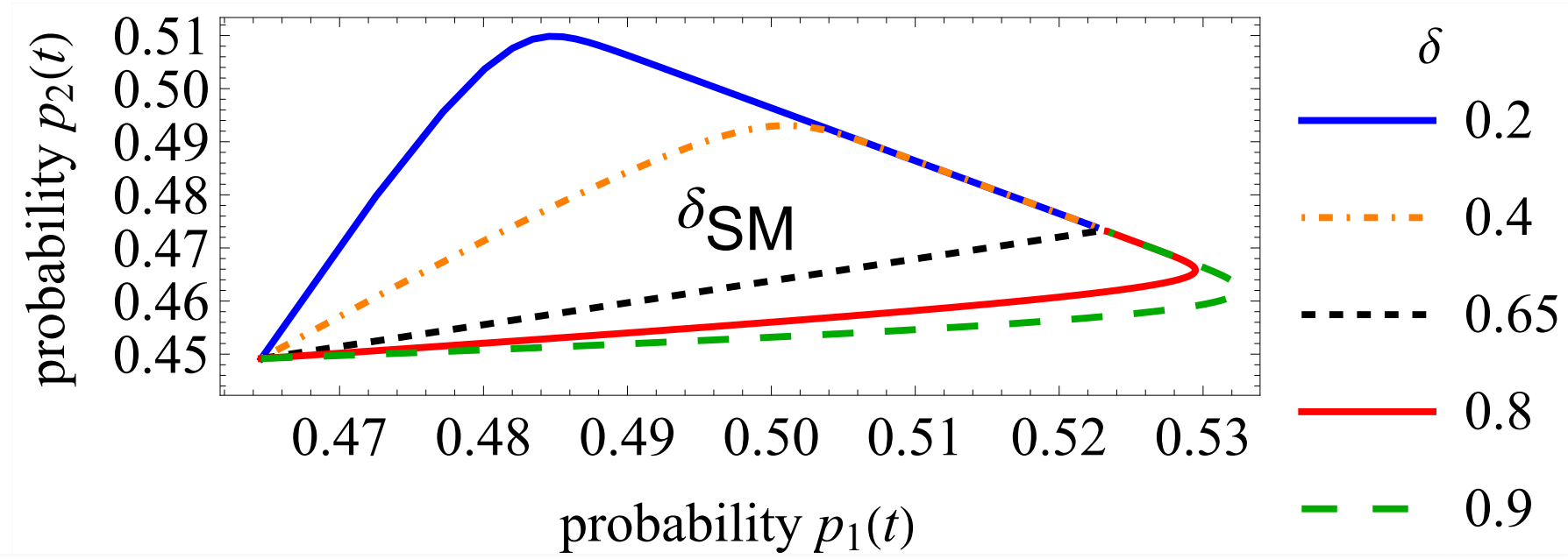
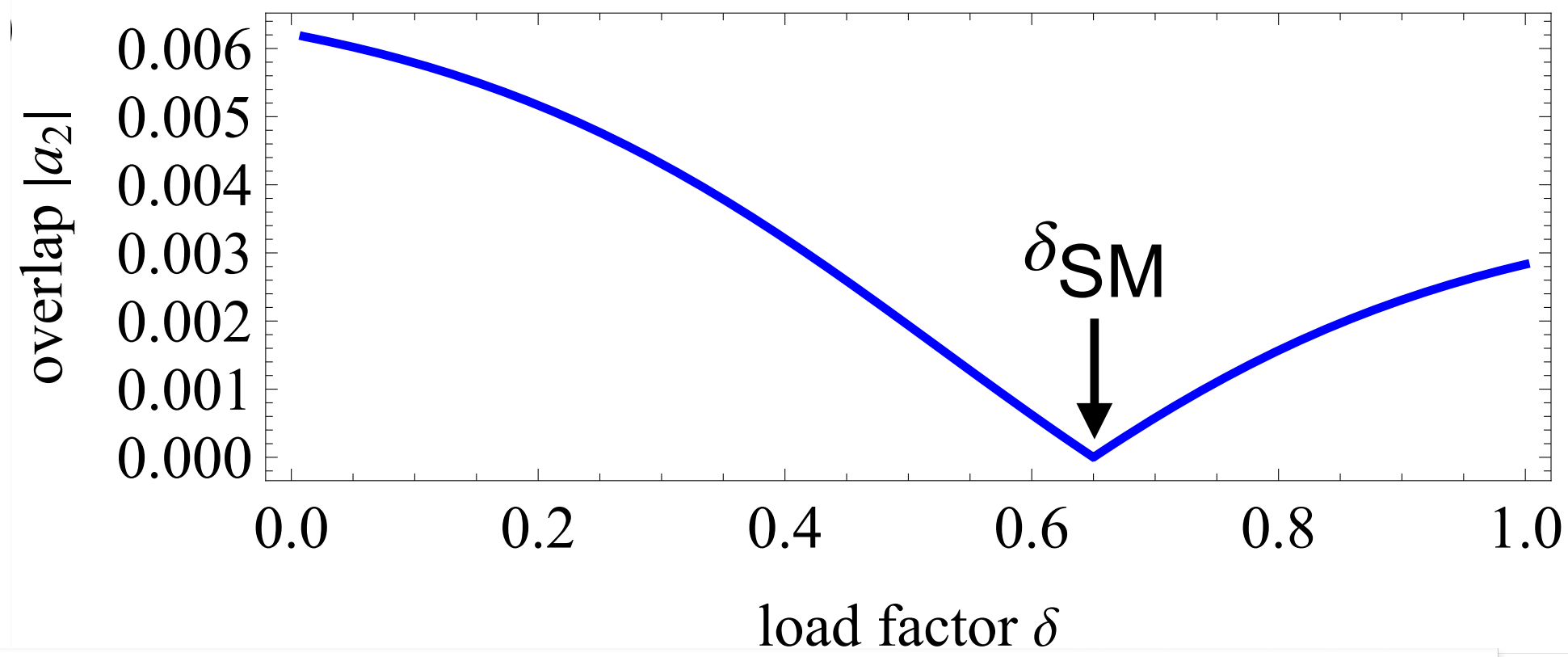


δ_{SM} dynamics with Strong Mpemba effect

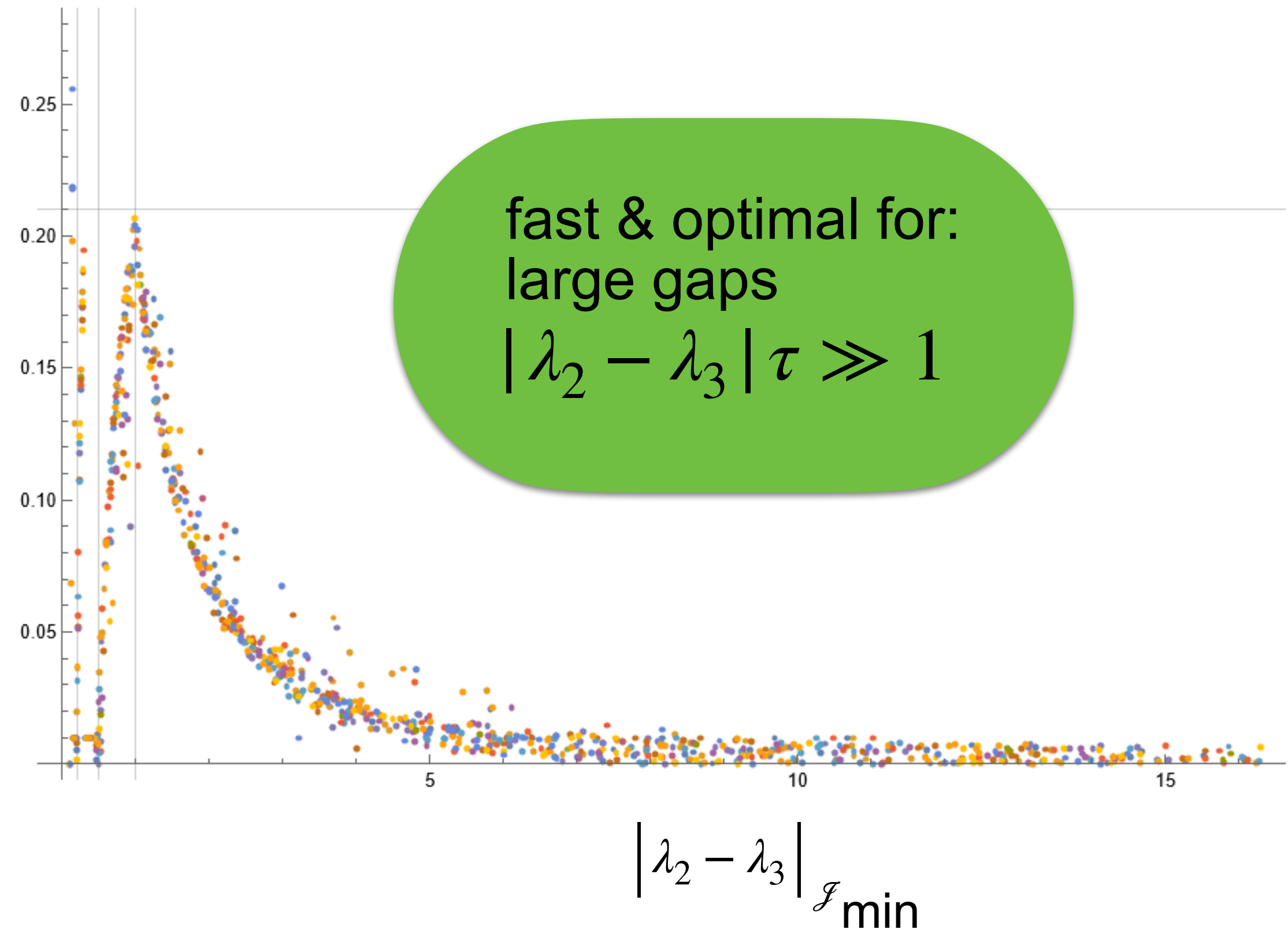
“flow cost”

$$\mathcal{F}(\tau) \equiv \int_0^\tau \sum_{x>y} |j_{xy}(t)| dt$$

$$j_{xy} = R_{xy}p_y - R_{yx}p_x \quad \text{net current}$$

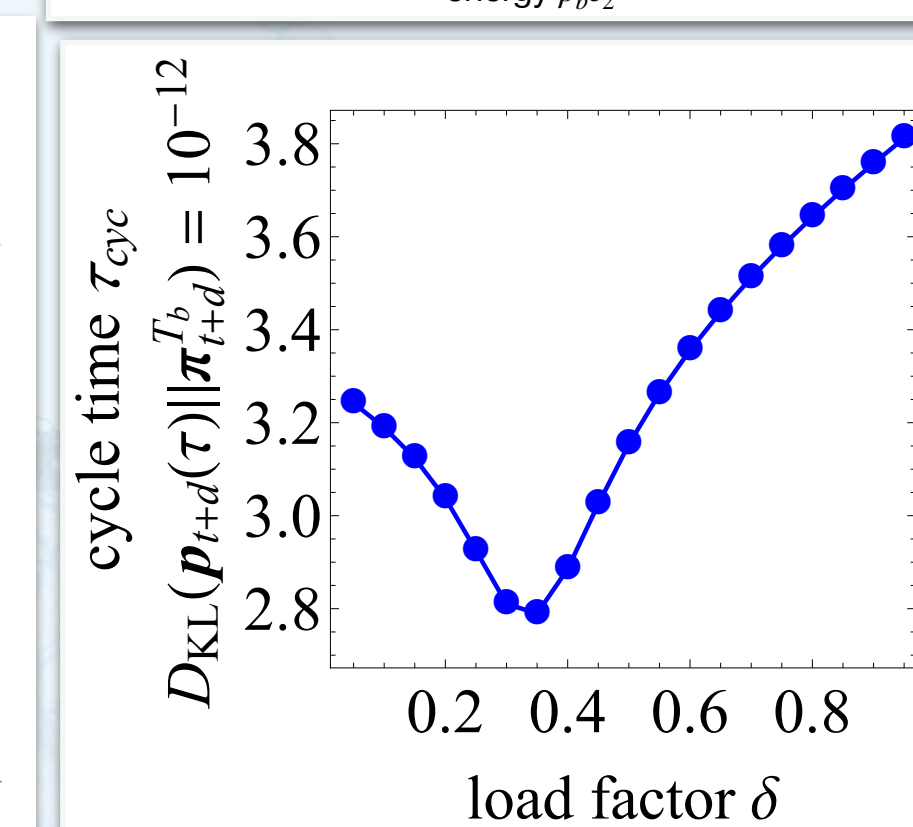
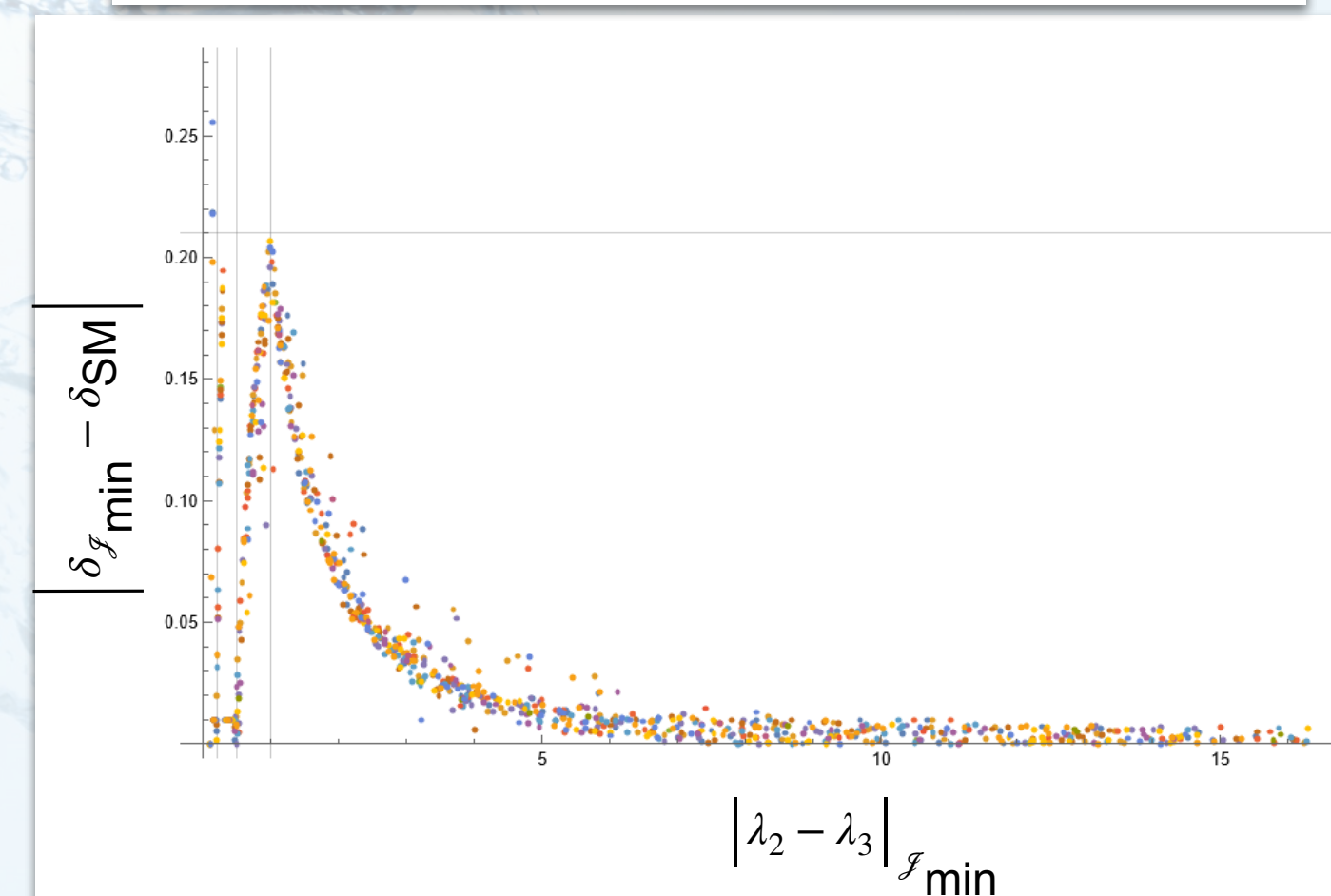
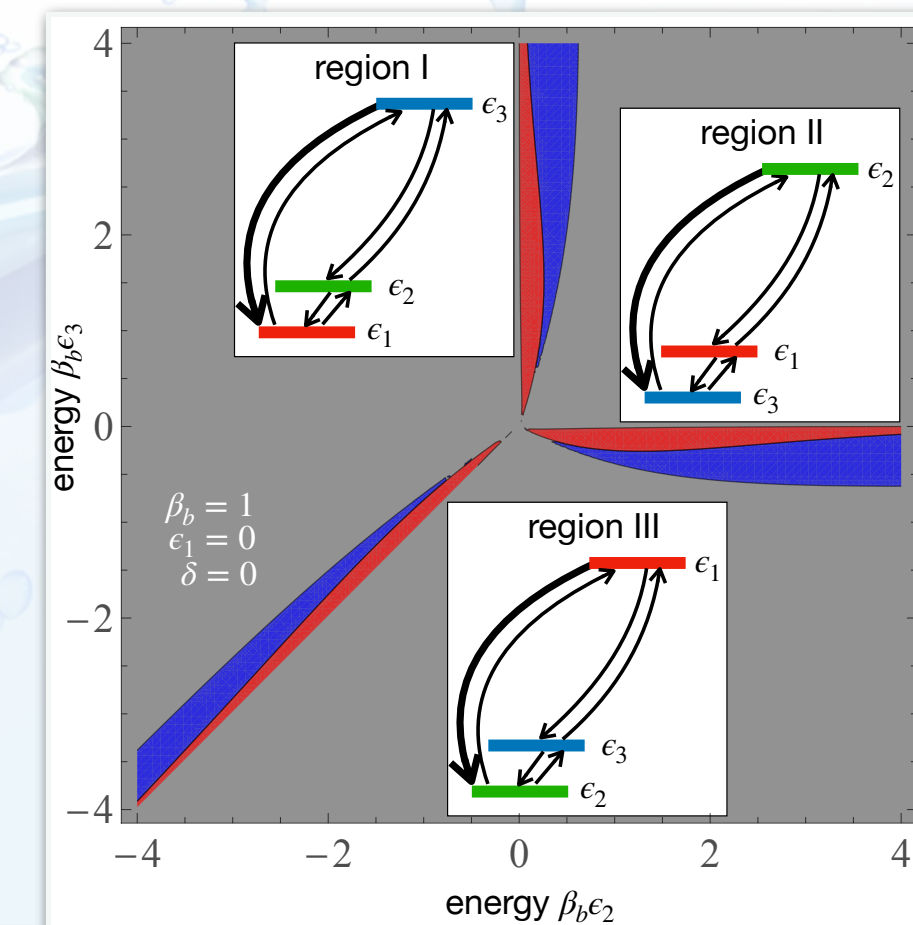
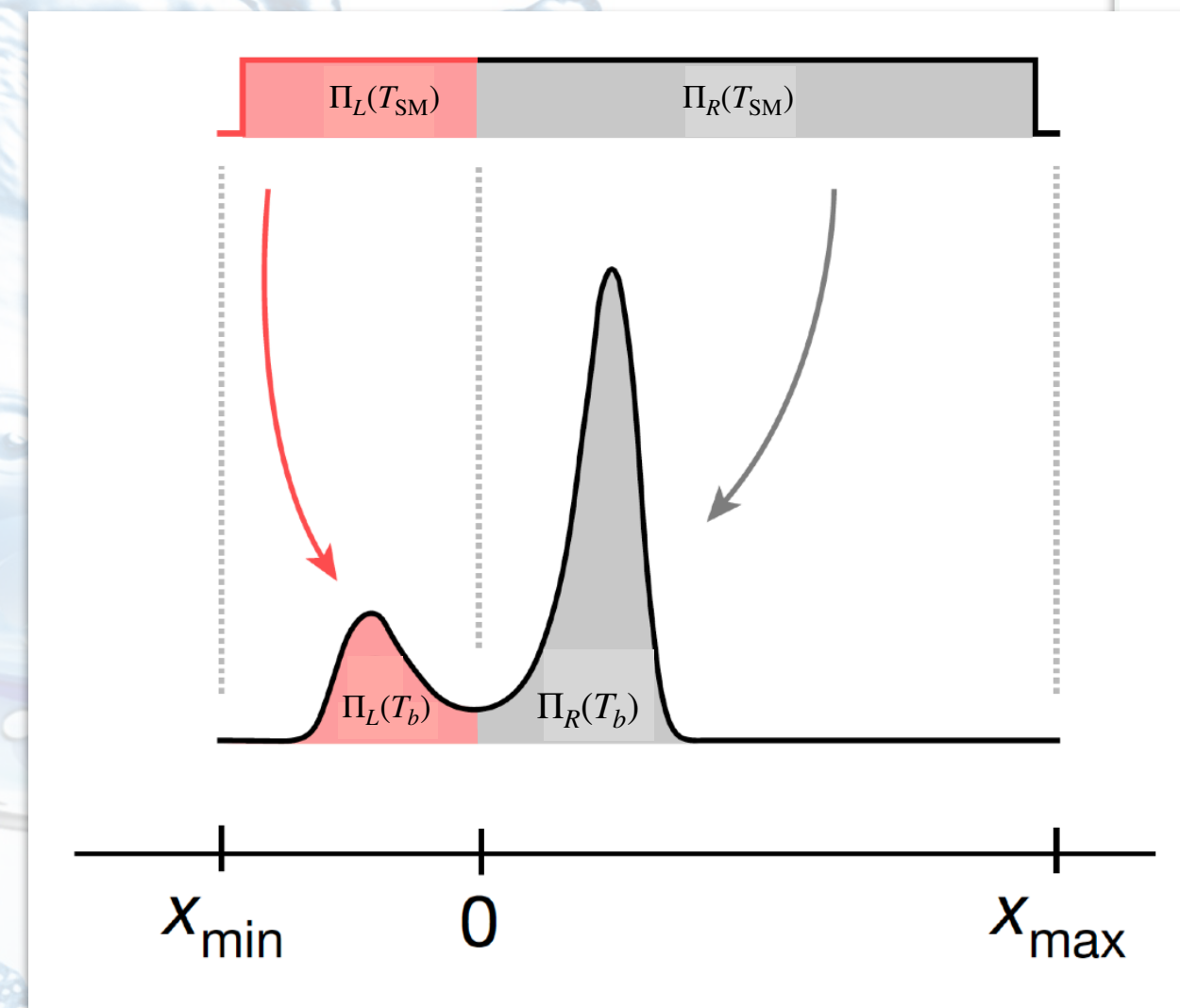
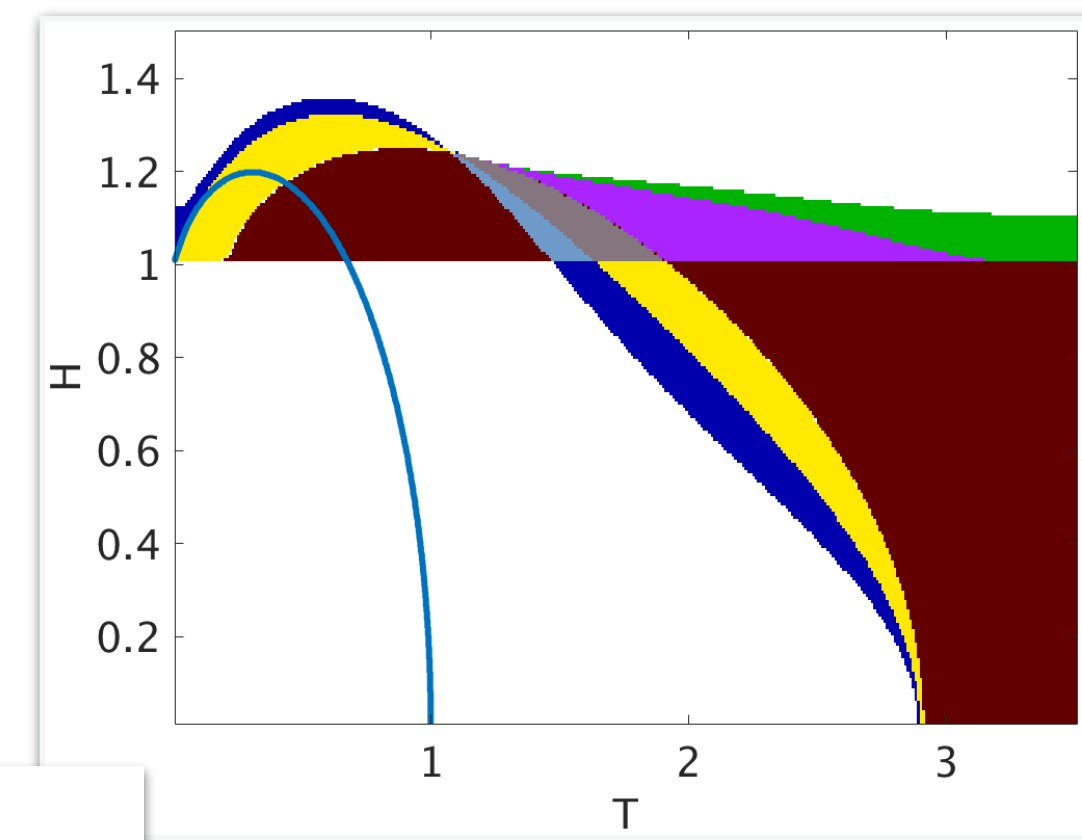
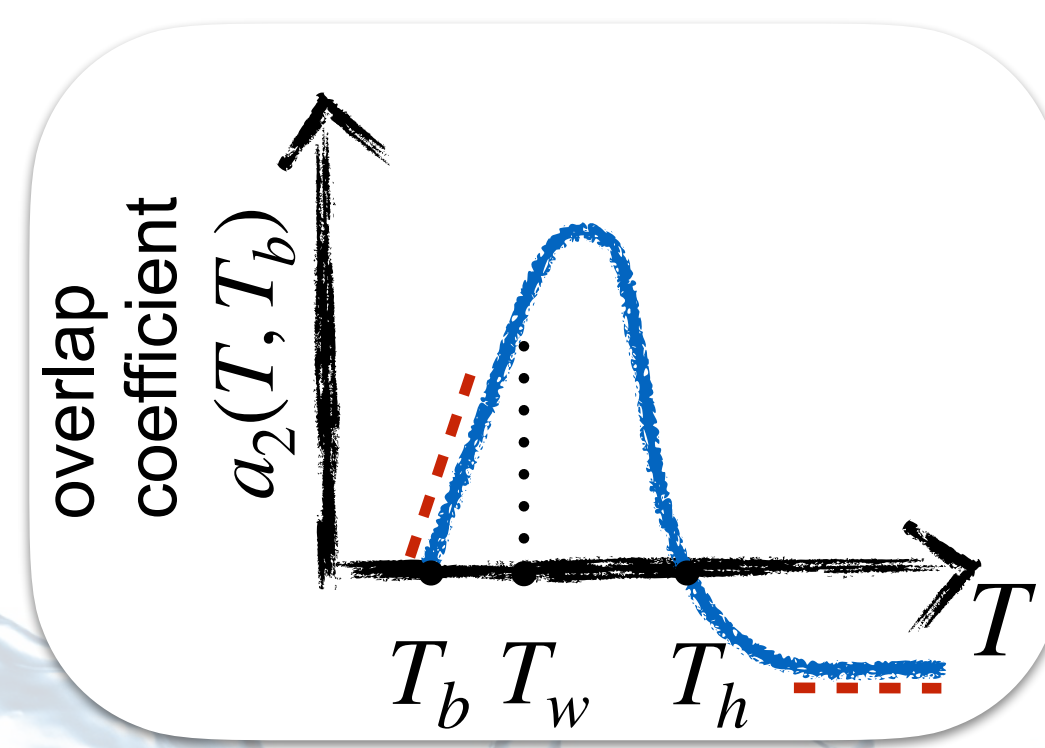


$$\left| \delta_{\mathcal{F} \min} - \delta_{SM} \right|$$



Summary

- Mpemba effect is a general phenomenon
- New regime: Strong Mpemba effect (exponentially faster relaxation; topological features)
- Intuition:
 - Metastable states are important, but not necessary*
 - Geometry of domain and potential matter
 - Dynamics matter:
 - Exchange information is affected by presence of Strong Mpemba effect — such as shorter cycles, enhanced power
 - Fast and optimal can happen for the same dynamics



*M. R. Walker & MV, J. Stat. Mech., 2021

Thank you!